

Colne Amateur Swimming Club Newsletter: November 2004

Issue: 26

Masters Round-up

North East Counties Masters Championships 2004 On the weekend of 18th/19th September John Penswick travelled to Scarborough to compete in the North East Counties

He was swimming in the 65 to 69 years age group and finished 2nd in the 100 metres Breaststroke, 3rd in the 100 metres Individual Medley and 3rd in the 50 metres Breaststroke.

Northern Counties Masters Championships 2004

On Saturday, 16th October, Philip Croxall and Bob Whittaker travelled to Macclesfield to take part in the Northern Counties Masters.

Swimming in the 35 to 39 years age group, Philip, finished 1st in the 100 metres Freestyle, 1st in the 200 metres Freestyle and 3rd in the 50 metres Freestyle. In the 200 metres event he was the fastest swimmer overall.

Bob was swimming in the 30 to 34 years age group and finished 3rd in the 100 metres Individual Medley, 4th in the 50 metres Backstroke, 4th in the 50 metres Butterfly, 4th in the 50 metres Breaststroke and 5th in the 50 metres Freestyle.

ASA National Masters Championships 2004

On the long weekend of 29th to 31st October, Tony Catterall and Philip Croxall travelled to Sheffield's Ponds Forge International Sports Centre to take part in this years ASA National Masters.

Tony swimming in the 55 to 59 years age group, finished 1st in the 200 metres Butterfly, 2nd in the 400 metres Individual Medley and 1500 metres Freestyle, 4th in the 100 metres Breaststroke and 5th in the 200 metres Breaststroke.

Philip swimming in the 35 to 39 years age group, finished 7th in the 100 metres Breaststroke, 8th in the 200 metres Individual Medley and 17th in the 100 metres Freestyle. He also set a new personal best in the freestyle, but failed to get below the minute with a time of 1:00.02.

Championship Gala

The entry forms for this years Championship Gala are now available from Mrs Croxall. The Galas will be held on 2 consecutive Thursdays the 18th and 25th November.

The warmup start at 7:00pm prompt with the gala starting at 7:15pm. If you are late for your event you will miss your event.

Warburtons Age Groups

The Warburtons were held at Broughton Pool on Sunday's 3rd, 24th and 31st October. The star performer was William Harrison who set no fewer than 3 new records in the 15 year age group (50 and 100m Freestyle, and 50m Butterfly). Swimming in the 9 year age group were:

Cherry Whittaker; 3rd 50m Butterfly (PB), 9th 100m Indivdual Medley (PB). Francesca Harrison-Bradley; 11th 50m Backstroke (PB), 24th 50m Freestyle (PB).

In the 11 year age group were:

Emily Cott; 8th 200m Individual Medley (PB), 8th 100m Backstroke (PB), 10th 50m Freestyle (PB), 6th 50m Backstroke, 16th 100m Freestyle (PB), 14th 50m Breaststroke (PB).

Charlotte Durcan; 19th 50m Butterfly (PB), 12th 50m Breaststroke (PB).

Sam Bainbridge; 9th 50m Butterfly (PB), 9th 50m Freestyle (PB), 8th 50m Backstroke (PB), 17th 100m Freestyle (PB), 7th 50m Breaststroke (PB).

Jolene Whalley; 8th 100m Breaststroke (PB), 19th 50m Freestyle, 24th 100m Freestyle (PB), 7th 50m Breaststroke.

Kieron Hartley; 8th 100m Breaststroke (PB), 17th 50m Freestyle (PB), 13th 50m Backstroke, 19th 100m Freestyle (PB), 11th 50m Breaststroke (PB).

James Blackburn; 15th 50m Freestyle (PB), 4th 50m Backstroke (PB), 18th 100m Freestyle (PB).

In the 13 year age group were:

Natalie Cowgill; 10th 100m Butterfly (PB), 12th 100m Freestyle (PB).

Joshua Finch; 3rd 100m Butterfly (PB), 9th 100m Freestyle (PB), 6th 50m Breaststroke (PB), 7th 200m Individual Medley (PB), 1st 50m Butterfly (PB), 7th 50m Freestyle (PB).

Laura Foulkes; 10th 50m Backstroke (PB), 8th 100m Freestyle (PB), 200m Individual Medley (PB but DISQ), 6th 50m Freestyle.

In the 15 years age group were:

William Harrison; 2nd 100m Backstroke (PB), 1st 50m Butterfly (PB, New Record), 1st 50m Freestyle (PB, New Record), 2nd 100m Butterfly (PB), 1st 50m Backstroke, 1st 100m Freestyle (PB, New Record), 3rd 200m Individual Medley. Matthew Lonsdale; 100m Butterfly (DISQ), 5th 100m Freestyle.

There were 4 x 50 metres relays held in the afternoon session of the 3rd gala, with the best results being 4th for the 9/10 year boys freestyle and 5th for the 13/14 year mixed freestyle and 11/12 year boys freestyle teams.

Starts and Turns

There will be a starts and turns session on Saturday, 13th November, commencing at 6:00pm and running till 7:30pm.

For those of you swimming in the Championship Gala this will be a good opportunity to fine tune those starts and turns.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: philip@croxall.demon.co.uk

Forthcoming Events:

13th November Start and Turns 18th November Championship Gala No.1 Pendle Leisure Centre 19th November Friendly League Final Championship Gala No.2 Pendle Leisure Centre 25th November 4th December Christmas Sprint Gala

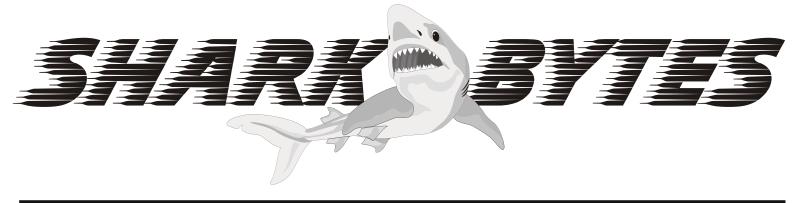
Pendle Leisure Centre Pendle Leisure Centre Pendle Leisure Centre

10th December 25th December 2005 23rd January 29/30 January

Presentation and Disco Christmas Day

Barrowford Civic Hall Wherever you want

Rotherham Masters Sheffield Central Lancs Age Group Bury 12/13 February Central Lancs Age Group Bury



Colne Amateur Swimming Club Newsletter: November 2004

Page: 2

Birthdays - November

2nd Kaleena Hargreaves; 5th Matthew Hodkinson; 6th Emma Scott-Miller; 10th Rachel Ingham; 11th Timmy Scott-Miller; 14th Catherine Ackroyd; 18th Imogen Sutton; 19th Alfie Whalley; 20th Oliver Baybutt-Peyton; 22nd Joshua Finch; 24th Amie Proud; 26th Oliver and Jordan Slater; 28th William Proctor.

Other News

Swimming teacher Chris Domoney has just competed in this years **Iron Man** triathlon in Hawaii. Despite the windy conditions he finished in a respectable 18th out of 85 in his age group 50 to 54 years. Overall he finished the gruelling 2.4 mile swim, 112 mile bike ride and a 26.2 mile run in 794th place managing to do a personal best in the run. He completed the course in 11 hours 45 minutes and 14 seconds. The fastest competitor did it in 8 hours 33 minutes and 26 seconds, but he was a 26 year old professional triathlete!

Congratulations to Oliver Baybutt-Peyton for being selected for the Great Britain Fencing Team.

Friendly League Final Results

Division 1

| Division I | |
|---------------|-----------|
| Ramsbottom | 10 points |
| Pioneer 79 | 10 points |
| COLNE | 4 points |
| West Craven | 0 points |
| Division 2 | • |
| Darwen | 10 points |
| Great Harwood | 10 points |
| Haslingden | 4 points |
| Burnley | 0 points |
| Division 3 | |
| Skipton | 16 points |
| Accrington | 12 points |
| Rawtenstall | 4 points |
| Todmorden | 4 points |
| Nelson | 4 points |
| | |

The swim off takes place at Pendle Leisure Centre on Friday, 19th November. Commencing at 7:00pm. Ramsbottom will be there as Division 1 Champions, with West Craven and Darwen swimming off for a place in Division 1, and Burnley and Skipton swimming off for a place in Division 2.

Committee

We now have a new Treasurer in Mrs. L. Fort who takes over from Mrs. S. Summersgill straight away. We also have two new Membership Secretaries in M. Whitham and S. Pickles. And finally Mr. M. Charldwood takes over the vacant Vice-Chairman's position.

| Chairman | Mr. M. Jackson |
|------------------------|-------------------|
| Vice Chairman | Mr. M. Charldwood |
| Hon. Gen. Secretary | Mrs. J. Croxall |
| Hon. Treasurer | Mrs. L. Fort |
| Membership Secretaries | M. Whitham |
| | S. Pickles |
| Competition Secretary | Mrs. S. Cott |
| Press Secretary | Mr. P. Croxall |
| Trophy Secretary | Mrs. G. Anderson |
| Welfare Officer | Mrs. B. Finch |

A new club rule has also been introduced, which requires that **ALL** swimmers in the main club sessions to wear a swimming cap during lessons And that they wear an Official Club swimming cap when representing the Club in competitions.

Championship Gala Trophies

Last years winners of the Championship Gala Trophies must return them to Mrs Anderson in a **cleaned** state. If Mrs Anderson is unavailable please hand to Mrs Croxall.

Presentation and Disco

This years Presentation and Disco will take place on Friday, 10th December at the Civic Hall in Barrowford. The venue is open from 7:00pm with the presentation taking place about 8:00pm. The disco will finish at 11:00pm.

Christmas Sprint Gala

One length sprints open to everybody, yes that includes parents/guardians/carers and **Teachers**. It will be £1 per entry, whether you do one stroke or all four strokes. Prizes will given to the swimmers who gain the most points in their age group.

Entry forms will be available shortly.

Oh, and it all takes place on Saturday, 4th December, with the warmup starting at 6:00pm at the Pendle Leisure Centre.

Web Site Front Page Design Competition

Just a reminder that the competition to design the front page of the imminent Club Web Site closes on the 30th November.

You can submit as many entries as you like.