Colne A.S.C. Est. 1912
www.colne-asc.co.uk
Swim England Affiliated Club

Shark Bytes

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Issue 200 April 2025

GB National Schools Biathlon Finals

Emma Mitchell recently took part in the GB National Schools Biathlon Finals and here is her report.

"***Biathlon Success!***

On Sunday 23rd March I travelled to Bath University to compete in the GB National Schools Biathlon Finals. I felt very excited and couldn't wait to get started. The pool was 50m long and looked gigantic. The blocks were amazing and I loved diving from them. First, I did my swim and did 25m in 22seconds. Next up, was the 400m run. I was in heat 5 so had a long wait; I finished in 1:33. I came 15th overall out of 72 year 3 girls. I felt very proud of myself and can't wait to compete again!"





By Emma M

Club Treasurer Required

Our current Treasurer Oz Rudolph is stepping down from being Treasurer due to health issues, therefore we need a new Treasurer. URGENTLY.

Who we are looking for?

- You will be enthusiastic with a good knowledge of managing finances.
- You will have a financial background and good knowledge of managing and producing accounts.
- You will have a knowledge of using and producing accounting spreadsheets or other accounting systems.
- You will be reliable and honest.
- You will have a knowledge of various banking systems such as direct debit.

What do we and the club expect from you?

- To be responsible for all club finances by ensuring adequate accounts and records exist, and that all funds are used appropriately and banked promptly.
- To plan the annual budget in agreement with the club committee and to monitor throughout the year.
- To prepare end-of-year accounts and present to the auditor, management committee and AGM.
- To plan floats with members who would need to collect or pay out cash and make them aware of procedures.

Anyone who is interested will not be required to join the committee, but must provided monthly statements. They would be entitled to attend Committee Meetings throughout the year.

See Philip Croxall or a committee member if you think you can do the job.

No Swimming Club

There will be no swimming club on Monday, 5th May as the Pendle Leisure Centre will be closed due to the Public holiday.

Use Lockers Provided

Please **do not** leave clothes and bags in the cubicles as it makes it difficult for other people to get changed.

Please use the lockers provided to allow other people to use the cubicles,

Thank you.

Local Towns Gala

We hosted **Accrington SC** in our first home gala on Thursday, 27th March.

It proved to be a good contest for the Colne swimmers as they proved to be much stronger than the swimmers from Accrington. In the end, it was a comfortable victory as Colne went on to beat Accrington by 67 points to 50.

Well done to all the Colne swimmers.

Our next gala will be at home to Great Harwood Otters on Monday, 19th May. In order to host the gala, all lessons in the large pool will be cancelled.

Blackpool Rocks Meet

The Blackpool Rocks L3 Meet will be taking place on weekend of 24th/25th May at the Palatine Leisure Centre in Blackpool.

Good luck to all who have entered.

Rookie Lifeguards

During the Easter holidays, two intrepid Colne swimmers, Emma Mitchell and Isabella Holt, headed over to the Padiham Leisure Centre to take part in the Rookie Lifeguard Course.

They performed admirably as they completed the Bronze stages 1, 2 and 3.

Isabella said, "*It was amazing! We got to do so many things that were so fun, like first aid, CPR, pole rescues, wading entry, rescuing an unconscious casualty and getting 'Bob' (he was a dummy, but I called him Fred) off the bottom of the 3m deep end.*"

Well done girls.



Birthdays

April 2025

2nd Lily Higgins
5th Thomas Holgate
7th Libby Cox
10th The Club
11th Isabella Davies
19th George Marks
21st Matilda Critchley

May 2025

2nd Elia Woods
7th Bryn Bowen
17th Harvey Lin
26th Olivia Lespierre

Forthcoming Events:

1st May
Swimming Club Trials
Small Pool 6:15pm
Large Pool 7:30pm

5th May
No Swimming Club

7th May
Committee Meeting

19th May
Local Towns Gala.
Home to Great Harwood.
Warm-up 7pm

24th/25th May
Blackpool Rocks Meet

26th May
No Swimming Club

28th June
Club Trip to Outdoor elements. 9:30am to 4pm

Contents:

Club Trip
Book your place now.

New Treasurer
We really need a new one.

Biathlon Success
Emma stars on track and pool

Local Towns Gala
We beat Accrington.

Rookie Lifeguards
Well done Emma and Isabella.

Personalised Hats

A form has been put on the notice board to get a list of swimmers who would like to have a Club hat with their name on it.

Please make sure that you add your name to the list as soon as possible.

Once the list is full, then we will be ordering them.

The price for the hats will be **£8**.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: **press@colne-asc.co.uk**

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Outdoor Adventure

On Saturday 28th June, we have organised a Club trip to Outdoor Elements, which is situated just outside Simonstone.

This will be our sixth visit, and on the previous visits, anyone who went really enjoyed the day.

The day of fun activities will be from 9:30am until 4:00pm, with drinks provided. You will **need** to bring a packed lunch.

Throughout the course of the day, there will be five activities to take part in, each will have an instructor to show you what to do. You will be split into multiple groups, and we ask for at least one adult volunteer per group.

The price for a day of fun will be **£10** per person, which is same for adults if they wish to participate. If you wish to bring a friend then it will be **£20**.

If you are interested, then please let Philip Croxall or another committee member know as soon as possible to book your place. We have only made a reservation for 30 people, and refundable **£5** deposit is required to book your place.

Forms with list of activities are available on a Club night.

Kit List

Please dress for the forecasted weather, taking into account the suggestions below:

Do Wear

Layers of clothing that you don't mind getting dirty (it is cooler in the woodland).

Trainers / old shoes / walking boots you don't mind getting wet, dirty and scuffed.

Waterproof jacket and trousers.

A long sleeved top

Full length trousers such as tracksuit bottoms / combats / leggings.

Sun hat and sun protection cream.

Insect repellant.

Do NOT Wear

Jewellery / watches, shorts, jeans, skirts, heeled shoes or **your best stuff**.

If you want to read more about Outdoor Elements then use this link to their website.

https://outdoorelements.co.uk/

Schools Galas

The second of the two Schools Galas took place on Tuesday, 18th March at the Pendle Leisure Centre. The Club had seven young volunteers helping with running the gala and they were joined by Club Chairman Philip Croxall. Four of them performed timekeeping duties and they were Ashleigh Frost, Matilda Walker, Dylan Bowen and Luke Chew, with Abigail Scanlan acting as chief timekeeper. Daniel Griffin assisted with the touch judging to determine the finishing order of the swimmers.

Isabelle Teal again assisted by inputting the times into the computer, so that we could determine who won.

Swim England Courses

Details of courses provided by Swim England are placed on the Noticeboard. We get a weekly newsletter from Swim North West which contains a list of these courses.

They range from Safeguarding, Teaching, Team Manager, Welfare and other Official and Volunteer qualifications.

If anyone is interested, then a copy of the newsletter can be emailed, so that you can click on the links.

Please read the newsletter, you might find something that sparks your interest!

Sponsored Swim

On the 6th & 9th October we intend to hold our biennial sponsored swim. We will donate 2 thirds of the funds raised to our nominated charities, the Pendleside Hospice and Macmillan, which were chosen by the Club Captains Daniel Warner and Libby Cox. The other third of the funds will go to the Club.

The sponsor forms will be published to the Club website in July.

The format will be to swim as many lengths as possible in 25 minutes. For the older swimmers and those that like a proper challenge, there will be swim as many lengths as possible in an hour.

easyfundraising

Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising a free donation for **Colne ASC**? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's, who will donate a percentage of the amount you spend to **Colne ASC** to say thank you for shopping with them.

It's really simple, and **it does not cost you anything**.

All you have to do is:

1. Go to **http://www.easyfundraising.org.uk/causes/casc/**
2. Sign up for free
3. Get shopping – your donations will be collected by easyfundraising and automatically sent to Colne ASC. It couldn't be easier!

There are no catches or hidden charges and the Club will be really grateful for your donations.

Over the years we have managed to have **34** people sign up, and between them, they have raised **£1,902.31** with **£106.22** over the last 12 months. We would like to increase this, so if more of you join up and support the Club it would be hugely appreciated.

Thank you to all those who have supported the Club using Easy Fundraising.

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