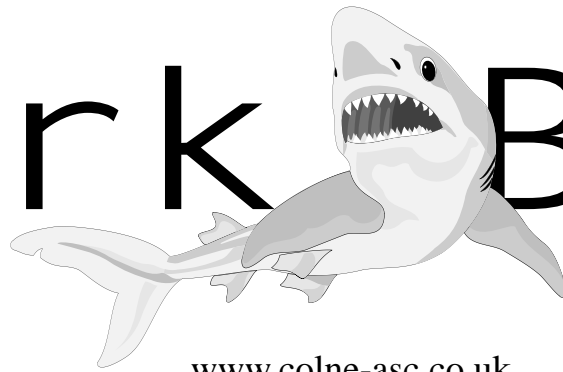


# Shark Bytes



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Colne Amateur Swimming Club Newsletter: April 2005

Issue: 30

## Central Lancashire Championships 2005

On Saturday, 16th April, 18 members of The Club took part in the Central Lancashire Championships, held at the Manchester Aquatics Centre 50m Pool. The age groups were divided into 9-14 years and open with juniors (15/17) and seniors (18+).

The star performer was William Harrison who swimming as a Junior won all of his events. In doing so beat all the Seniors to win the 50m Freestyle and 100m Butterfly events. He was 2nd overall for the 100m Freestyle and 100m Backstroke events. Also winning were Emily Cott in the 11 years 50m Backstroke, and Joshua Finch in the 14 years 50m Freestyle and 50m Breaststroke.

### Results:

Swimming in the Girls 9 to 14 years age group

Molly Frankland (10) - 6th 50m Breaststroke; 16th 50m Freestyle; 9th 50m Butterfly

Charlotte Beech (10) - 12th 50m Breaststroke; 11th 50m Freestyle; 6th 50m Butterfly

Emily Cott (11) - 2nd 50m Freestyle; 1st 50m Backstroke; 9th 50m Butterfly

Jolene Whalley (11) - 3rd 50m Breaststroke; 16th 50m Freestyle; 21st 50m Backstroke; 16th 50m Butterfly

Charlotte Durcan (11) - 14th 50m Breaststroke; 25th 50m Freestyle; 12th 50m Butterfly

Bethany Moore (11) - 26th 50m Freestyle; 22nd 50m Backstroke

Laura Foulkes (13) - 8th 50m Breaststroke; 5th 50m Freestyle; 8th 50m Backstroke; 6th 50m Butterfly

Natalie Cowgill (14) - 8th 50m Freestyle; 7th 50m Butterfly

Swimming in the Boys 9 to 14 years age group

Christopher Bates (10) - 2nd 50m Breaststroke; 5th 50m Freestyle

Timmy Scott-Miller (11) - 10th 50m Freestyle; 11th 50m Backstroke; 8th 50m Butterfly

Kieron Hartley (11) - 8th 50m Breaststroke; 15th 50m Freestyle; 15th 50m Backstroke

Sam Bainbridge (12) - 4th 50m Breaststroke; 3rd 50m Freestyle; 10th 50m Backstroke; 2nd 50m Butterfly

Simon Hardwick (13) - 2nd 50m Breaststroke; 6th 50m Freestyle

Joshua Finch (14) - 1st 50m Breaststroke; 2nd 50m Freestyle; 1st 50m Butterfly

Thomas Wilson (14) - 9th 50m Freestyle



Swimmers attending Championship with William's horde of Trophies.

Swimming in the Women's Open age group

Emily Cott (11) - 20th in 100m Backstroke; 15th 100m Butterfly; 22nd 100m Freestyle; 20th 200m Individual Medley

Emma Scott-Miller (Junior) - 23rd 100m Backstroke; 18th 100m Freestyle; 8th 50m Freestyle

Natalie Cowgill (14) - 14th 100m Butterfly; 19th 100m Freestyle

Charlotte Durcan (11) - 25th 100m Breaststroke

Laura Foulkes (13) - 8th 100m Freestyle

Jolene Whalley (11) - 44th 100m Freestyle; 30th 200m Individual Medley

Charlotte Beech (10) - 29th 200m Individual Medley

Swimming in the Men's Open age group as juniors

William Harrison (Junior) - 2nd Senior/1st Junior 100m Backstroke;

1st Senior/1st Junior 100m Butterfly; 2nd Senior/1st Junior 100m Freestyle; 1st Senior/1st Junior 50m Freestyle

Joshua Finch (14) - 3rd Senior/2nd Junior 100m Butterfly; 10th 200m Individual Medley

Matthew Lonsdale (Junior) - 4th Senior/3rd Junior 100m Butterfly; 4th Senior/3rd Junior 100m Freestyle; 4th Senior/3rd Junior 50m Freestyle

Thomas Wilson (14) - 19th 100m Freestyle

Simon Hardwick (13) - 23rd 100m Freestyle

Sam Bainbridge (12) - 28th 100m Freestyle; 15th 200m Individual Medley

In the Men's/Women's Open 4x50m Freestyle Team

Emma Scott-Miller, Laura Foulkes, Matthew Lonsdale and William Harrison finished 2nd

## Micro League

In the first Micro League fixture of the season we were hosts to teams from Blackburn, Preston and Garstang. From the first race Blackburn proved to be far too strong for all the other teams, and they ran away with the victory with 177 points. The battle for second was much closer and despite going down to the last race, Garstang edged out Colne by 105 points to 104. Whilst left trailing in 4th place were Preston 'B' on 90 points.

## Starts and Turns Session

There will be a Starts and Turns session on Saturday, 7th May at Pendle Leisure Centre. It will start at 6:00pm and ends at 7:30pm.

There will be another on Saturday, 11th June.

It is important that all swimmers who have been selected for the Micro League and Friendly League teams turn up for these sessions.

## Club Session Cancelled

There will be no Swimming Club on Thursday, 5th May due to the County Council and General Elections.

There will be a session on Bank Holiday Monday, 2nd May.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: [philip@croxall.demon.co.uk](mailto:philip@croxall.demon.co.uk)

## Forthcoming Events:

28th April: Friendly League Fixture. Home to Pioneer '79  
30th April: Northern Counties Youth Championships  
- 1st May: Manchester Aquatics Centre.  
4th May: Committee Meeting. Colne Cricket Club  
5th May: NO CLUB SESSION due to General Election

6th May:

7th May:

14th May:

16th May:

20th May:

3-5 June:

Micro League Fixture. Away at Padiham

Starts and Turns Session. Pendle Leisure Centre.

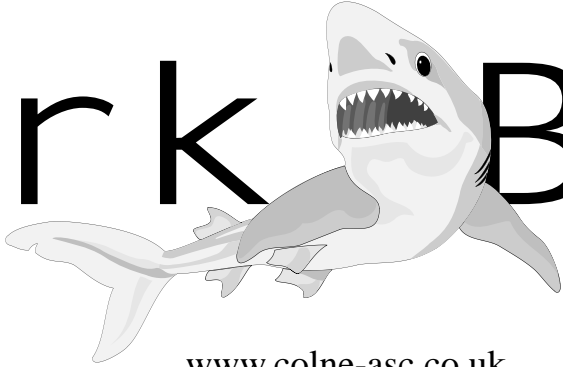
Yorkshire ASA Masters. Scarborough

Friendly League Fixture. Away at Ramsbottom

Micro League Fixture. Away at Clitheroe

Great Britain Masters Championship. Glasgow.

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Colne Amateur Swimming Club Newsletter: April 2005

Page: 2

## Friendly League

On Thursday, 10th March, Colne ASC were hosts to Darwen in their first Friendly League Fixture of the Season. We proved to be too strong for the visitors as we ran out 65 points to 51 victors, yet with 10 races to go the situation was much tighter as we only led 45 points to 41. The young Colne swimmers underlined their performance by setting no fewer than 15 personal bests between them.

We again proved too be strong for our hosts in the return fixture against Darwen on Thursday, 7th April. Colne ran out 70 points to 49 victors leading from the first race to the last, winning 29 of the 38 races, losing only 8 and dead-heat for the other.

This was a good opportunity for the swimmers to achieve good times, with the pool only being 25 yards long as opposed to the our pool which is 25 metres, and they didn't disappoint.

In all it was a good team performance and sets up nicely for the forthcoming fixtures against Pioneer '79 and Ramsbottom.

## Darlington Masters

On Sunday, 17th April, the older members of Colne ASC were swimming in the Darlington Dolphin Masters Gala

Swimming in his first ever masters event, Chris Wood in the 19 to 24 years age group finished 1st 100m Breaststroke; 1st 200m Freestyle; 2nd 100m Butterfly and 4th 100m Freestyle.

In the 30 to 34 years age group, Karen Driver finished 1st 50m Breaststroke; 1st 200m Freestyle; 2nd 50m Backstroke; 2nd 100m Individual Medley; 2nd 100m Backstroke; 2nd 100m Breaststroke and 3rd 100m Freestyle.

In the 35 to 39 years age group Philip Croxall finished 1st 100m Breaststroke; 1st 50m Freestyle; 3rd 100m Freestyle; 3rd 200m Freestyle and 5th 100m Individual Medley.

Also in the 35 to 39 years age was Bob Whittaker who finished 2nd 50m Butterfly; 3rd 50m Backstroke; 4th 50m Breaststroke; 5th 50m Freestyle and 7th 100m Individual Medley.

## Birthdays - April

4th Samuel Cleasby; 5th Bethany Gribble; 7th Henry Frankland; 9th Olivia Robins; 14th Adam Davies; 16th Olivia Reeves; 19th Hannah Williams and Declan Martin; 20th Olivia Gregson and Sarah Kelly; 22nd Lucy Hartley; 25th Jasmine Holland

## Birthdays - May

3rd Callum Grant; 4th Cherry Whittaker and Jack Dowling; 6th Jonathan Beech; 7th Simon Hardwick; 8th Alex Chew; 11th Emma Summersgill; 13th Matthew Sutton; 15th Jordan Conway, Ruth Glasgow and Sophie Greenwood; 17th Jessica Pinder; 22nd Hannah Shepherd; 24th Emma Burniston; 27th Rhiannon Day; 28th Ruth French; 29th William Harrison; 31st Samantha Burniston.

## Age Group Gala

There will be an age group gala on Thursday, 9th June. The swimmers (boy and girl) who have shown the most improvement over all four strokes will be presented with the Most Improved Swimmer Trophy. To be eligible for this trophy the swimmers must have done all four strokes in the January Age Group Gala.

Certificates will be available for all swimmers regardless of how many strokes they swim.

There will also be a new Personal Log Book presented to each swimmer. This will enable the swimmer to keep a record of all their swims.

## City of Salford Spring Open Meet

Colne swimmer Emily Cott (11) represented BOBCATS in the City of Salford Spring Open Meet on the weekend of 2nd and 3rd of April. Emily finished 1st in 100m Backstroke, 2nd in 100m Freestyle and 3rd in 200m Individual Medley all in new personal best times.

She also achieved personal bests in the 200m Freestyle, 100m Butterfly and 100m Breaststroke.

Whilst it is recommended that ALL swimmers bring water bottles as fluid intake is important, it would be much appreciated if the said swimmers could remove them at the end of the lesson.

It also would be most helpful if the swimmers could assist the teacher by returning the floats and flippers back to the baskets.

Thank-you.  
COMMITTEE