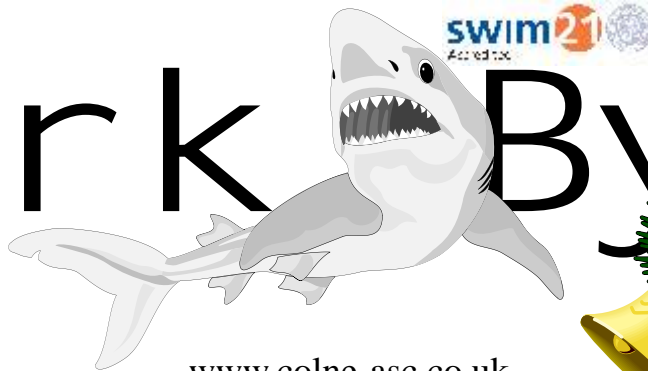


Shark Bytes



www.colne-asc.co.uk



only
50p

Colne Amateur Swimming Club Newsletter: December 2009

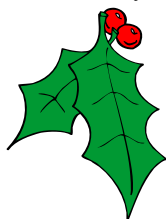
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Membership Prices for 2010

The price for membership to Colne ASC for the year 2010 are as follows:

FULL SWIMMING MEMBER

ADULT	£65
STUDENTS	£60
CHILDREN (UNDER 18)	
FIRST CHILD	£60
SECOND CHILD	£50
ADDITIONAL CHILDREN	£40



ASSOCIATE MEMBER

(NOT ASA REGISTERED CLUB) £45

ADULT ASSOCIATE NON-SWIMMING MEMBER £35

COMMITTEE MEMBERS £20

Membership forms will be available from the table or can be downloaded from the Clubs website.

Terms can be agreed for those who need it.

Cheques to be made payable to **Colne ASC**. Unfortunately other payment forms (such as credit cards, debit cards and direct debits) we are not able to process.

End of an Era

On Friday, 11th December as the Annual Presentation was taking place at the Colne Cricket Club, the Adult Learners had their final session.

The Adult Learners have been helping adults learn to swim for over half a century, but on a cold Friday night it came to an end. Due to competition from **free** adult teaching sessions provided by the Leisure Centre, it was deemed that we could no longer run these lessons.

The number of people who attended these sessions has been in decline over the last few years, but it is the said competition from the free sessions that has brought it to a close as the numbers attending dwindle to almost nothing.

When the Adult Learners was originally set-up it provided an opportunity for adults to learn to swim as not all schools taught the children to swim, unlike today, where learning to swim is part of the national curriculum.

We give thanks to all the teachers who over the years taught a lot of adults how to swim,

We still provide some swimming for adults as we now have a lane on Monday nights from 7:30pm whilst 9:00pm.

Christmas Holidays

This year there will be no training available over the Christmas holidays, but the pool will be open. Check at reception for opening times.

LARGE POOL

LAST CLUB SESSION MONDAY 21ST DECEMBER

RE-OPEN MONDAY 4TH JANUARY

SMALL POOL

LAST SESSION THURSDAY 17TH DECEMBER

RE-OPEN THURSDAY 7TH JANUARY



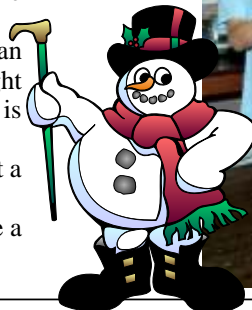
Talent Show

On Friday 6th November Colne ASC hosted its first ever talent show. This was a real success and a thoroughly enjoyable evening for all who attended. The performers on the evening were:

Jamie Partridge, Katie Farrar, Laura Foulkes, Helen Tansey (Ba Hons), Nicole Baxter, Danielle Baxter, Molly Chapman, Charles Nolan and Tim Coyne.

The show was compared by Ainsley Dibb and Molly Frankland who both did a fantastic job. June Foulkes organised the event and hopes to see more performers next year.

To see photographs of the event, check out the Colne ASC website.



Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

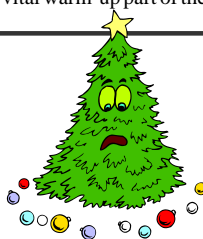
Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk

Forthcoming Events:

17th December	Last Small Pool Session of 2009
21st December	Last Large Pool Session of 2009
25th December	Christmas Day
4th January	First Large Pool Session of 2010
6th January	Committee Meeting, 7:45pm



7th January
23/24th January
28th January
3rd February
4th February
6/7th February

First Small Pool Session of 2010
North Lancashire Age Groups. Palatine, Blackpool
Own Age Group Gala
Committee Meeting
Swimming Club Trials
North Lancashire Age Groups. Palatine, Blackpool

Friendly League Swim-Off

On Friday, 20th November, Colne ASC took part in the Friendly League Swim-Off for the right to compete in Division One next season. We were up against Haslingden, Great Harwood (Division 2 winners) and Accrington (Division 2 runners-up). The competition took place at the Pendle Leisure Centre.

The atmosphere was electric from the start, with Colne, Haslingden and Great Harwood being separated by **one** point a third of the way through the gala as the three clubs traded wins. Unfortunately for Accrington the other three teams were now proving to be too strong as they quickly dropped off the pace. They finished the night in 4th place with 62 points.

Two thirds of the way through the gala and Colne and Haslingden were separated by a point with Great Harwood only a few points further back. The races came and went and no team could gain an advantage.

In the end there was only five points separating the three teams with Great Harwood in 3rd on **109** points, Haslingden 2nd with **113** points and Colne winning with **114** points, which meant that both Colne and Haslingden retained their places in Division One for next season.

Throughout the course of the night the Colne swimmers set 15 personal bests between them.

Club Captains Joshua Finch and Laura Foulkes were presented with the End of Season Gala Trophy at the end of the night.



Sponsored Swim

The Club offers its thanks to all those swimmers who have raised money through our sponsored swim.

On Friday, 11th December at the Annual Presentation, a Mr Ian Mintoe from Derian House Childrens Hospice was presented with a cheque for £500 by our new President Mick Charldwood.

So far £997.85 has been raised and we will be collecting any remaining monies until the end of the year.



Forthcoming Events for 2010

The year 2010 will be the 98th anniversary of the Club. So with only 2 more years until our centenary, which coincides with the London 2012 Olympics. It is a good time for all you swimmers to come up with ideas to help celebrate our centenary.

The Age Group Competitions will take place on Thursday, 28th January and Thursday, 1st July to determine who is the most improved swimmer.

The Annual Championship Galas will take place on Monday 15th and Thursday, 18th November.

The Christmas Sprint Gala will take place on Thursday, 2nd December.

The Annual Presentation and Disco will take place on Friday, 10th December.

The North Lancashire Age Groups will be held at the Palatine Pool in Blackpool on the weekends of 23rd/24th January and 6th/7th February. The closing date for these competitions is on Monday, 4th January. See Andrew Croxall if you want to enter

The Lancashire County Championships will be at the Manchester Aquatics Centre on the weekends of 13th/14th and 20th/21st March.

The ASA North West Region Youth Championships will be taking place at Liverpool on the 1st/2nd May.

The Inter-Association Gala will be taking place at the Palatine Pool, Blackpool on 29th/30th May.

The ASA North West Region Age Group Championships will take place at the Manchester Aquatics Centre on the weekends of 6th/7th and 12th/13th June.

The ASA National Age Group Championships will take place at Ponds Forge, Sheffield from 28th July until 1st August.

The ASA National Youth Championships will also take place at Ponds Forge, Sheffield from 3rd August until 7th August.

The British Gas Masters and Senior Age Group Championships (50m) will take place from 18th June until 20th June. The venue is still to be decided.

The North West Region Masters Championships on 3rd July at the Palatine Pool, Blackpool.

The World Masters Championships in Gothenburg, Sweden from 28th July until 7th August.

The British Gas ASA Masters and Senior Age Group Championships (25m) will take place from 29th until 31st October at Ponds Forge, Sheffield.

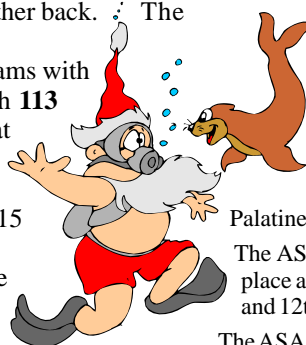
Last Minute Stocking Fillers

Believe or not Christmas is coming and there are probably some people out there wondering what to get for their budding Olympians.

Well here are a few ideas, apart from the usual hat, goggles and costumes.

The following can be found at www.swimshop.co.uk, other websites are available.

Microfibre Towel (handy for poolside), Aquasack (store wet things), Micro Fins and Zoomers (to go faster), Hand Paddles, Finger Paddles and Aqua Gloves (to build strength), Pullbuoys, Kickboards and Drag Shorts (to increase resistance).



Championship Gala Round-up and Other Awards

This years Championship Galas took place on Thursday, 12th November and Thursday, 19th November, with the Betty Petty Style Trophy taking place between the two on Saturday, 14th November.

The Betty Petty Style Trophy was judged by Peter Wiseman from West Craven SC and Aidan Towey who swam for us as a Masters swimmer. This years winners were Chris Bates and Abbie Hampshire.

The competition that everyone wanted to know who had won was the Spot-On Competition. This years winner was Stephanie Brooks who got within 0.25 seconds of her submitted time. Second was Samantha Titterton who got within 0.31 seconds of her submitted time, with Alex Berry third with a time 0.37 seconds outside his submitted time. As for me, I could only get with 1.34 seconds of my time. So much for 30 years experience in swimming!

For the rest of us there is always next year to try and claim that £20 first prize.

The Two Alberts Trophy for Services to the Club was presented to Joan Croxall for all her work on Swim21, of which we were re-validated for the next 4 years.

The John Dobbin Trophy which is awarded for achievement in the small pool, was awarded to Danielle Baxter, who started out in the small pool this year and is now in lane 2 already.

The Bramhill Memorial Trophy is awarded to the swimmer who has shown courage. This years winner was Linda Kettlewell who 18 months ago could not swim and was very nervous around water. This year she swam 10 lengths in a sponsored swim. Incidentally she is also the last Adult Learner to learn to swim with the Club.

The Club presented to Mick Charldwood a clock as a Thank you for all the years service on the poolside, as he now no longer going to be involved. At the AGM he was named as Club President, and his first duty was to present the trophies at the Annual Presentation.

A bunch of flowers was presented to June Foulkes as a thank you for getting the Talent Show up and running and for all the raffles throughout the year.

And finally the age group winners of the Christmas Sprint Gala were presented with their trophies, and they are as follows:

	Boys
7 years and under	Jonah Thomas Kelly
8 years	Charlie Hesketh
9 years	Gregan Baker
10 years	Christian Butschok-Brain
11 years	Jonathan Beech
12 years	Jack Coyne
13 years	Morgan Hartley
14 years	Jacob Kalan
15 years	Chris Bates
16 years and over	Philip Croxall Sam Bainbridge

Girls
Ellie Punchard
Tayla McDermott
Molly Chapman
Abbie Hampshire
Samantha Titterton
Stephanie Brooks
Katie Farrar
Emma Brooks
Ainsley Dibb
Emily Hunt
Charlotte Beech
Emily Cott

Birthdays - December

1st William Kay; 2nd Paul Wilson; 3rd Bob Whittaker; 5th Molly Frankland and Tony Brooks; 7th Ellie Butschok-Brain; 10th John Higginbottom; 11th Mick Charldwood; 17th Samantha Titterton; 19th Stanley Hendley; 22nd Chris Domoney; 27th Alex Baker; 30th Rohan O'Conner; 31st Steve Craig.

Birthdays - January 2010

4th Emma Louise Brooks; 12th George Connolley and **Philip Croxall**; 17th Charlie Hesketh and Imani Thomas-Kelly; 18th George Brown; 19th Daniel Frost, Stephen Smith, Robert Scothern and Grace Melling; 23rd Michael O'Shea; 29th Morgan Strickland; 30th Mollie White.



Merry Christmas
and a Happy New
Year from all at
Colne ASC

