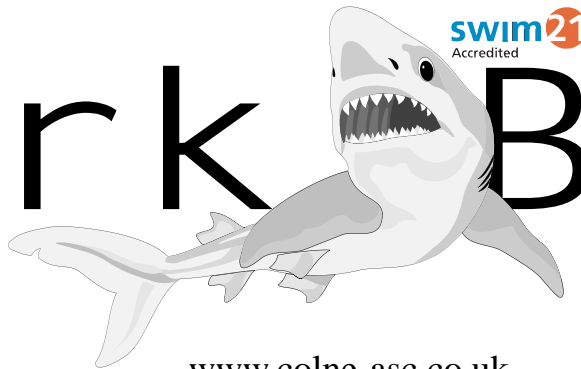


# Shark Bytes



Affiliated Club



www.colne-asc.co.uk

Only  
50p

Colne Amateur Swimming Club Newsletter: July 2007

Issue: 46



Stephen, Karen and Bob with their medals

## British Swimming Masters Championships

On the weekend of 15th to 17th June five members of the Colne ASC Masters Team travelled to the Manchester Aquatics Centre to take part in the **2007 British Masters Championships (50m) & Senior Age Group Championships**. Between the team we managed 4 golds, 3 silvers and a bronze medal and in the process Colne accumulated 39 points.

Swimming in the 35 to 39 years age group were Stephen Smith, Karen Driver, Bob Whittaker and Philip Croxall.

Stephen won the 50m Freestyle in 26.00 seconds and the 100m Freestyle in 57.83 seconds. Karen won the 1500m Freestyle in 19 minutes 47.61 seconds. She was also 2nd in 800m Freestyle and 5th in 400m Freestyle.

Bob finished 2nd in 1500m Freestyle, 4th in 400m Freestyle and 5th in 800m Freestyle.

Philip finished 6th in 100m Breaststroke, 7th in 50m Breaststroke, 200m Individual Medley and 100m Freestyle; and was 14th in 50m Freestyle.

Swimming in the 60 to 65 years age group was Tony Catterall who finished 1st in 200m Individual Medley, 2nd in 1500m Freestyle, 2nd in 200m Butterfly, 3rd in 200m Breaststroke and 4th in 200m Backstroke.

## Summer Holidays

The last full Club session is on Thursday 19th July.

### Small Pool

Last session 19th July.

Reopens 9th August.

### Large Pool

2 week July Holiday there will be a Club Training Session shared with the public from 6:00pm whilst 8:00pm on both Monday and Thursday.

See Club Coach Andrew Croxall.

As Normal week commencing 6th August.

### Adult Learners

Last session Friday, 20th July

Reopens Friday, 10th August.

## Most Improved Swimmer

The most improved swimmers since January are:

### Boys

1 Aeneas Robinson	13.40%
2 Daniel Grant	10.71%
3 Daniele Santabarbara	5.85%

### Girls

1 Elsie Chadwick	9.87%
2 Bethany Gribble	5.20%
3 Annabel Chadwick	4.44%



Aeneas and Elsie collecting their trophies from Chairman Martin Jackson

## Friendly League

On Monday, 11th June, Colne ASC travelled over to Haslingden for their final Friendly League fixture of the season. Throughout the course of the night there were quite a few close races and no fewer than three dead heats. Yet it was Colne that prevailed running out winners by 64 points to 52.

## National Youth Championships

From Friday 27th to Wednesday 1st August the National Youth and Long Course Championships will be taking place at Ponds Forge International Sports Centre, Sheffield.

This year two Colne ASC members are taking part. William Harrison will be doing the 50m Freestyle, the 100m Freestyle, the 50m Butterfly and the 100m Butterfly.

Joshua Finch will be swimming under BOBCATS and he will be doing the 50m Butterfly and the 100m Butterfly.

Good luck to both swimmers as they take on the best in the country.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: [press@colne-asc.co.uk](mailto:press@colne-asc.co.uk)

## Forthcoming Events:

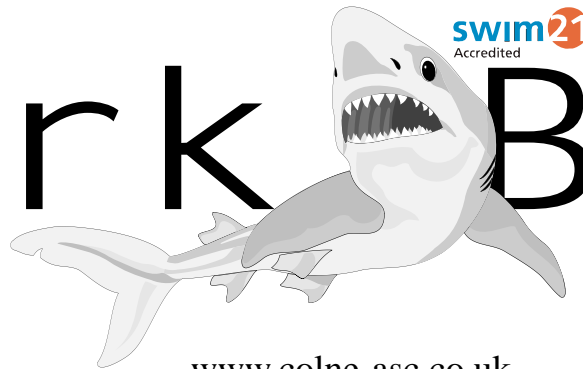
12th July	Sponsored Swim.
19th July	Last Club Session before Holidays
23rd-26th July	National Age Group Championships. Ponds Forge
27th July - 1st August	National Youth & Long Course Championships Ponds Forge, Sheffield.

6th August	First Club Session after Holidays
28th August - 2nd September	European Masters Championships Kranj, Slovenia
5th September	Next Committee Meeting.
22nd September	North East Region Masters Championships

# Shark Bytes



Affiliated Club



[www.colne-asc.co.uk](http://www.colne-asc.co.uk)

## Swimmers/Parents

Keep up to date with the latest information by looking at the Club Notice Board or the Club Website

Colne Amateur Swimming Club Newsletter: July 2007

Page: 2

## Gateshead & Whickham Open Masters

On Saturday, 30th June, three members of the Colne ASC Masters Team travelled up to the Felling Pool, Gateshead to take part in the Gateshead & Whickham Open Masters 2007.

Karen Driver swimming in the 35 to 39 years age group finished 1st in 200m Freestyle, 1st in 100m Individual Medley, 1st in 400m Individual Medley, 1st in 400m Freestyle and 1st in 200m Individual Medley.

Karen also helped the Carlisle Masters 160-199 years Mixed Medley and Freestyle Teams to reach 1st and 2nd respectively.

Philip Croxall swimming in the 35 to 39 years age group finished 1st in 50m Breaststroke, 2nd in 100m Breaststroke, 2nd in 200m Breaststroke, 3rd in 200m Individual Medley and 4th in 100m Individual Medley.

Philip also helped the Carlisle Masters 200-239 years Freestyle Relay Team to 1st place.

Tony Catterall swimming in the 60 to 64 years age group finished 1st in 200m Backstroke, 1st in 200m Freestyle, 1st in 200m Butterfly, 1st in 400m Individual Medley, 1st in 200m Breaststroke, 1st in 400m Freestyle and 1st in 200m Individual Medley.

## Micro League

On Saturday, 23rd June, Colne ASC travelled to West View Pool, Preston for their latest Micro League of the North West fixture. The young swimmers (9 - 12 year olds) took on Preston 'B', Pioneer '79 and Blackpool. Several of the Colne swimmers set new personal best times. The final points were Pioneer '79 1st with 171 points, Preston 'B' was 2nd with 123 points, Colne finished 3rd with 99 points and Blackpool was 4th with 96 points.

On Saturday, 7th July Colne hosted their final fixture in the Micro League season. In fact it was the final fixture of Division 'B'. They were up against teams from Rosegrove, Pioneer '79 and Blackpool. It proved to be a close contest between Colne, Rosegrove and Blackpool as they vied for runners up spot against Pioneer, who were far too strong as they ran out winners by 180 points. Blackpool finished runners up with 110 points with Colne in third on 97, and Rosegrove in 4th on 93 points. Throughout the course of the evening there were nine new personal bests set by the young Colne swimmers.

## Final Standings

Division A	Division B	Division C
Preston Sharks 557.5	Pioneer '79 687	Newton Hall B 534
Southport A 472.5	Fleetwood 641	Leyland B 505
Blackburn 461.5	Lancaster 528	Ormskirk 425
Carnforth A 431.5	Preston Seals 453.5	Southport B 354
Chorley Marlins 347	Colne 405	Carnforth B 289
Newton Hall A 328	Blackpool A 387	Garstang 274
Leyland A 319	Clitheroe 365.5	Kirkham 266
	Rosegrove 353	Blackpool B 169

NB. The final standings are subject to ratification.

## Birthdays - July

1st Zak Child and Beryl Edmondson; 3rd David Brown; 4th Morgan Hartley and Laura Keaveny; 6th Sally Roberts and Martin Jackson; 8th Daniel Grant; 11th William Farnworth and Rhys Moore; 13th Mark Honeyman; 14th Grace Kalan; 17th Joshua Atkinson; 18th Pat Mowatt; 19th Shiela Cott; 20th Stephanie Gill; 22nd Connor Rolland and James Blackburn; 23rd George Wilkins; 24th Sophie McCann; 25th Sophie Curwen; 26th Ainsley Dibb; 31st Glynn Higgin and Jacob Kalan.

## Birthdays - August

1st Thomas Pickles; 2nd Callum Riley; 3rd Robert Nutter; 4th Joshua Dent; 5th Rebecca Berry and Carolyn Learoyd; 8th Sibtain Jabber and Arthur Phillips; 9th Michael Rowan; 10th Bradley Duffield and David Wilson; 11th Emily Cott; 14th Agatha Groombridge; 19th Leon Manojlovik; 22nd Mary Berry; 24th Emma Hacking; 27th Chloe Ward; 29th George Rushden; 30th Libby Pickles; 31st Alistair Nutter.

## Sponsored Swim

The sponsored swim is on Thursday, 12th July. There are four start times; 7:00pm, 7:30pm, 8:00pm and 8:30pm.

The aim is to swim as many lengths as you can in 25 minutes.

For those swimmers that can perform a 1500m swim in under 25 minutes, then this can be an opportunity to get a time.

## European Masters Championship

This years European Masters Championships will be held in Kranj, Slovenia from Tuesday, 26th August till Saturday, 2nd September. (Slovenia is next to Italy at the top of the Adriatic.)

There are two members of the Colne ASC Masters Team travelling over to Slovenia.

Stephen Smith who will be swimming in the 50m Freestyle and 100m Freestyle.

Philip Croxall who will be swimming in the 200m Individual Medley, 100m Breaststroke and 200m Breaststroke.

## Log Books

There are new log books available to purchase at a cost of £5. These log books are aimed at swimmers who want to do competitions. See Mrs Croxall if interested.