

Colne Amateur Swimming Club Newsletter: July 2011

Issue: 80

Most Improved Swimmer

The June age group was contested by 35 boys and 29 girls, of which there were 20 boys and 9 girls that were eligible for the Most Improved Swimmer Award.

The most improved swimmers since January 2011 are William Havers-Strong and Molly Hesketh.

| Boys | |
|-----------------------|--------|
| William Havers-Strong | 22.73% |
| Ben Havers-Strong | 15.95% |
| Harry Lawson | 15.53% |
| Girls | |
| Molly Hesketh | 14.14% |
| Lucy Brotherton | 7.24% |
| Lauren Mcleister | 7.06% |

Sponsored Swim

On Thursday, 13th October we will be holding a sponsored swim with 50% of proceeds going to Derian House Childrens Hospice and 50% to the Club.

Forms will be available to download from the website in August.

Friendly League

On Thursday, 9th June, we were hosts to Accrington SC in our last home fixture of the North East Lancs Friendly League season.

This was a even contest as the both teams traded wins throughout the course of the night, but it was Colne that prevailed winning by 63 points to 55, despite losing the last few races.

During the course of the evening there were a further 18 personal bests for the girls and 17 for the boys.

Our next and final fixture will be away at Ramsbottom on Thursday, 15th September. Details will appear on the Notice Board nearer the time.



William receiving his trophy from Club Secretary Joan Croxall

Summer Holidays

We will be having a three week summer break this year.

Last Session: Thursday, 21st July

Club Resumes: Monday, 15th August Small Pool: Thursday, 18th August

The pool will be open over this period, so if you wish to have a training schedule then see Coach Andrew Croxall before 21st July.

Birthdays - July

3rd William Havers-Strong and David Brown; 4th Morgan Hartley; 6th Martin Jackson; 7th Reide Hartley; 8th Daniel Grant; 13th Mark Honeyman; 15th Niamh Crabtree and Emily Hunt; 19th Georgia Duffy, Michael Haydock and Joseph Gonnella; 22nd Zoe Smith; 27h Richard Kelly and Emma Ruanne; 28th Sasha Zelinskij; 29th Harrison Bush; 30th Aidan Dibb and Jonah Thomas-Kelly; 31st Jacob Kalan.

Birthdays - August

8th Ben Purvis; 10th Bradley Duffield and Lucy Green; 11th Emily Cott; 14th Katie Rillet-Young; 20th Micah Beckett; 24th Brandon Ford; 28th Jack Rogers.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare. Would all Members please note that Colne Swimming assimption to be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm-up part of the session. Could anybody changing the vital warm of the session. Could anybody

Forthcoming Events:

| 21st July | Last swimming Club session before summer break |
|----------------|--|
| 15th August | First swimming Club session after summer break |
| 18th August | First Small Pool session after summer break |
| 8th September | Swimming Club Trials. |
| 14th September | Committee Meeting. Crown Hotel |
| | |

| 15th September | Friendly League Fixture. Away at Ramsbottom |
|----------------|---|
| | North East Region Masters Championships |
| 13th October | Sponsored Swim |
| 28-30 October | ASA National Masters Championships |
| 14th November | Championship Gala No. 1 |
| 17th November | Championship Gala No. 2 |
| | |

Micro League

On Sunday, 26th June we travelled to Leyland for our final fixture in the Micro League season as we took on teams from Liverpool, Carnforth and the hosts Leyland.

Liverpool proved to be too strong for everyone as they finished with 166¹/₂ points with Leyland in second place with 136¹/₂ points. Colne finished in third place on 90 points just ahead of Carnforth who had 80 points.

In the final standings we finished Division C in fifth place.

| Pos | Team | Р | Points |
|-----|--------------|---|--------|
| 1 | Liverpool A | 4 | 641.5 |
| 2 | Leyland B | 4 | 589.5 |
| 3 | Wigan A | 4 | 549.5 |
| 4 | Preston B | 4 | 541.0 |
| 5 | Colne A | 4 | 410.0 |
| 6 | Carnforth B | 4 | 387.0 |
| 7 | Clitheroe B | 4 | 325.5 |
| 8 | Blackpool CA | 4 | 283.0 |

Congratulations to the following swimmers who were ranked in the top 10 for the division.

| Name | Pos | Average |
|------------------------|------|---------|
| Jonah Thomas Kelly (9) | 9th | 3.125 |
| Abbie Hampshire (11) | 3rd | 3.25 |
| Nicole Baxter (12) | 4th | 3.125 |
| Tayla McDermott (9) | 8th | 2.875 |
| Danielle Baxter (9) | 10th | 2.75 |



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British Masters Championships

Five members of the Colne ASC Masters team travelled to the John Charles Centre for Sport in Leeds for the British Gas Masters and Senior Age Group Championships (50m) 2011.

On Friday, 17th June the first event of the Masters Championships was the 1500m Freestyle in which **Karen Driver** swimming the 40 to 44 years age group won, with **Laura Foulkes** in the 18 to 24 year senior age group finishing 2nd in her first national event. In the 65 to 69 years age group was **Tony Catterall** who could only finish 3rd. In the evening **Philip Croxall** swimming in the 40 to 44 years age group won his first national title in the 200m Breaststroke.

On Saturday, 18th June, **Karen Driver** won the 400m Freestyle whilst **Tony Catterall** could only mange 4th in his event. **Philip Croxall** finished in 4th in the 100m Breaststroke. In the afternoon **Stephen Smith** swimming in 40 to 44 years age group finished 5th in the 50m Freestyle with **Philip Croxall** coming in 11th place. **Tony Catterall** then followed that with a win in the 400m Individual Medley with **Karen Driver** only managing 2nd place in her event. In the evening session **Philip Croxall** could only manage 5th place in the 200m Individual Medley.

On Sunday, 19th June, **Stephen Smith** finished 5th in the 100m Freestyle, with **Philip Croxall** finishing in 9th place. **Philip** then finished 5th in the 50m Breaststroke. In the afternoon it was the 800m Freestyle with **Karen Driver** winning her event and **Tony Catterall** only managing a 3rd place.

North West Region Masters Championships

Three members of the Colne ASC Masters Team travelled to the **Palatine Leisure Centre** in **Blackpool** on Saturday, 2nd July to take part in the **North West Region Masters Championships**.

It proved to be a golden day for **Tony Catterall** swimming in the 65 to 69 years age group as he won all ten of his events, which were 400m Freestyle, 100m Individual Medley, 200m Butterfly, 100m Freestyle, 100m Breaststroke, 200m Backstroke, 200m Freestyle, 100m Backstroke, 200m Individual Medley and 200m Breaststroke. During the course of the day he set **North West Region Championship** records in four of the events (400m Freestyle, 200m Butterfly, 200m Individual Medley and 200m Butterfly, 200m Individual Medley and 200m Breaststroke.

In the 40 to 44 years age group **Karen Driver** won four titles and was runner-up in two more as she finished first in 400m Freestyle, 100m Breaststroke, 200m Individual Medley and 200m Breaststroke. She was second in 100m and 200m Freestyle events. Karen also set a **North West Region Championship** record in the 400m Freestyle.

Also swimming in the 40 to 44 years age group was **Philip Croxall** who only finished second in the 400m Freestyle, 200m Backstroke and 200m Freestyle, and was 7th in 100m Freestyle. He set a new personal time when he did the 200m Backstroke.

Harrogate 'B'Grade

Eleven young age group swimmers who travelled to Harrogate for the **Harrogate** '**B**' **Grade Meet** on the weekend of Saturday, 18th June and Sunday, 19th June.

Nicole Baxter (11 years) finished 2nd in 50m Butterfly, 8th in 100m Butterfly in a new personal best time, 18th in 50m Backstroke, 20th in 50m Breaststroke in a new personal best time, 21st in 100m Individual Medley in a new personal best time, 21st in 200m Freestyle in a new personal best time, 24th in 100m Backstroke in a new personal best time, 26th in 200m Backstroke, 29th in 100m Breaststroke in a new personal best time and 34th in 200m Breaststroke in a new personal best time.

Danielle Baxter (9 years) finished 26th in 50m Breaststroke in a new personal best time, 26th in 200m Backstroke in a new personal best time, 32nd in 100m Individual Medley in a new personal best time and 32nd in 200m Freestyle in a new personal best time.

Reide Hartley (9 years) finished 24th in 50m Breaststroke in a new personal best time and 26th in 50m Butterfly in a new personal best time.

Daniel Ennis (14 years) finished 7th in 50m Breaststroke in a new personal best time, 8th in 50m Freestyle in a new personal best time and 9th in 100m Breaststroke in a new personal best time.

Morgan Hartley (15 years) finished 2nd in 100m Butterfly in a new personal best time, 2nd in 50m Butterfly in a new personal best time, 2nd in 100m Breaststroke in a new personal best time, 3rd in 100m Individual Medley, 4th in 50m Freestyle in a new personal best time, 4th in 200m Freestyle and 5th in 200m Breaststroke in a new personal best time.

Miranda Bower (11 years) finished 30th in 200m Breaststroke in a new personal best time and 39th in 200m Freestyle in a new personal best time.

Abbie Hampshire (11 years) finished 12th in 200m Breaststroke in a new personal best time, 14th in 200m Backstroke in a new personal best time, 15th in 100m Individual Medley in a new personal best time, 15th in 100m Backstroke in a new personal best time and 18th in 200m Freestyle.

Marcus Bower (13 years) finished 14th in 200m Freestyle in a new personal best time.

Alex Baker (9 years) finished 33rd in 200m Freestyle in a new personal best time and 38th in 100m Individual Medley in a new personal best time.

George Connolly (11 years) finished 8th in 50m Freestyle in a new personal best time, 23rd in 200m Freestyle in a new personal best time, 24th in 100m Backstroke in a new personal best time and 29th in 100m Individual Medley in a new personal best time.

Gregan Baker (11 years) finished 16th in 100m Breaststroke in a new personal best time, 21st in 200m Freestyle in a new personal best time and 28th in 100m Individual Medley in a new personal best time.