



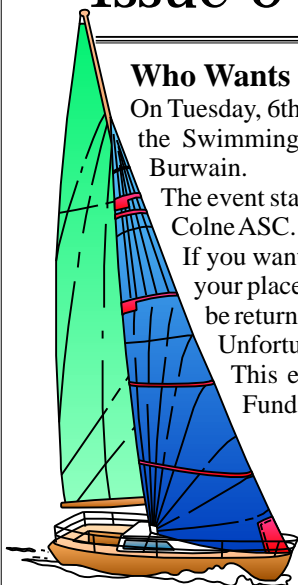
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@SwimAtColneASC

Shark Bytes

Colne Amateur Swimming Club



Who Wants to go Sailing?

On Tuesday, 6th August in conjunction with the Lake Burwain Sailing Club, the Swimming Club has arranged for an afternoon of sailing on Lake Burwain.

The event starts at 1pm and lasts until 4:30pm and it is **free** to members of Colne ASC.

If you want to go sailing, then see Mrs Croxall on a Club night to book your place. To guarantee your place, we ask for a £5 donation. This will be returned to you when you turn up for the sailing event.

Unfortunately if you fail to turn up you will lose your deposit.

This event has been paid for by a donation from the Tom Petty Fund.



Most Improved Swimmers

The Most Improved Swimmers from January to June are **Ben Wilson** and **Maisie Rebanks**. They received their awards from Club Secretary Mrs Croxall.

The top three boys and girls are:

Boys		
1.	Ben Wilson	12.08%
2.	William Havers-Strong	11.58%
3.	Joshua Cooke	9.08%
Girls		
1.	Maisie Rebanks	16.29%
2.	Erika Mayo	13.37%
3.	Isabel Redfearn	11.72%



Summer Holidays

This year we will closing for 3 weeks in August. The last Club session will be on Thursday, 8th August.

The first session back after the summer break will be on Thursday, 29th August.

Only the Masters session on Saturdays and Sundays will be kept going during this period.

Micro League

On Sunday, 16th June, a team of Colne ASC's young swimmers (9 to 12 year olds) travelled to the Palatine Leisure Centre in Blackpool for our final fixture in this seasons Micro League of the North West 'C' Division. We were up against hosts Blackpool Aquatics 'B', Garstang and Carnforth 'B'.

Blackpool won the event as they led from start to finish as they amassed 136 points, Garstang finished in second place just 2 points adrift on 134 points. Colne managed a valiant third place with 109 points and Carnforth 'B' trailed in 4th place on 97 points.

New Chairman

On Wednesday, 3rd July, Philip Croxall was elected as the new Chairman of the Club. The vote was necessary because the previous Chairman David Havers-Strong tended his resignation.

At a hastily convened Committee Meeting held at the Pendle Wavelengths on Monday, 10th June his resignation was accepted.

At that meeting it was decided that the election of a new Chairman would be the first order of business at the Committee Meeting in July.

New Welfare Officer

In April our male Welfare Officer, Tony Brooks, stated that he couldn't commit his time to continue his duties as the Welfare Officer. The Club then advertised the position of Welfare Officer.

After a two month search, Tim Redfern agreed to become the new male Welfare Officer. He will assist Cherry Wilkinson in his duties.

Birthdays

July 2013

3rd William Havers-Strong
5th Chloe Robertson
6th Maisie Rebanks
8th Daniel Grant
14th Grace Kalan
15th Niamh Crabtree
19th Georgia Duffy and Abigail Stinchon
20th Gracie Barker
25th Millie Thompson and Eric Connolly
26th Harry Smith
28th Leonie Watson
30th Aidan Dibb and Jonah Thomas-Kelly

August 2013

8th Emma Wilkinson
10th Lucy Green and Mark Ennis
15th Hannah Wilson
18th Jamie Higginbottom
19th Charlie Rowlands-Whiteoak and Harry Lord
23rd Sam Raw
24th Robert Holmes

Forthcoming Events:

6th August

Lake Burwain Sailing

8th August

Last Club Session before Summer break

29th August

First Club Session after Summer break

4th September

Committee Meeting

5th September

Swimming Club Trials

19th September

Friendly League. Home to Ramsbottom

30th September

Friendly League. Home to Burnley

10th October

Sponsored Swim

17th October

Friendly League. Home to Great Harwood

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk

www.colne-asc.co.uk

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Preston Summer Spectacular

On the weekend of 22nd/23rd June, six swimmers from Colne ASC travelled to the **Darwen Leisure Centre** for the **Preston Summer Spectacular Gala**.

Ben Havers-Strong was competing in the 10 years age group and he finished

1st in 200m Backstroke, 200m Butterfly, 200m Freestyle, 200m Individual Medley and 50m Backstroke. He also finished 2nd in 50m Freestyle and 100m Individual Medley, as well as 3rd in 200m Breaststroke and 4th in 50m Breaststroke.

Jacob Taylforth also competing in the 10 years age group finished

1st in 50m Breaststroke, 2nd in 200m Breaststroke, 4th in 50m Backstroke, 5th in 200m Backstroke, 6th in 200m Freestyle, 9th in 50m Freestyle.

Danielle Baxter competing in the 11 years age group finished

12th in 50m Butterfly and 100m Butterfly, 14th in 50m Breaststroke, 16th in 50m Backstroke and 100m Individual Medley, 18th in 200m Breaststroke, 21st in 200m Individual Medley and 100m Freestyle, 22nd in 50m Freestyle, and 24th in 200m Freestyle.

Abbie Hampshire was competing in the 13 years age group finished

11th in 200m Freestyle, 14th in 100m Individual Medley, 16th in 200m Backstroke, 17th in 50m Breaststroke, and 18th in 100m Backstroke and 100m Freestyle.

Nicole Baxter was also competing in the 13 years age group and she finished

10th in 100m Butterfly, 11th in 50m Butterfly, 12th in 50m Freestyle, 13th in 200m Individual Medley, 16th in 50m Breaststroke, 17th in 200m Freestyle and 100m Individual Medley, 18th in 50m Backstroke, and 19th in 100m Freestyle.

Miranda Bower was competing in the 13 years age group and finished

7th in 50m Freestyle, 10th in 200m Breaststroke, 11th in 100m Breaststroke, 12th in 50m Breaststroke, 14th in 50m Backstroke and 16th in 100m Freestyle.

Micro League Final Table

All the results are now in for Division C of the Micro League of the North West.

Position	Team	Played	Points
1	Everton A	4	692.0
2	Preston B	4	610.0
3	Blackpool B	4	485.0
4	Garstang A	4	457.0
5	Kirkham A	4	440.0
6	Colne A	4	410.0
7	Carnforth B	4	374.0
8	Blackpool CA	4	272.0

Over the course of the season two boys were ranked in the top 10, they were the number one ranked **Jacob Taylforth** (10) and **Ben Havers-Strong** (10), who was ranked in 8th place.

In the relays, the 12 year old Boys were ranked in 5th place. Plus the mixed canon team was ranked in 6th place. Unfortunately none of the girls were ranked in the top 10, but there is always next year.

British Masters Championships

The **British Masters and Senior Age Group Championships (50m)** were held at the **Plymouth Life Centre** from Friday, 14th June until Sunday, 16th June. Of the 550 plus competitors attending the event, there were three from Colne ASC. Swimming in the 40 to 44 years age group were **Karen Driver** and **Philip Croxall**, and competing in the 45 to 49 year age group was **Stephen Smith**.

Karen was yet again showing her dominance in the distance events. Her first event of the meet was the gruelling 1500m Freestyle, where she powered through the water to win by a huge margin of 1 min 16 seconds and claim the first of her two Gold's. This was followed by her second Gold in the 400m Freestyle on the Saturday afternoon.

Then on the Sunday she took to the water again for the 800m and 200m Freestyle events, but this time she could only manage Silver.

Sprint king Stephen had moved up an age group, but the competition was as tough as ever. His first event was on the Friday evening, where he snatched Silver in the 50m Freestyle, this was followed by a 7th place in the 100m Butterfly. The following evening he clung onto a hard fought Bronze in the 100m Freestyle, which was followed by yet another 7th place in the 50m Butterfly.

Philip struggled all weekend, but managed to seize a surprise Bronze in the 200m Breaststroke, which turned out to be his best result. He also finished 5th in the 100m Breaststroke, 6th in the 800m Freestyle, 8th in the 400m Freestyle, 11th in the 100m Freestyle and 12th in the 50m Freestyle.

North West Region Masters

The **North West Region Masters Championships** was held at the **Palatine Leisure Centre** in Blackpool and three members of the Colne ASC Masters team were there. To determine the winners of each event an age adjusted formula was used.

Karen Driver swimming in the 40-44 years age group finished 2nd (8th overall) in 400m Freestyle, 2nd (15th overall) in 100m Individual Medley, 2nd (11th overall) in 100m Freestyle, 1st (12th overall) in 100m Breaststroke, 2nd (6th overall) in 200m Freestyle and 2nd (6th overall) in 200m Individual Medley.

Philip Croxall in the 40-44 years age group finished 1st (6th overall) in 400m Freestyle, 1st (15th overall) in 50m Backstroke, 2nd (13th overall) in 100m Breaststroke, 2nd (9th overall) in 200m Freestyle, 1st (9th overall) in 200m Individual Medley and 2nd (10th overall) in 200m Breaststroke.

Daniel Dawson in the 35-39 years age group finished 4th (24th overall) in 100m Individual Medley, 7th (21st overall) in 50m Backstroke, 6th (36th overall) in 100m Freestyle, 4th (27th overall) in 50m Breaststroke and 6th (45th overall) in 50m Freestyle.

Sponsored Swim

We will be holding a sponsored swim on Thursday, 10th October.

For those unable to turn up on that date will be allowed to do the sponsored swim on Monday, 7th October.

Details of how the sponsored swim will be detailed in the September newsletter, on the Website and on the Notice Board. Monies raised will go to the under water camera and the Pendleside Hospice. There will also be a donation to the Sam Shaw Appeal, a young boy who needs clinical treatment in America. Sam is fighting neuroblastoma, an aggressive childhood cancer.