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Colne Amateur Swimming Club Newsletter: February 2006 Issue: 36

Most Improved Swimmers

The most improved swimmers from June 2005 to January 2006 are:

Boys

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1. Mark Honeyman	17.40%
2. Jonathon Beech	16.32%
3. Daniele Santabarbara	11.03%

Girls

1. Olivia Robbins	11.92%
2. Olivia Pratt	10.99%
3 Francesca Harrison-Bradley	9 70%



Mark and Olivia receiving their awards from Chairman Martin

Birthdays - February

1st Oliver Holland and Charlotte Durcan; 4th Jack Coyne; 5th Elsie Chardwick; 11th Thomas Bentham; 12th James Arnott; 14th Lucy Myers Congratulations to our eldest member of the Club, Eva Hughes who is 98 years young on the 9th.

Birthdays - March

3rd Andrew Croxall; 4th Olivia Pratt; 5th Katie Lonsdale; 7th Celia Foulkes-Bolton; 11th Aimee Grant; 18th Hamish Graham and Megan Locke; 19th Rheannon Davies; 20th Jordan Arnott; 21st Vinny Robinson; 22nd Chloe Chew; 23rd Sam Bainbridge; 26th Natalie Cowgill; 31st Ashley Honeyman

Micro League Fixtures

Saturday	1st April Warm-up Teams	Home 6:30pm Colne, Ga	Pendle Leisure Centre rstang, Chorley, Preston B
Sunday	7th May Warm-up	Away 5:15pm	Salt Ayre, Lancaster
	Teams		Clitheroe, Colne, Garstang
Friday	19th May Warm-up	Away 7:15pm	Ribblesdale Pool, Clitheroe
	Teams		Colne, Garstang, Chorley
Friday	23rd June Warm-up	Away 7:00pm	Padiham Pool, Rosegrove
	Teams		e, Lancaster, Clitheroe, Colne

Team selection and transport details will be placed on the Notice Board prior to the Galas.

Other News

Congratulations to Club Member Mrs. Maureen Thornborrow who received an MBE in the Queen's Birthday Honours List back in December.

Starts and Turns

There will be starts and turns sessions available on the following dates:

Sat. 25th February Friendly League Swimmers

Sat. 25th March Micro League Swimmers

These sessions are from 6:00pm whilst 7:30pm

Rotherham Masters Meet

On Sunday, 22nd January, 4 members of the Masters Team travelled to Sheffield's Ponds Forge International Sports Centre to take part in Rotherham Metro ASC Open Masters Meet. The event was held over the long course distance of 50m per length.

Swimming in the Masters category for the first time, Rachel Ingham competed in the 19 to 24 years age group where she finished 2nd in 200m Freestyle and 5th in 50m and 100m Breaststroke.

The other three members were all swimming in the 35 to 39 years age group. Karen Driver, who has just moved up to the age group, finished 1st in the 200m & 400m Freestyle, 2nd in the 100m Breaststroke and 400m Individual Medley, and 3rd in the 100m Freestyle and 200m Individual Medley.

Philip Croxall finished 1st in the 100m Butterfly, 400m Individual Medley, 100m Breaststroke and 200m Freestyle, and 2nd in the 200m Individual Medley and 100m Freestyle.

Bob Whittaker finished 2nd in the 400m Freestyle and 100m Backstroke, 3rd in the 50m Backstroke and 50m Freestyle and 4th 50m Butterfly.

Central Lancashire Prelim Age Groups

On the 28-29th January weekend, we had 13 swimmers competing at the Central Lancashire Prelim Age Groups (Salford), Gala No. 1 & 2 of 4, whereby they continue to build on the success of 2005. In only the two days they have nearly surpassed last years medal haul of twenty spread over the 4 galas. A total of 19 medals have been achieved over the weekend with six 1st, six 2nd and seven 3rd places, reaching no fewer then 19 finals between them and 21 personal best times. Joshua Finch competing in the 15 year age group was the outstanding swimmer achieving three 1st places (100m & 200m Butterfly and 50m Breaststroke) and two 2nds (200m Freestyle and 50m Backstroke). Other successful swims included: William Harrison (16) achieving two 1st (100m Butterfly and 50m Backstroke) and a 3rd (200m Freestyle); Emily Cott (12) who had a 1st (100m Backstroke) a 2nd (50m Butterfly) and a 3rd (50m Freestyle); Laura Foulkes (14) who had a 2nd (100m Freestyle) and a 3rd (50m Freestyle); 2nd places were achieved with Sam Bainbridge (12) (50m Breaststroke) and Thomas Wilson (15) (400m Freestyle) and 3rd places for Emma Scott-Miller (16) (50m & 100m Freestyle and 100m Backstroke) and Matthew Lonsdale (17) (100m Butterfly).

Other swimmers achieving personal bests were Francesca Harrison-Bradley (10) (50m Butterfly & 50m Freestyle); Natalie Cowgill (14) (50m Butterfly & 100m Backstroke); Simon Hardwick (14) (200m Breaststroke); Molly Frankland (11) (100m Freestyle). And Ben Fielding (13) had a top 10 finish in 200m Freestyle.

child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would parents please note that once your Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

their address or telephone number please inform the Secretary.

Could anybody changing If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk

Forthcoming Events:

25th February 25th February 2nd March 8th March

11/12th February Central Lancs Age Groups. Broughton Pool Aquabears Masters Meet. Broughton Pool Starts and Turns Session. Pendle Leisure Centre Friendly League Fixture. Home to Ramsbottom Financial AGM. Colne Cricket Club. 8pm

11/12th March 18/19th March 23rd March 25th March 1st April 6th April

Lancashire County Age Groups. Aquatic Centre Lancashire County Age Groups. Aquatic Centre Friendly League Fixture. Home to Pioneer '79 Starts and Turns Session. Pendle Leisure Centre. Micro League Fixture. Home Friendly League Fixture. Home to Haslingden