

# Shark Bytes



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**only 50p**

Colne Amateur Swimming Club Newsletter: November 2009

Issue: 66

## **Birthdays - November**

4th Jack Smith; 8th Freya Marsden; 10th Erin-Rose O'Connor; 11th Timothy Barnes, Timmy Scott-Miller, Chloe Durcan and Lucy Williams; 17th Daniel Graham; 18th Caitlin Taylor; 21st Dominic Hartley; 22nd Joshua Finch; 26th Edgar Zelinskij.

## **Birthdays - December**

2nd Paul Wilson; 3rd Bob Whittaker; 5th Molly Frankland and Tony Brooks; 7th Ellie Butschok-Brain; 10th John Higginbottom; 11th Mick Charldwood; 17th Samantha Titterton; 18th Ryan O'Hara; 22nd Chris Domoney; 27th Alex Baker; 30th Rohan O'Connor; 31st Steve Craig.

## **Championship Galas**

This years Championship Galas will take place on Thursday, 12th November and Thursday, 19th November. Both galas will start as soon as possible after 7pm with the warm-up taking place at 6:45pm. Entry for the gala is free and you can enter on the night.

The **Spot-On Competition** will take place on Thursday, 19th November and will be run as event 11.

Entries will cost £1 and must be returned by Monday, 16th November. No late entries will be accepted.

The rules of the Spot-On are that you stipulate what stroke you are going to swim and how long it will take you to do two lengths of the pool. The swimmer closest to their time will win the first prize of £20. Second will get £10 and third £5.

The competition is also open to parents and teachers. So have a go.

## **Friendly League**

It was a disappointing end to our Friendly League Season as we lost our final away gala to Burnley by 66 points to 54.

This means that we do not have enough points to avoid the Swim-Offs.

These take place on Friday, 20th November at the Pendle Leisure Centre, with the Warm-up starting at 7:20pm.

We will be competing against Haslingden, Great Harwood and Accrington.

The top two on the night will be in Division 1 next year and the other two in Division 2. Hopefully we will be remaining in Division 1, but that will mean we need as strong as team as possible.

The team sheet will be displayed on the Notice Board and Website nearer the time.

## **Talent Show**

On Friday, 6th November the inaugural Colne ASC Talent Show will be held at the Colne Cricket Club.

The doors open at 7:30pm with the show starting from 8:00pm.

If you would like to attend or even perform, then you need to see June Foulkes as soon as possible.

The tickets for the event will be £5 for adults and free for children under 16.

There will be a buffet provided.

## **Return Trophies**

Can all those swimmers who won trophies at last years Championship Galas, please return them to Andrea Hartley as soon as possible.

It would be preferable if they can be returned before this years Championships Galas.

Please ensure that all trophies returned are returned in a **clean** state.

## **Betty Petty Style Trophy**

This years Betty Petty Style Trophy will take place on Saturday, 14th November, starting at 6:00pm.

Each swimmer will be given the chance to demonstrate their ability over 2 lengths the following strokes of backstroke, breaststroke and frontcrawl. They will be assessed on their start, stroke and turn for each of the three strokes.

It is advisable that the swimmers bring a towel and a t-shirt for the pool side, as only one swimmer will be swimming at any one time.

Remember you do not have to be the fastest to win this competition, but have the best looking stroke. So if you have a good stroke, then come on have a go.

Entries for this competition are free and you can enter on the night. It is only open to swimmers 15 years and under. No previous winner can enter.

## **Presentation**

The date for this years Presentation has been changed and will now take place at Colne Cricket Club on Friday, 11th December.

The doors open at 7:00pm, with the presentation of the trophies starting at 7:30pm.

There will be a buffet with tickets on sale for £5 for adults and free for children under 16.

## **Christmas Sprint Gala**

The Christmas Sprint Gala will take place on Thursday, 3rd December starting at 7:00pm, with the warm-up at 6:45pm.

The competition comprises of all four strokes being swum over a distance of 25 metres, that's one length!

Entries cost £1 per person, and is open to teachers and parents as well.

So if there are any mums or dads out there that reckon they can still beat their child over a single length, then this is the time to prove it.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

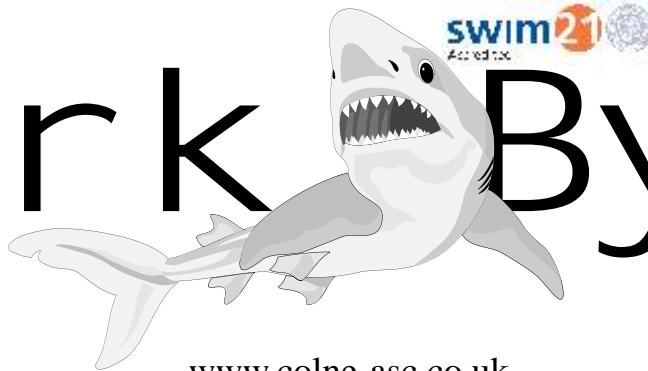
If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: [press@colne-asc.co.uk](mailto:press@colne-asc.co.uk)

## **Forthcoming Events:**

4th November	Committee Meeting
5th November	Swimming Club Trials
6th November	Talent Show. Colne Cricket Club. From 7:30pm
12th November	Championship Gala No. 1. Warm-up 6:45pm
14th November	Betty Petty Style Trophy. Starts 6:00pm

15th November	Inter-County Masters. Blackpool
19th November	Championship Gala No. 2. Warm-up 6:45pm
20th November	Friendly League Swim-Offs. Warm-up 7:20pm
3rd December	Xmas Sprint Gala. Warm-up 6:45pm
11th December	Annual Presentation and disco. Colne Cricket Club
25th December	Christmas Day.

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## ASA National Masters

The **ASA National Masters and Senior Age Group Championships (25m) 2009** were held at the **Ponds Forge International Sports Centre, Sheffield** from Friday, 23rd October until Sunday, 25th October. Amongst the 1000 competitors were three members of the Colne ASC Masters team, who managed to achieve 2 golds, 1 silver and 4 bronzes between them, with **Karen Driver** competing in the 35 to 39 years age group and **Stephen Smith** and **Philip Croxall** both competing in the 40 to 44 years age group.

**Karen** was the first in the pool on Friday afternoon as she took on the challenge of the 1500m Freestyle (60 lengths of the pool). Despite struggling with tiredness she managed to win by 2 seconds from her nearest challenger. Her efforts clearly took a lot out of her as she struggled to a disappointing 5th in the 400m Freestyle. Despite this Karen returned to the pool after a night's rest and put in a gritty performance in the 800m freestyle to take bronze.

**Philip** was in the form of his life as he recorded a string of impressive performances which included three bronze medal winning swims in the 400m Freestyle in a time of 4 min 42.46 seconds (knocking 3 seconds off his personal best time), the 200m Individual Medley in 2 min 32.50 seconds (which equalled his personal best) and the 200m Freestyle in a time of 2 min 13.49 seconds which was only 0.07 seconds slower than his personal best. Philip also recorded strong performances in the 100m Individual Medley knocking 0.16 seconds off his personal best in a time of 1 min 9.61 seconds finishing in 7th place, the 50m freestyle finishing in 12th place in a best time of 27.00 seconds and finally he still had enough energy to record a lifetime best in the 100m freestyle finishing in 8th place in 59.09 seconds, with only a 10th place in 100m Breaststroke being a disappointment. In all; a truly remarkable effort over the three days of competition.

On the final day of competition **Stephen** had his final attempt of the year to break the British record in the 50m freestyle; despite recording a lifetime best of 24.72 seconds (missing the record by only 0.19 seconds) he was beaten into second place in a very tight finish by only 0.03 seconds. Later in the day Stephen came back strongly in the 100m freestyle winning Gold in another tight race in a season's best time of 54.90 seconds claiming victory by a mere 0.06 seconds.

All three swimmers are now looking forward to a rest after a long season with the next major target being the Word Masters Championships in Sweden next summer.

## Hawaiian 'IronMan' Triathlon

Teacher Chris Domoney yet again made his pilgrimage to Hawaii to take part in the gruelling 2009 Kona Hawaii Ironman World Championship Triathlon.

This event comprised of a 2.4 mile sea swim, a 112 mile bike ride and a 26.2 mile run.

Chris finished in an impressive 4th place in his age group (60 to 64 years) in a time of 11 hours 27 minutes and 31 seconds. His swim taking 1 hour 31 minute and 1 second, the bike 6 hours 3 minutes and 9 seconds, and the run 3 hours 45 minutes and 39 seconds.

Overall he finished in 965th position.

Congratulations to Chris on an amazing achievement.

## Sponsored Swim

The sponsored swim took place on Thursday, 15th October and 39 people took part.

The efforts of those few including one gentleman who is not even a member of the Club is very much appreciated.

Can all those who swum return their sponsor money as soon as possible. Thank you.

## North Lincs Level 3 Meet

On the weekend of 10th and 11th October, Colne ASC had 10 swimmers taking part in the **North Lincs Swimming & Water Polo Association, 9-14 year Level 3 Meet**, held at the **Palatine Pool, Blackpool**. Over the course of the weekend there were three 1st places, and two 3rd places, along with no fewer than 7 (seven) speeding tickets for swimming too fast.

The three star performers were **Abbie Hampshire (9)**, **Samantha Titterton (10)** and **Charlotte Titterton (12)**; with Abbie winning 50m Backstroke, but getting Speeding Tickets for 200m Freestyle, 200m Backstroke, and 100m Individual Medley, with a 5th in 50m Butterfly and 6th in 50m Freestyle; Samantha winning 50m Butterfly, and getting Speeding Tickets for 100m Individual Medley, 200m Backstroke and 200m Freestyle; and Charlotte winning 50m Breaststroke, along with 8th in 50m and 100m Freestyle, 9th in 100m and 200m Breaststroke, 11th in 200m Freestyle, 15th in 50m and 100m Backstrokes and 16th in 200m Individual Medley.

Also attaining 3rd place finishes were **Morgan Hartley (13)** finishing 3rd in 100m Butterfly, 4th in 50m Freestyle, 5th in 50m Breaststroke and 50m Butterfly, 6th in 200m Individual Medley and 200m Freestyle, and 7th in 100m Freestyle; and **Jack Coyne (12)** finished 3rd in 50m Freestyle, 5th in 100m and 7th in 200m Freestyle.

**Katie Farrar (12)** who finished 13th in 100m Breaststroke and 22nd in 200m Breaststroke, but got a speeding ticket for 50m Breaststroke.

**Nicole Baxter (10)** finished 16th in 200m Backstroke, 17th in 200m Breaststroke, 23rd in 50m Freestyle, 20th in 50m Breaststroke, 25th in 50m Backstroke, 26th in 200m Freestyle, and 36th in 50m Butterfly.

**Ainsley Dibb (14)** finished 4th in 50m Breaststroke, 8th in 100m Backstroke and 50m Butterfly, 9th in 50m Backstroke, 10th in 50m Freestyle, and 12th in 100m Freestyle.

**Michael O'Shea (9)** finished 4th in 200m Freestyle, 5th in 50m Butterfly, 11th in 100m Individual Medley, and 12th in 50m Freestyle.

**Isaac Rowan (12)** finished 12th in 100m Breaststroke.

## Kitbags

We are selling Kit Bags for this Christmas, they comprise of a float, water bottle, leg float and a poolside towel. They will cost £20 for the large float kit bag and £16 for the small float one.

