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Shark Bytes @SwimAtColneASC
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Most Improved Swimmers

The Most Improved Swimmers award is worked out by taking the swimmers times from June last year and from January's Age Group Gala held on Thursday, 23rd January. In order to qualify for the award the swimmer must have recorded times over all four strokes. A formula is then used to determine the swimmers percentage improvement.

The winners of the January 2020 awards both made a 10% improvement from the times they did in June 2019.

The boys winner was Isaac Critchley who made a 10.12% improvement, and the girls winner was Maisie Dawson who had an improvement of 10.88%

Boys

1	Isaac Critchley	10.12%
2	Lewis Wilkinson	8.30%
3	George Collins	7.92%

Girls

1	Maisie Dawson	10.88%
2	Martha Green	8.21%
3	Zoe Blackadder	4.23%

Maisie received her trophy poolside from Club Coach Andrew Croxall. Isaac will be presented with his trophy at a future Club session.



January Age Group Gala

On Thursday, 23rd January we held the **Cherry Wilkinson Memorial Age Groups for January** at the Pendle Leisure Centre.

Swimmers had to do four strokes in order to qualify for the Most Improved Swimmer award. There was also an Individual Medley for swimmers 9 years and older.

There was only 23 boys and 23 girls participating in the evening competition, but only 9 boys and 5 girls qualified for the Most Improved Swimmer award.

Schools Galas - Help Wanted

The Pendle Schools Galas will be taking part at the Pendle Leisure Centre on the 10th, 17th and 24th March.

All three galas will be on a Tuesday evening starting about 7pm and will last for about an hour to one and half hours.

Colne ASC will be providing assistance in the running of the galas, so if you would like to help, then see a committee member.

Annual Subscriptions Overdue

The renewal period for membership subscriptions to Colne ASC has finished. Anyone who has not renewed their membership will NOT be allowed in the water until said subscriptions have been paid, and their place may be given up for new members.

Should your place be given up for a new member, you may be required to go on the waiting list before re-joining.

Any existing member who has not renewed by Thursday, 27th February 2020 will not be registered with the ASA, and will have deemed to have left the Club.

Friendly League

It was an early start in the year for the 2020 season of the Friendly League when Colne were hosts to Burnley Bobcats at the Pendle Leisure Centre, on Monday, 3rd February.

Burnley started the gala strongly as they won most of the initial races, and this trend continued throughout the gala. Yet quite a lot of the races were very close, but it was Burnley who had the better finishes.

The overall score was quite convincing as Burnley won by 71 points to 44. Despite this the Colne swimmers put in a valiant performance and managed an impressive 23 personal bests amongst the boys and 29 amongst the girls.

The next gala will be away at Great Harwood on Monday, 2nd March. This will be followed by a home gala to Accrington on Monday, 16th March and an away gala at Todmorden on Monday, 23rd March. There will be a coach provided for the Todmorden gala.

Birthdays

February 2020

- 8th Adam and Amelia Gardner, and Mollie Wright
- 9th James Henderson
- 11th Holly Green
- 14th Martha Green and Betsy Rider

March 2020

- 3rd Andrew Croxall
- 6th Isaac Critchley
- 8th Mollie Farr
- 9th Thomas Hoy
- 10th William Ingram and Eleanor Holgate
- 14th Joshua Robinson
- 17th Millie Gallagher
- 26th Samuel Sharp
- 31st Isaac Chew

Forthcoming Events:

2nd March

Friendly League Fixture. Away at Great Harwood. Warm-up 7:30pm

4th March

Committee Meeting. Pendle Leisure Centre. 8:00pm

5th March

Swimming Club Trials. Small pool at 6:15pm. Large Pool 7:30pm.

10th March

Pendle Schools Gala.

16th March

Friendly League Fixture. Home to Accrington. Warm-up 7:00pm

17th March

Pendle Schools Gala.

23rd March

Friendly League Fixture. Away at Todmorden. Warm-up 7:00pm.

24th March

Pendle Schools Gala.

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Can you help?

Membership Secretary

We need a new one. Can you help?

Subscriptions

Have you renewed?

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk





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Bytes

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Shark

Colne Amateur Swimming Club

Membership Secretary

Our Membership Secretary, Nadia Khan, has had to stand down due to work commitments, which means that we require a new Membership Secretary. Currently our Club Secretary, Joan Croxall is looking after these duties, but does need help. In order to make Joan's job easier we would like someone to volunteer and assume the role of Membership Secretary.

The busiest time for the Membership Secretary will be January when the majority of the Club will be renewing their memberships. At other times of the year it will be busiest when we hold Swimming Club Trials which are usually held on the first Thursday of a Month, except January, August and December. They will also need to turn up occasionally at 6:15pm on a Thursday for the Small Pool classes.

The tasks of the Membership Secretary are:

- Collect and record annual subscriptions
- Record all members names, addresses, D.O.B etc
- Issue membership cards to each member
- Issue each member with a Code of Conduct
- Pass member information to the Registration Secretary
- Record all payments for subscriptions and pass to the treasurer
- To follow and promote the ASA Wavepower

Anyone who is interested will not be required to join the committee. They would be entitled to attend Committee Meetings throughout the year, but it is not a prerequisite.

See Joan Croxall or a committee member if you think you can do the job.

Want to be an Official

Do you want to be involved more in swimming, but not sure how to go about it? You're not interested in teaching but want to do something? Then why not become a swimming official.

The first level is Timekeeper, which is an introduction into the world of the swimming official. It covers the practical aspects of what is required of a timekeeper by means of a short theory session followed by a practical assessment.

The Judge Level 1 covers all aspects on the technical side including stroke and turn judging plus timekeeping.

The Judge Level 2 includes all aspects of judging and the theoretical role and duties of Starter.

Judge Level 2 Starter and Referee takes things further and can result in you controlling a team of officials.

British Swimming are now making things easier, by removing the classroom element and replacing with online learning for Judge Level 1. You would still require poolside practical experience, which involves attending swim meets and having your log books signed.

The courses are run by the Institute of Swimming (IoS).

If anyone is interested, then see Joan Croxall for more details.

Next Time in Shark Bytes

- Friendly League reports
- Easter Holidays
- Club Trip

Team Ethics

If you have been selected to represent Colne ASC in competition, then certain standards are expected.

If you are unable to attend any of the fixtures (listed below), then please let the Team Manager Cara Taylor or Club Coach Andrew Croxall know as soon as possible. Do not leave it until the day or the day before to notify us. It is not fair on the other swimmers.

If you are ill or injured, then inform us straight away rather than not turning up.

Whilst the gala is in progress all swimmers must remain on the poolside cheering on the swimmers in the water. If you wish to leave the poolside, then inform the Team Manager.

All swimmers should remain until the competition has finished, rather than disappearing once all yours swims have finished. If you need to leave early, then please ask the Team Manager on poolside. This goes for any parent who wishes to remove their child early. There is nothing worse, than looking for swimmers who have disappeared.

During the competition, respect the opposition. Once your race has finished, then shake hands with the opposition swimmer.

Remember there is no 'I' in teamwork.

Colne ASC has a competition policy on the website, please read.

<http://colne-asc.co.uk/forms/CompetitionPolicy.pdf>

Thank you.

Mobile Phones

During Club sessions we would like to remind everyone that the use of mobile phones and other devices capable of recording photos and movies is restricted.

Anyone wishing to record their child during Club galas **must** register their interest with Club officials and sign the register.

Photographic use at any other time is restricted to Club Officials only.

At no time must images be recorded in the changing and shower areas.

Teachers Required

We are currently running on minimum staffing levels on the poolside, as a result we would like people to volunteer and help with the teaching of the children.

Anyone who is interested, then please contact a member of the Committee on a Club night.

If anyone knows someone who has teaching qualifications, who you think could help, then please ask them to contact the Club's Secretary for more details.

We actually require level 1 and level 2 teachers in order to teach the children properly, using helpers does kind of work, but bad habits can result from these situations. A fully qualified teacher would be able to spot poor technique and correct it accordingly.

