Colne A.S.C. Est. 1912

www.colne-asc.co.uk

Swim England Affiliated Club

Shark Bytes

@SwimAtColneASC

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Issue 203 September 2025

Sponsored Swim

On the 6th and 9th October we will be holding a Club sponsored swim event. We will donate 33% of the funds raised to the **Pendleside Hospice** and 33% to **Macmillan Cancer Support.** The other third of the funds will go to the Club.

The sponsor forms are now available to download from the website, or you can find a copy on the Noticeboard.

The format will be to swim as many lengths as possible in 30 minutes. For the older swimmers and those that like a proper challenge, there will be swim as many lengths as possible in an hour.

To involve younger swimmers from the small pool, we have a challenge of swimming as many lengths as you can in 15 minutes.

We will be using one or two lanes on the Monday, and the whole pool on the Thursday. We would ask that if you swim on a Thursday, then do the sponsored swim on the Thursday. Please reserve Monday for those swimmers that only swim on a Monday.

There will be various coloured hats available for each lane. This is to help the people doing the counting.

If any parents or teachers would like to have a go then their participation would be appreciated.

If any parents or teachers don't want to swim, then they can help in the counting of the lengths. A clipboard, lap chart, pen, chair and a drink will be provided. Please be available BEFORE the first session starts, which will be at 6:50pm

Blackpool Lights Open Meet

Fancy a trip to Blackpool in November, then you're in luck as there is the Blackpool Lights Open Meet being held at the Palatine Leisure Centre on Saturday, 15th and Sunday, 16th November.

Competition information can be found on the Club website's Age Group Competitions Page.

https://www.colne-asc.co.uk/age-comps.php

Please submit your entires to the following Google Document, and must be done by Thursday, 2nd October.

https://forms.gle/bSE31KrhQ3PJa2Kx5

Tilly's Open Water



On 20th July, Matilda Critchley travelled to Coniston in the Lake District to take part in the British Long Distance Swimming Association's Coniston Short Course event which consisted of a 3.85 mile swim.

This was Tilly's longest ever swim and she smashed it, in a time of 2hrs 20 minutes, coming first overall! The water temperature was just over 19 degrees so she decided to swim without a wetsuit. Such a long swim means you need to have feed stops along the way so you have to eat snacks while treading water. She had a support kayak for the whole swim, but even touching the kayak results in immediate disqualification so she had to keep going. Next summer, she hopes to swim from end to end, 5.25 miles.

Birthdays

September 2025

2nd Henry Manning
4th Maverick Robson
7th Wilfred Walker and Iris Walker
14th Alice Robinson
15th Grace Cardus

October 2025

4th Isabelle Teal
8th Louie Adamson
12th Florence Sumner
16th Orla Convery
22nd Mary Sykes

Forthcoming Events:

1st October
Committee Meeting. 8pm

2nd October
Swimming Club Trials
Small Pool 6:15pm
Large Pool 7:30pm

6th October
Sponsored Swim Event.
One Lane only

9th October
Sponsored Swim Event.
Whole Pool. No lessons

10th / 13th November
Betty Petty Style Competition

17th / 20th November
Club Championship Galas

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Entries now Open!!

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We've got a new one!

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Three compete in York!

Rookie Lifeguards
Two in training!

Open Water
Tilly beats everyone!

First Mile
Emma smashes it!

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: **press@colne-asc.co.uk**

SwimMark ESSENTIAL CLUB

clubmark

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Colne Amateur Swimming Club

York Kids Triathlon



Three swim club families travelled to York for the York Kids Triathlon (uktriathlon) on 16th August: Emma Mitchell (8), Lily Higgins (6) and Isabella Holt (7). Emma's twin brother Tom also competed.

They were all fabulous and thoroughly enjoyed doing a 25m swim, 1km cycle then a 500m run. Their times were 9.30 for Emma, 14.16 for Lily and 13.29 for Isabella.

Isabella dropped almost 3 minutes on last year as she had no adverse events happen, for the first time!

Rookie Lifeguards

After getting their Bronze Rookie Lifeguard at Easter, Isabella Holt and Emma Mitchell returned to Padiham this summer to complete the Silver Rookie Lifeguard Award.

Emma said her favourite parts were throwing the rope and getting the certificates at the end and the hardest part was getting down 3m to the bottom of the pool. Isabella loved surface diving to the bottom and swimming along it but struggled throwing the rope "really far"! They had a great week and highly recommend doing it.



New Trophy Secretary

Our search for a new Trophy Secretary has ended, as Faye Mitchell has offered her services. At the September committee meeting her offer was unanimously accepted.

Her first role will be to collect the trophies won at last year's Championship Galas.

We will require that these trophies are returned from mid October.

Swim Mark Accreditation

We are currently in the process of being re-accredited for Swim Mark.

We shall be uploading the required evidence during the month of September, before our submission goes before the National Panel in October.

We should know before the end of October as to whether our re-accreditation has been successful.

The purpose of Swim Mark is to show that a swimming club has good governance and is a safe place for children to learn to swim.

Emma's First Mile

Emma kept busy in the holidays setting herself a target of swimming one mile, which is 64 lengths of a 25m pool. She managed the 1 mile swim on 13th August at the Pendle Leisure Centre.

She swam the distance in 1hour 6 minutes with Mark Turner helping to pace her.



Membership Profile

How many of you have logged into your membership profile?

This is on the Swim England's membership portal. To access it, log into the following:

https://www.swimmingmembers.org/

Once through the login screen, check your details by clicking on "Edit Details".

Please ensure that the Diversity Profile and any other information is set correctly.

easyfundraising

The Club has been signed up with Easy Fundraising for over 10 years, and in this time we have only had a few supporters. We would like more.

Currently there are **35** supporters of the Club on Easy Fundraising, and between them they have raised **£1,949.06**, which equates to **£125.94** in the past 12 months.

By using easysearch instead of Google or any other search engine, you can make a real difference. easysearch is completely FREE and by making just 10 searches a day, you could raise around £20 a year for the Club.

Details about how Easy Fundraising works can be found on the Club website.

http://www.colne-asc.co.uk/easyfundraising.php

Just remember by shopping through Easy Fundraising's website, you are getting big business to donate to the Club, and you get what you are purchasing at no extra cost.

It is a no brainer, so come on, join today and help support the Club.

Thank you.

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