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Colne Amateur Swimming Club Newsletter: May 2006

Issue: 38

Central Lancashire Championships - Top Club

On the 8th April, we had 23 swimmers competing at the **Central Lancashire Championships & Age Groups** (Manchester Aquatics) built on the success of last year's championship. A total of 32 medals were achieved on the day with seventeen 1st places, seven 2nd and eight 3rd places, with no fewer than 76 personal best times.

In the 9yr Age Group a lot of the swimmers were competing for the very first time, added to the fact it was in a 50m pool (two lengths at Colne) which made it even more daunting, gave a good account of themselves. The outstanding swimmer was **Morgan Hartley** who achieved three 1st places in the 50m Breaststroke, Freestyle and Butterfly races and a 2nd place in the 50m Backstroke. The other medallist was **Jack Coyne** who finished 3rd in the 50m Freestyle. Other swimmers in this age group included **Olivia Pratt**, **Thomas Flanagan** and **Callum Riley**.



In the 10yr Age Group **Francesca Harrison-Bradley** and **Ainsley Dibb** produced personal best times.

In the 11yr Age Group **Chris Bates** achieved a 2nd place in the 50m Breaststroke and **Rhys Moore** achieved a 3rd place in the 50m Butterfly. Other swimmers in this age group included **Charlotte Beech** and **Molly Frankland**.

In the 12yr Age Group **Emily Cott** achieved three 1st places in the 50m Backstroke, Freestyle and Butterfly races with a 3rd place in the 50m Breaststroke. The other medallist was **James Blackburn** who finished 1st in the 50m Backstroke in a personal best time. Other swimmers in this age group were **Kieron Hartley** who produced six personal best times from six swims and **Bethany Moore**.

In the 13yr Age Group **Sam Bainbridge** achieved a 2nd place in the 50m Freestyle and a 3rd place in the 50m Breaststroke.

In the 14yr Age Group **Laura Foulkes** achieved a 1st place in the Open 50m Freestyle Junior and three 2nd places in the 50m Freestyle, Butterfly, Open 50m Freestyle Senior and a 3rd place in the 50m Breaststroke. The other medallist was **Ashley Honeyman** who finished 3rd in the 50m Breaststroke.

In the Open Age Group **William Harrison** achieved eight 1st places from four swims by winning the Junior and Senior age groups in the Open 100m Backstroke, Butterfly, Freestyle and Open 50m Freestyle events, all in personal best times. The other medallists were **Kathleen Walsh** who finished 2nd in the Open 50m Freestyle Junior resulting in a 3rd in the Senior, and **Matthew Lonsdale** who finished 3rd in the Open 100m Butterfly in a personal best time. Other swimmers competing in the Opens were **Emma Scott-Miller** and **Natalie Cowgill**.

In the final event of the day, the Mixed Open Age 4 x 50m Freestyle Team, Colne swimmers **Laura Foulkes**, **Emily Cott**, **Matthew Lonsdale** and **William Harrison** produced a superb team performance by bringing home the gold in a time of 1:52.85.

The meet was rounded off with the news that Colne ASC were awarded the **Top Club Trophy** for gaining the most points on the day.

Scottish National Masters Championships

On Friday and Saturday, 21st and 22nd April, four members of the Colne ASC Masters Team took part in the Scottish National Short Course Masters Championships held at the Tollcross Park Leisure Centre, Glasgow.

Karen Driver swimming in the 35 to 39 years age group was in very good form despite suffering with a shoulder injury competed in the 200m, 400m and 800m Freestyle events. She won all of them in new personal best times and also was the fastest female swimmer overall in those events.

Tony Catterall swimming in the 60 to 64 years age group also won all of his events as he competed in 400m and 800m Freestyle, 200m and 400m Individual Medley, 200m Backstroke, 200m Breaststroke and 200m Butterfly.

Bob Whittaker swimming in the 35 to 39 years age group finished 3rd in 800m Freestyle in a new personal best time, 3rd in 200m Freestyle and 4th in 400m Freestyle setting a new personal best time.

Philip Croxall swimming in the 35 to 39 years age group finished 3rd in 200m Breaststroke, 4th in 100m Freestyle, 5th in 100m Breaststroke and 5th in 200m Individual Medley.

Health and Safety

At a recent teacher's meeting it was decided that ALL metal water bottles will be banned from the pool side. Anyone bringing them will have them confiscated and returned after they have finished their lesson.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk

Forthcoming Events:

27th/28th May	Inter-Association Gala. Blackpool
29th May	Bank Holiday Monday. See Notice Board
3rd/4th June	North-West Region Age Groups. Aquatics Centre
8th June	Own Age Group Gala. Pendle Leisure Centre
10th/11th June	North-West Region Age Groups. Aquatics Centre

16th-18th June	GB Masters Championships. Aquatics Centre
23rd June	Micro League Fixture. Away at Rosegrove
27th-30th July	ASA National Age Group Championships. Sheffield
1st-6th August	ASA National Youth Championships. Sheffield
7th September	Friendly League Fixture. Away to Pioneer '79
18th September	Friendly League Fixture. Away to Haslingden.



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Lancashire County Championships

On the 11-12th March weekend, Colne ASC had five swimmers competing at the **Lancashire County Championships & Age Groups** (Manchester Aquatics), Sessions No.1 to 4. A total of four medals were achieved over the weekend with one 2nd and three 3rd places, reaching no fewer than five finals between them, 17 personal best times, with 6 ASA North West Region qualifying times.

Sam Bainbridge competing in the 12yr Age Group achieved two 3rd places in the finals of the 100m Breaststroke and 100m Freestyle, the latter in an ASA North West Age Group qualifying time and an 8th place in the 200m Freestyle.

Emily Cott competing in the 12yr Age Group produced seven personal best times from seven swims achieving a 3rd and 5th place in the finals of the 100m Freestyle and 100m Backstroke respectively, both ASA North West Age Group qualifying times, with an 8th place in the 50m Freestyle and a 9th place in the 200m Backstroke. In the 100m Freestyle Emily qualified for the final in a personal best time of 1:07.68 in joint 8th place, so had to swim-off to be in the final producing a 1:06.20, and in the final set a further personal best time of 1:05.73, knocking 2 seconds off her personal best time in the space of 2 hours and is now within 0.54 off her National Qualifying time for that distance.

Laura Foulkes competing in the 14yr Age Group achieved a 12th place in the 50m Freestyle and a 20th place in the 100m Freestyle, both personal best times in a 50m pool.

Joshua Finch competing in the 15yr Age Group achieved an 11th place in the 200m Freestyle and a 15th place in the 100m Freestyle achieving ASA North West Region Youth qualifying times in the process.

On the 18-19th March weekend, Colne ASC had six swimmers competing at the **Lancashire County Championships & Age Groups** (Manchester Aquatics), Sessions No.5 to 8. A total of 13 medals was achieved over the weekend with four 1st, six 2nd and four 3rd places, 17 personal best times, with 3 ASA North West Region and 1 ASA National qualifying times.

Birthdays - April

5th Bethany Gribble; 7th Henry Frankland; 9th Olivia Robbins; 10th Betty Willoughby; 12th Clare Taylor; 14th Adam Davies; 16th Louis Bancroft; 19th Hannah Williams; 20th Lauren Pratt, Olivia Gregson and Sarah Kelly; 25th Jasmine Holland; 26th Patricia Taylor; 28th Avril Greenwood.

Birthdays - May

3rd Callum Grant and Allana Shaw; 4th Cherry Whittaker; 6th Jonathon Beech and Alice Parkinson; 7th Simon Hardwick and Annabel Chadwick; 8th Janet Knowles; 11th Emma Summersgill; 13th Matthew Sutton; 14th Anne Fry; 15th Jordan Conway; 17th Beatrice Milner; 21st Nicolas Staton; 22nd Hannah Shepherd; 24th Emma Burniston; 25th Laura Foulkes and Julia Ingham; 26th Norma Brennan; 27th Rhiannon Day; 29th William Harrison and Kathleen Walsh; 31st Emma Burniston and Barbara Burrows.

Birthdays - June

1st Philip Honeyman, Jack Penswick and Kathy Stead; 3rd Charlotte Beech; 4th Aneurin Robinson; 5th Joshua Moore; 6th Jordan Finch; 7th Amanda Kelly; 9th Justine Ellis; 10th William Taylor; 14th Thomas Flannagan; 15th Chris Bates; 19th Lydia Simm; **20th Cherry Wilkinson**; 29th Daniel Scothern; 30th Bryony Bancroft.

Apologies to Menna Roberts whose birthday was on 16th March.

Morgan Hartley competing for the very first time in the 9yr Age Group achieved a 3rd place in the 50m Breaststroke, a 9th place in the 50m Butterfly, a 13th place in the 50m Freestyle and a 15th place in the 50m Backstroke all in personal best times.

Sam Bainbridge competing in the 12yr Age Group achieved a 1st place in the 50m Breaststroke, a 2nd place in the 50m Freestyle, and a 3rd place in the 50m Butterfly, all personal best times in a 50m pool.

Emily Cott competing in the 12yr Age Group achieved a 11th and 13th place in the 200m & 400m Freestyle respectively, both ASA North West Age Group qualifying times, with a 4th place in the 50m Backstroke, a 13th in the 50m Breaststroke and a 26th place in the 200m IM all in personal best times.

Joshua Finch competing in the 15yr Age Group achieved a 1st place in the 200m Butterfly, a 2nd place in the 50m Butterfly and a 9th place in the 50m Freestyle, the latter in an ASA North West Region Youth qualifying time.

William Harrison competing in the 16yr Age Group achieved a 1st place in the 50m Backstroke and 50m Freestyle, the latter in an ASA National qualifying time, a 2nd place in the 50m Butterfly and a 6th place in the final of the 100m Open Freestyle. Further medals were gained in the junior (16yr & under) and senior (open) age groups for the above events as well which included two 2nd and 3rd places in the junior, and a 2nd in the senior.

Matthew Lonsdale competing in the Open Age Group achieved a 16th in the 100m Freestyle, a 17th in the 50m Butterfly and 37th in the 50m Freestyle.



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Micro League

Since the last issue we have had three of the four fixtures, one at home and the others at Lancaster and Clitheroe. We knew at the beginning of the season that it would be tough for us, a small town club, who were competing against teams with much larger squads. Despite this, our young swimmers gave their all, and several got faster with each gala.

On Saturday 1st April, we were hosts to teams from Chorley, Preston 'B' and Garstang. The contest was fairly even among the four teams with Chorley having the slightly better results. Throughout the course of the night Colne's young swimmers achieved 27 personal bests in the 32 individual races.

After all the individual and relay races were swum there was one race left which was the cannon, which comprised a boy and girl from each age group to make a team of eight swimmers. At the juncture Colne and Preston 'B' were level on 117 points each and both teams were in lanes next to each other. So as each swimmer went in the noise level grew as Colne and Preston were neck and neck. In the end the final Preston swimmer had the better finish edging out the Colne swimmer.

On Sunday, 7th May, our young (9 - 12 years) swimmers travelled to Salt Ayre Pool in Lancaster to take part in the 2nd fixture.

We competed against teams from Clitheroe, Garstang and Lancaster. Despite a valiant effort it proved too much for the young swimmers as they finished behind all the other teams. Yet several of the swimmers did set new personal best times.

On Friday, 19th May, we travelled to Clitheroe's Ribblesdale Pool to compete against Clitheroe, Chorley and Garstang. It was another valiant effort with several swimmers yet again lowering their personal bests.

Results:

Chorley	148	Lancaster	153	Chorley	154
Preston 'B'	120	Clitheroe	126	Clitheroe	128
Colne	119	Garstang	107	Colne	110
Garstang	100	Colne	96	Garstang	88

This just leaves one remaining fixture away at Rosegrove on Friday, 23rd June. The warm-up starts at 7pm.

Sad News

Sadly our eldest swimming member Eva Hughes died peacefully on Tuesday, 16th May. She was only small in stature but large in heart. She was always the first to enter the water, no matter what the temperature of the water may have been, putting some of the younger members to shame. In February she celebrated her 98th birthday in great style. A special table in the café area of the pool had been provided by Pendle Leisure Centre, decorated with balloons and party hats and a special "crown" for Eva to wear. She sat at the head of the table, surrounded with cards and flowers, with all the members of the Friday night class who cut short their lesson to join in the celebrations. A special cake had been provided by our special cake-maker.

Eva embraced life with such gusto taking on many challenges in her later life. She learnt to swim when she was 90 years young, proving that it's never too late. She also attended swimming classes at Pendle Leisure Centre even attending sessions in the gym, with such enthusiasm it was very difficult to realise just how old she was.

She was a very quiet unassuming person, never wanting a fuss to be made of her, but was always very bright and cheerful.

Four weeks ago she fell and broke her hip, and sadly never recovered from it. She passed away peacefully, just as she lived her life not wanting to be a bother to anyone.

She will be sorely missed.

Friendly League

On Thursday, 23rd March, we were hosts to Pioneer '79 in our latest fixture. Throughout the course of the night Pioneer proved to be too strong for Colne and ran out winners by 68 points to 51. Despite the defeat Colne swimmers amassed 15 personal bests between them.

On Thursday 6th April, we finally got our first win in the League when we beat Haslingden ASC 67 points to 50. Throughout the course of the evening the 'A' swimmers recorded 16 personal bests between them. This was our final home fixture of the season.

On the evening of Monday, 15th May, we travelled to Ramsbottom for our next fixture. Despite several personal bests from the Colne swimmers, Ramsbottom ran out winners 66 points to 53.

This now leaves just two remaining fixtures which will take place in September against Pioneer '79 and Haslingden.

Yorkshire SA Masters Championships

On Saturday, 13th May, two members of the Colne ASC Masters Team travelled to Scarborough to take part in the Yorkshire Swimming Association Open Masters and 19-24 Age Group Championships 2006.

Philip Croxall swimming in the 35 to 39 years age group finished 1st in 50m and 100m Breaststroke, 2nd in 50m Freestyle in a new personal best time of 27.60 and 3rd in 100m Freestyle.

Bob Whittaker also swimming in the 35 to 39 years age group finished 2nd in 200m Freestyle, 2nd in 100m Backstroke in a new personal best time of 1:18.85, 2nd in 50m Backstroke, 4th 50m Butterfly and 7th 50m Freestyle.

Other News

Adult Swimming Member Mrs. Maureen Thornburrow and her husband are raising funds for the N.S.P.C.C. by walking from Lands End to John O'Groats.

Thanks to the Community Foundation for Merseyside we were able to purchase 70 new pairs of short fins (zoomers).