

## Annual Presentation

The trophies were duly handed out to the winners of the Championship Gala events. The most eagerly awaited was for the Spot-On which was won by Joel Punchard, with Martin Jackson in second and Philip Croxall in third.

Once the dust had settled Tony Brooks was awarded the Two Alberts for Services to the Club, with Abbie Hampshire winning the Bramhill Memorial Trophy and Jac Smith-Shelley the John Dobbin Trophy. The Club Captains for 2011 were named as Alex Berry and Laura Foulkes with the Junior Captains being Leo Wilson and Nicole Baxter. It was announced that Martin Jackson and John Higginbottom were both stepping back from the poolside in the new year, which isn't too bad as we have six able replacements.

Pictured right are the swimmers with their medals and trophies



## Championship Gala Roundup

On Monday, 15th and Thursday, 18th November, we held our Annual Championship Gala. Despite excellent performances from some of the swimmers there were no new record set, but some were close. Laura Foulkes (16+) was 0.09 of a second off 50m Freestyle record and Danielle Baxter (8+u) was 0.03 of a second off 25m Breaststroke record.

The 45 trophies on offer were spread out over 19 swimmers with Laura Foulkes capturing 6 titles. With 5 titles were Alex Berry and Abbie Hampshire. Morgan Hartley and Gregan Baker picked up 4 titles. Jack Coyne, Danielle Baxter and Ashleigh Dibb picked up 3 titles each. Winning just two titles were Jacob Taylforth and Katie Farrar. The remaining eight titles were shared between Zak Smith-Shelley, Molly Rebanks, Steve Smith, Jonah Thomas-Kelly, George Connolly, Isaac Rowan, Emma Brooks and Emily Cott who each picked up a title.

The winner of the Spot-On competition was Joel Punchard who submitted a time of 42.29 and swam a time of 42.35 which was within 0.06 of being Spot-On. Martin Jackson was second being 0.17 off his time and Philip Croxall was third being 0.22 faster than his submitted time.

The Betty Petty Style Trophy took place on Saturday, 20th November and there were six boys and six girls taking part. Isaac Rowan won the boys competition with Ashleigh Dibb winning the girls. Hopefully more swimmers will take part next year as this is one of the easiest competitions to win. You don't need to be fast to win, you just need to have a good looking stroke.

Overall there were 33 boys and 35 girls competing over the two nights, which is quite disappointing when there is nearly 200 members in the Club.

## Christmas Sprint Gala

This year there was a new category as the Teachers and Parents were separated from the 16 and over age group, in order to encourage more of the Teachers and Parents to have a go at a one length sprint.

In the Ladies Andrea Hartley and Lucy Cowgill took up the challenge, which resulted in Lucy winning all four races establishing new records for future galas. In the Gents contest Club Coach Andrew Croxall had no challengers as he set the mark for others to beat next year.

There were no records set by any of the boys, but in the girls it was a different story as Nicole Baxter, Ashleigh Dibb and Katie Farrar set new marks. In the 11 years age group Nicole set a new mark of **17.90** seconds for the 256m Butterfly. In the 12 years age group, Ashleigh set a new time of **17.54** for the 25m Backstroke and equalled the 2004 record of **17.13** for the 25m Butterfly. Whilst in the 13 years age group, Katie set new marks for the 25m Breaststroke of **18.59** seconds and **16.44** seconds for the 25m Butterfly.

	Girls	Boys
<b>7 years and under</b>	Francesca Cowgill	Joe Renshaw
<b>8 years</b>	Danielle Baxter	Jonah Thomas Kelly
<b>9 years</b>	Ellicia Farnworth	Charlie Hesketh
<b>10 years</b>	Abbie Hampshire	Gregan Baker
<b>11 years</b>	Nicole Baxter	James Barker & Edgar Zelinskij
<b>12 years</b>	Ashleigh Dibb	Jonathan Beech
<b>13 years</b>	Katie Farrar	Jack Coyne
<b>14 years</b>	Emma Brooks	Morgan Hartley
<b>15 years</b>		Jacob Kalan
<b>16 years and over</b>	Emily Hunt	Matthew Lonsdale
<b>Parents &amp; Teachers</b>	Lucy Cowgill	Andrew Croxall

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

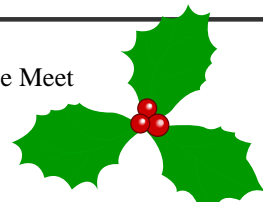
If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: [press@colne-asc.co.uk](mailto:press@colne-asc.co.uk)

## Forthcoming Events:

20th December: Last Club Session on 2010  
 3rd January 2011 First Club Session of 2011  
 5th January Committee Meeting  
 22/23 January North Lancs Age Groups  
 27th January Age Group Gala

5/6th February  
 27th February  
 27th March

North Lancs Age Groups  
 North West Region Distance Meet  
 Darlington Masters Meet



# Shark Bytes



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## Subscriptions Are Due

The bad news is that next year's subscriptions are due on the 31st December 2010, with your current membership running out on Thursday, 27th January.

The good news is that the price will be frozen just like the weather.

The subscription prices are as follows:

<b>FULL SWIMMING MEMBER</b>	
ADULT	£65
STUDENTS	£60
<b>CHILDREN (UNDER 18)</b>	
FIRST CHILD	£60
SECOND CHILD	£50
ADDITIONAL CHILDREN	£40

**ASSOCIATE MEMBER  
(NOT ASA REGISTERED CLUB)** £45

**ADULT ASSOCIATE NON-SWIMMING MEMBER** £35

**COMMITTEE MEMBERS** £20

Membership forms will be available from the table or can be downloaded from the Clubs website.

Terms can be agreed for those who need it.

Cheques to be made payable to **Colne ASC**. Unfortunately other payment forms (such as credit cards, debit cards and direct debits) we are not able to process.

## Website Changes

Over the last few months I have been making changes to the entire website. I have reduced the use of javascript and made the site more generic for the majority of browsers out there. It even works on touch screen devices, like the iPod Touch.

The launch of the updated site will take place over the Christmas holidays.

To have a preview of what the new site is going to look like, then go to the following address in your browser.

<http://www.colne-asc.co.uk/beta/index.html>

Please let me know what you think.

email: [press@colne-asc.co.uk](mailto:press@colne-asc.co.uk)



## Teachers New and Old

In October we ran a teachers course in order to try and get some more teachers on the pool side. The course was successful as Emily Hunt, Richard Thomas-Kelly, Mark Ennis, George Brown, Sarah Kelly and Charlotte Beech all passed and are now available to help on the poolside.

As for the old, well Martin Jackson and John Higginbottom will both be stepping back from the poolside. Martin will still be remaining on as Chairman and John will still be the treasurer.

There will be a teachers meeting on Monday, 13th December to decide the allocation of the lanes for the new and remaining teachers.

The lane allocations and who the teachers are will be on the Club website as well as in the registers that are on the table.



## Christmas Holidays

The last Club session of 2010 will be on Monday, 20th December and the first one of 2011 will be on Monday, 3rd January (hopefully).

The pool opening times are as follows if you wish to do some sort of swimming whilst there is no Club.

Thursday 23rd December	7:00am - 3:00pm
Friday 24th December	<b>CLOSED</b>
Christmas Day	<b>CLOSED</b>
Boxing Day	<b>CLOSED</b>
Monday 27th December	<b>CLOSED</b>
Tuesday 28th December	7:00am - 6:00pm
Wednesday 29th December	7:00am - 6:00pm
Thursday 30th December	7:00am - 6:00pm
New Years Eve	8:00am - 3:00pm
New Years Day	<b>CLOSED</b>
Sunday 2nd January 2011	8:00am - 6:00pm
Monday 3rd January 2011	7:00am - 6:00pm

## IronMan Update

Teacher Chris Domoney has already qualified from next Octobers IronMan Championships by winning the Mexico's Cozumel IronMan at the end of November.

Competing in the 60 to 64 years age group Chris won in a time of 10 hours 40 minutes and 11 seconds to beat his nearest rival by 1 hour 12 minutes and 29 seconds.

He completed the 2.4 mile (3.8km) swim in 1 hour 16 minutes and 10 seconds, the 112 mile (180km) bike ride in 5 hours 30 minutes and 22 seconds with the 26.2 mile (42.2km) run taking 3 hours 47 minutes and 27 seconds. He lost a total of 6 minutes and 12 seconds in the transitions between the disciplines.

And you lot complain when you have to do a 10 minute continuous swim!

# Shark Bytes



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## **Birthdays**

Apologies to Dominic Hartley whose birthday was in November.

## **DECEMBER**

3rd Bob Whittaker; 5th Tony Brooks, Katrina Nelson and Molly Frankland; 10th John Higginbottom; 11th Mick Charldwood; 19th Stanley Hendley; 22nd Chris Domoney; 27th Alex Baker; 30th Anna Rogers.

## **JANUARY**

1st Sophie Dean; 4th Emma Brooks; 6th Abi Riley; 12th Philip Croxall and George Connolly; 17th Faye Scott and Charlie Hesketh; 19th Steve Smith; 30th Leo Wilson and Mollie White.

## **Review of 2010**

This year was a poor year for both our Micro League and Friendly League teams as they both finished last in their respective divisions. Finishing last in the Friendly League meant we had to take part in the Swim-Off, in which we finished 2nd, thus retaining our Division One status.

For the Micro League there was no Swim-Off as we finished bottom of the Division. Our cause was not helped as we had to forfeit one of the galas due to being unable to raise a team.

The Age Groups were attended by the same swimmers Abbie Hampshire, Morgan Hartley, Jack Coyne, Nicole Baxter, Stephanie Brooks and Samantha Titterton (who has left the Club) throughout the course of the year, with the exception of the North Lancs Level 3 Meet in October which introduced more swimmers to competition.

In July two of our disabled swimmers, Katie Rilett-Young and Nathaniel Lowe-Cordingly took part in the North West Regional Disability Championships.

There were only Philip Croxall, Steve Smith, Tony Catterall, Karen Driver and Laura Foulkes taking part in Masters competitions this year, with Karen and Steve the only ones to take part in the World Masters Championships that were held in Gothenburg, Sweden in July/August, where Karen finished 7th in the 800m Freestyle.

In September Andrew Croxall was voted into third place for the Coach of the Year at the Pendle Sports Awards.

In October we held a teachers course and acquired six more teachers, read Teachers Old and New for more details on this.

At the beginning of November we sold some of your treasured items at the car-boot held at the sports centre and raised £105.

Thanks to all who donated and especially to those that helped. We will be taking part in another one as there still is quite a bit of stuff still to be sold.



## **Inter-County Masters**

On Saturday, 20th November the North East and West Regions Inter-County Masters took place at the new John Charles Centre for Sport in Leeds.

Karen Driver, Philip Croxall and Tony Catterall of the Colne ASC Masters Team were swimming for Lancashire as they took on the counties of Cumbria, Northumberland & Durham, Cheshire and Yorkshire.

The other counties were in competition at four other venues that weekend. The results from each of the races were collated and an overall winner could be decided.

This years winning county was Cheshire followed by Middlesex and Warwickshire. Lancashire finished 19th out of the 29 counties competing.

## **What's Happening in 2011**

The Club's inaugural meeting took place on the 10th April 1912, therefore making next year our 99th. We would like ideas on what to do for our centenary in 2012. Contact any member of the committee or email the secretary.

The Age Group galas start in January and hopefully more swimmers will take part with the closing date for the North Lancs next week.

After that there will be various age groups and level 3 meet held throughout the year. If you want to swim then have a word with Coach Andrew Croxall, you never know you may be a future Olympic star in the making.

The Masters competitions will be starting on 27th February with the North West Region Distance Championships, The British Masters are in June with the ASA Nationals in October.

The masters have now included an 18 to 24 years age group so that there is some continuation from age groups to masters.

The Micro League will get under way in March and finish in July. There will be a Swim-Off in September should we finish in the top two.

The Friendly League will run from March until October with the Swim-Off taking place in November.

Sometime next year we will be having the sponsored swim, this is more likely to be in the summer.

The Championship Galas will again be taking place in November with the presentation in December. And then it is on to our centenary celebrations.

*Merry Christmas from All at Colne  
Amateur Swimming Club*