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Issue 187 January 2024

Annual Presentation Report

Last year we held our Annual Presentation at the Colne Cricket Club on the evening of Saturday, 9th December. It was a cold, wet and windy night as storm Elin rolled in from the Atlantic, but inside the Colne Cricket Club it was warm and dry with constant music from the DJ.

The proceedings started a bit late due to setting up the trophies, but once underway, Andrew gave a brief report on the year culminating in a presentation to Andy, a representative from Pendleside Hospice, with a cheque for £1100. A photo was taken with a few of the swimmers who helped raise some money.

The first of the trophies were to the small pool with the Bramhil Memorial Trophy for achievement being presented to Jack Cardus, who showed quick progress in picking up the strokes, and the John Dobbin Memorial Trophy for courage/bravery went to Emma Mitchell who had started scared, but gradually overcame her fears to start enjoying swimming. Unfortunately, neither Jack nor Emma were there, so will be presented with their trophies on a Club night.

The Betty Petty Style Trophies were then awarded to Olive Tattersall and Henry Clough, followed by the presentation of the trophies won at the Club Championship Galas.

The next presentation was for the age group winners from Thursday's Christmas Sprint Gala. This was followed by the t-shirt presentation for the new Club Captains for 2024, who were Henry Manning and Libby Cox as the senior captains, and Zaviah Cotterill and Adison Croxall as the Junior Captains. Before finally presenting the Two Alberts Trophy for Services to the Club, which went to teacher Jayne Wilkinson.

The final awards of the night were to the Spot-On winners, with Adison Croxall winning £5 being 1.47 seconds off her time. Esme Watson winning £10 for being 0.50 seconds off her time, and Isabelle Teal winning £20 being just 0.18 seconds off her time. Before the buffet was opened and the volume increased by the DJ, a group photo was taken of the trophy winners. Then the party started!

The age group winners from the Christmas Sprint Gala held on Thursday, 7th December were for the girls; Isabella Holt, Connie McIntyre, Sophia Turner, Lilly-Ann Marks, Abigail Scanlan, Emma Cox, Betsy Rider, Matilda Critchley, Isabella Wallace, Eleanor Holgate, Martha Green and Libby Cox.

The boys winners were; Oliver Blackadder, George Marks, Alexander McGregor, Maverick Robson, Edward Green, Daniel Warner, Olexsandr Matsanuik and Thomas Holgate. The parents / teachers winners were Rebecca Rider, Matthew Watson and Andrew Teal. The winners of the Parent and Child relays were a family affair as Isaac Critchley and mum, and Matilda Critchley and dad won.

Annual Subscriptions are Due

Unfortunately due to rising costs, we can announce that the Annual Club Subscriptions for 2024 have been increased. In future, the prices will have to be increased as costs rise further.

The annual subscription was due on 31st December 2023, and renewing members have until Thursday, 1st February in which to pay. Payment terms can be negotiated upon arrangement.

The prices for 2024 are:

Full Swimming Member:

Ass

Adult	£80	
Students	£70	
1st Child	£70	
2nd Child	£60	
Additional Child	£45	
ociate Member	£60	
nmittee Member	£10	

The membership application form for 2024 is now This gala is important as we need available to download from the Club website.

NOTE: Failure to pay by Thursday, 1st February, will mean that you will not be allowed in the water, as you will no longer be insured.

URGENT CLUB NOTICE

Can all swimming club members be aware that the Wave Power changing room policy now prohibits all use of a mobile phone or device in a changing area during all Colne A.S.C. regulated activities. This includes, but is not limited to taking photos, texting, making phone calls and browsing the internet.

February Age Group Gala

The Cherry Wilkinson Memorial Age Group Gala for February will take place on Thursday, 8th February.

The warm-up will be from 6:50pm with the gala starting about

times from the swimmers to work out the teams for the Friendly League when it resumes, usually in March.

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Birthdays January 2024

6th Oscar Astin 12th Philip Croxall 13th Daniel Warner 18th Ivo Mielczarek 27th Isabella Holt and Taylor Humphreys 30th Eva Gregg 31st Edward Green

February 2024

3rd Elliott Shilton 8th Mollie Wright 14th Luke Dawson and Martha Green 21st Roux Glass 22nd Betsy Townsend 24th Orla Burnett 25th Emma Cox

Forthcoming Events:

8th January

First Club session of 2024

10th January

Committee Meeting Online via Zoom. 8pm

11th January

First Small Pool class of 2024

1st February

Swimming Club Trials Small Pool 6:15pm Large Pool 7:30pm

8th February

Cherry Wilkinson Memorial Gala - February Warm-up 6:50pm

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Some rules to help you

your child's swimming lesson has longer responsible for their welfare.

Would parents please note that once Would all Members please note that Colne Swimming Club will not be held responsible finished and they are off the pool for any injury caused to a swimmer failing to side. Colne Swimming Club is no turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk



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February Age Group Gala continued from page 1

The award for the Most Improved Swimmer will be based on your times from the June Age Group Gala last year, provided you did all four strokes...

If you do all four strokes this time you will qualify for the Most Improved Swimmer award at the June Age Group gala, but remember you will have to do all four strokes in June.

Helpers Required

We would like volunteers to offer their services to the desk before the start of the Age Group Gala on Thursday, 8th February. You may not be required but your offer will be appreciated.

We require the following:

6 Time Keepers

At least 2 team organisers/chaperones

At least 1 marshal

At least 2 turn judges

No experience is necessary, but must be patient with the kids all wanting to know if they are swimming.

Clipboards, pens, stopwatches and drinks will be provided.

NOTE: If we don't have enough people helping, then we will have to cancel this gala.

Advanced AGM Notice

The Club's Annual General Meeting has been moved to March this year from October. Notice's as to when the AGM will take place will be posted on the Club Website, Noticeboard and Newsletter.

Raffle Prizes

If anyone has received an unwanted gift this Christmas and hasn't the heart to tell Santa, then you could donate it to the Club, and we can use it as a raffle prize in a forthcoming swimming gala.

Water Bottles

Swimmers are encouraged to bring water bottles with them onto the poolside.

During exercise you will lose body fluids through sweating, so it is important that you replace these fluids and remain properly hydrated.

Water is one of the best fluids that you can use for training, and it can be flavoured with cordial. Do not use fizzy drinks as this will make you feel bloated.

Once your lesson has finished please remember to collect your water bottle and not leave it on the poolside.

easyfundraising

Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising a free donation for **Colne ASC**? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's, who will donate a percentage of the amount you spend to **Colne ASC** to say thank you for shopping with them.

It's really simple, and doesn't cost you anything.

All you have to do is:

- 1. Go to http://www.easyfundraising.org.uk/causes/casc/
- 2. Sign up for free
- 3. Get shopping your donations will be collected by easy fundraising and automatically sent to Colne ASC. It couldn't be easier!

There are no catches or hidden charges and the Club will be really grateful for your donations.

Over the years we have managed to have **29** people sign up, and between them, they have raised £1,746.61, with £89.12 in the last 12 months. We would like to increase this, so if more of you join up and support the Club it would be hugely appreciated.

Thank you to all those who have supported the Club using Easy Fundraising.

Ssssshhh!!

It is important for everybody in the pool environment to be quiet before the start of a race.

This makes it easier for the swimmers to hear the starters instructions.

Once the race has started then you can shout as loud as you want.

Thank you.

Competition Rules

Now that we are in a new year, it is good to remind everyone of a few rules that all swimmers have to adhere to whilst competing.

- 1. Do not move when under starters orders. You only get one chance at the start.
- 2. Backstroke always starts in the water.
- 3. Use two hands on the wall when performing breaststroke and butterfly turns.
- 4. You must always be on your back when swimming backstroke, except at turns.
- 5. Tumble turns only permitted when swimming backstroke or freestyle events.
- 6. Do not stand-up during a race. Unless you are swimming a freestyle event.
- 7. Treat individual medley as four separate races, as you must complete one stroke before going onto the next.
- 8. Individual medley order is butterfly, backstroke, breaststroke and freestyle.
- 9. Medley relays are swum as backstroke, breaststroke, butterfly and freestyle.

New Club Secretary Required

Our current Club Secretary Joan Croxall had stated her intention to step down from her role at the AGM in **October 2021**, but she will look after the role until somebody new steps up, but she cannot do it forever. Joan has been Club Secretary for over 40 years and has overseen the biggest admin change for Clubs, with the introduction of Swim Mark.

The position is quite involved and will require the new incumbent to devote several hours a week to the job. Anyone who thinks they are up to the task, then please contact either Joan or a committee member.

The Club cannot function without a Secretary.