

Lucy the Torch Bearer

On Saturday, 23rd June, Lucy Cowgill became one of the 8000 Olympic Torch Bearers. Her moment to shine happened at 12:36pm on Manchester Road in Burnley. It was on day 36 of the Olympic Torch Relay.

You can still see Lucy's moment by accessing the BBC website and moving the time to 12:36pm.

<http://www.bbc.co.uk/torchrelay/day36>



Micro League

On Saturday, 16th June, we played hosts to teams from Preston, Leyland and Wigan when we held our fixture in the Micro League at the Pendle Leisure Centre.

In what proved to be an exciting gala, with all four teams achieving victories throughout the course of the afternoon. After 36 of the 49 races, there was only 12 points separating the four teams, but in the end it was Leyland B who won the gala with 129 points from Wigan on 121 points. Colne trailed in third on 102 points with Preston B a point further back on 101 points.

During the course of the afternoon, the Colne girls achieved nine personal bests between them and the boys managed four personal bests.

On Sunday, 8th July at the Palatine Leisure Centre in Blackpool we had our final fixture against teams from Blackpool, Clitheroe and Leyland.

The young Colne swimmers put in a fantastic effort to finish with 149 points to winners Leyland B on 158 points. Clitheroe B finished on 87 points in third with Blackpool C finishing on 84 points.

Summer Holidays

There will be no Club for three weeks over the summer.

Last Club Session: Thursday, 19th July

First Club Session: Monday, 13th August

Small Pool: Thursday, 16th August

Details of the Friday night and Sunday morning sessions will be on the Website and the Notice Board. They will also be posted on FaceBook and Twitter.

Friendly League

Colne took on Todmorden home and away in our latest two fixtures in the Friendly League.

We were hosts to Todmorden SC on Thursday, 24th May.

In what proved to be a one sided contest we beat Todmorden by 76 points to 34 winning 36 of the 40 races. During the course of the evening the Colne girls set a further 25 new personal bests amongst whilst there were 13 amongst the boys.

Then on Monday, 2nd July we travelled to Todmorden.

It again proved to be a one sided contest as we beat our hosts by 73 points to 47 to maintain our 100% start to the 2012 season.

Those latest results now means we have won all five fixtures so far this year and our final fixture is against Pioneer 79 on Friday, 7th September, where we hope to make 2012 a perfect season.

Current results mean we should make the Swim-Offs in November which will give us a chance to be promoted back to Division One.



Most Improved Swimmer

The most improved swimmers from January to June are **William Havers-Strong** and **Ella Rogers**.

Boys

Name	Improvement
1 William Havers-Strong	16.03%
2 Ben Havers-Strong	12.66%
3 Robert Holmes	8.66%

Girls

Name	Improvement
1 Ella Rogers	11.09%
2 Alex Baker	9.09%
3 Lauren McLeister	9.06%



Birthdays

July 2012

3rd David Brown
4th Morgan Hartley
5th Chloe Robertson
7th Reide Hartley
8th Daniel Grant
13th Mark Honeyman
14th Grace Kalan
15th Niamh Crabtree and Emily Hunt
19th Georgia Duffy
24th Ellie Dugdale
25th Millie Thompson
28th Leoni Watson
30th Aidan Dibb and Jonah Thomas-Kelly
31st Jacob Kalan

August 2012

4th Ben Purvis
10th Bradley Duffield and Lucy Green
11th Emily Cott
24th Robert Holmes
27th Harry Beechey
29th Olivia McMullen

Forthcoming Events:

19th July

Last Club session before Summer break.

27th July

Start of the Olympics.

13th August

First Club session after Summer break.

16th August

Small Pool session resume after Summer break.

27th August

No Swimming Club due to Rhythm and Blues Festival.

5th September

Committee Meeting

6th September

Swimming Club Trials

7th September

Friendly League Fixture away at Pioneer

29th September

ASANER Masters Championship. Middlebrough



World Masters Championships

Karen Driver returned home from the 14th World Masters Swimming Championships. Riccione Italy with Two Top 10 finishes a 6th & 7th

After a long days travel of over 12 hrs, some tired swimmers arrived at their destination Riccione Italy to take part in the 14th World Masters Swimming Championships.

Sunday was the first day of racing and an early start for anyone wanting to warm up - 6.30am for racing to commence by 7.30am. Sunday saw just one event being run the Men's and Women's 800m Freestyle.

With over 1100 swimmers taking part in this event. The women were in the indoor pool and Colne Swimmer Karen Driver was in Heat 52, competitor number 527.....it was going to be a long day!! After waiting around all day, with no chance of a proper warm up in the overcrowded warm up pool, Karen took to the water at 8.15pm, although finishing in 7th position, Karen was disappointed with her final time, as she had swum much faster only a few weeks earlier. But considering the circumstances it was a gutsy performance.

Karen's Second and Fun event 200m Freestyle on the Tuesday again saw her in Heat 55, swimming alongside Olympic Gold Medallist Claudia Poll (1996 Olympics in Atlanta, USA). Karen being seeded 30th in this event, moved up the rankings to finish in a creditable 15th position.

Karen's Final swim, at the end of a long, tiring week, saw the 400m Freestyle being swum in the outdoor pool and not letting her disappointing 800m time get her down, Karen stormed to a PB and a 6th position with a time of 4 minutes 59.06 seconds, which was a surprise as she was not seeded within the Top 10. However she knew if she swam really well, she could just about squeeze in, so to gain a 6th position was a tremendous result for Karen. She really swam hard and was determined to do well and her final position showed her determination to do this.

Karen will now take a well earned rest before starting preparation for next year's Europeans in Eindhoven 2013.

Leeds A/B Grade Meet

On the weekend of 30th June/1st July a team of 12 swimmers travelled to the **John Charles Centre for Sport** in Leeds for the **City of Leeds SC Summer A/B Grade Meet**.

A total of 27 medals were won with 8 golds, 2 silvers and 2 bronzes at the A Grade and 10 golds, 3 silvers and 2 bronzes at the B Grade.

There were 7 girls:

Jasmin Lahey (9) 4 A Gold and 1 A Bronze, with 8 new personal bests.

Danielle Baxter (10) 1 B Gold, with 8 new personal bests.

Lucy Green (11) 1 B Silver, with 4 new personal bests.

Abbie Hampshire (12) with 5 new personal bests.

Nicole Baxter (12) 2 A Gold and 4 B Gold, with 10 new personal bests.

Miranda Bower (12) 1 A Silver, with 6 new personal bests.

Ashleigh Dibb (13) 2 A Gold and 1 A Silver, with 4 new personal bests.

And 5 boys:

Gregan Baker (12) 3 B Gold, with 6 new personal bests.

George Connolly (12) 1 B Bronze, with 3 new personal bests.

Theo Rowan (12) 1 B Silver, with 2 new personal bests.

Alex Dickinson (12) 1 B Silver and 1 B Bronze, with 2 new personal bests.

Isaac Rowan (15) 1 A Bronze and 2 B Gold, with 4 new personal bests.



North West Region Masters Championships

On Saturday, 30th June the **ASA North West Region Masters Championships** were held at the **Palatine Pool in Blackpool**. **Philip Croxall** in the 40 to 44 years age group and **Tony Catterall** in the 65 to 69 years age group were representing Colne ASC.

This year the medals were determined upon an age adjusted formula on the swimmers time, which meant that it was possible for a 50 year old to beat a 25 year old!

Tony wins 100m Individual Medley, 50m Backstroke and 100m Backstroke in his age group. He was also 2nd in 400m Freestyle, 100m Breaststroke, 200m Freestyle and 50m Freestyle. Overall his finishing positions were 20th, 10th, 8th, 5th, 15th, 13th and 33rd in his respective events.

Philip wins 400m Freestyle and 200m Breaststroke in his age group. He is also 2nd in 100m Freestyle, 200m Freestyle and 200m Individual Medley, and is 4th in 100m Breaststroke. Overall his finishing positions were 6th, 7th, 19th, 14th, 6th and 11th in his respective events.



PRIZE GUYS: Burnley Football Club's Jonathan Sibley with Secondary School Pupil of the Year Isaac Rowan from Fisher Moore, Colne, and runner-up Jack Holmes of Shuttleworth College, Burnley.

Isaac Rowan

Jonathan Sibley, chief executive of the Burnley Football Club Charity, presented the award for Secondary School Pupil of the Year to Isaac Rowan of Fisher Moore Humanities College in Colne.

The judges said Isaac was an excellent role model who played a comprehensive role in the life of the school.