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Cherry Wilkinson Memorial Age Group Gala

On Thursday, 27th June we will be holding the **Cherry Wilkinson Memorial Age Group Gala for June**, which is open to all swimmers in the Club.

If you did all four events in the January Age Group gala, you will qualify for the Most Improved Swimmer, but only if you do all four events again.

The 9 years and under will be doing 25 metres for each of the four strokes, whilst the 11's and over will be doing 50m. The 10 year olds will do 50 metres for Backstroke, Breaststroke and Frontcrawl, and 25 metres for the Butterfly.

Entry forms are available from the desk on a Club night, or you can enter on-line via the Club website.

www.colne-asc.co.uk/age-form.php

We would like volunteers to offer their services to the desk before the start of the Age Group Gala on Thursday, 27th June. You may not be required but your offer will be appreciated.

We require the following:

- 6 Time Keepers
- At least 2 team organisers/chaperones
- At least 1 marshal
- At least 2 turn judges

No experience is necessary, but must be patient with the kids all wanting to know if they are swimming. Clipboards, pens, stopwatches and drinks will be provided.

NOTE: If we don't have enough people helping, then we will have to cancel this gala.

Outdoor Elements

The annual Club trip on Saturday, 29th June is going to Outdoor Elements, which is situated near to Simonstone.



In order to make the trip more inclusive for the younger members of the Club, there are several activities aimed at the 5 to 9 years olds. Activities such as Bug Hunting, Welly Walking, Survival Skills or Woodland Discovery.

If you are interested, and your older sibling (that's brother or sister) is going, then sign up at a Club session, as soon as possible.

For the older children (and adults) there are still places on the trip, but you better hurry as there are not many left.

For those of you that will be going, then we ask that you get to Outdoor Elements by 9:15am, so that the activities can start on time at 9:30am.

The trip leader will be Club Chairman Philip Croxall, who will be bringing his camera.

Details of what is recommended to wear and what is not suitable, then please turn to page 2.

Summer Holidays

The Club will be taking its annual break in August, but this time the Club will be off the entire month.

The last Club session will be on Monday, 29th July, and resumes again on Monday, 2nd September.

Friendly League

On Monday, 20th May, the swimmers of Colne travelled down the M65 to the Hyndburn Leisure Centre, Accrington to take on Accrington ASC in our latest fixture in this seasons Friendly League.

In what proved to be a fairly even contest, it was Accrington who went out to an early lead by 16 points to 13 after 10 events. By half-way the scores were 27 points to Accrington and 29 to Colne due to a strong breaststroke performance. After 30 events Accrington had reached 42 points, but Colne were slowly stretching their lead to 47.

The freestyle events were even as both teams won 4 events each, but Colne won the final cannon relay to take the contest by 61 points to 55.

Over the course of evening there were a further 19 new personal bests with 11 amongst the boys and 8 for the girls.

At the end of the evening, medals were presented to the swimmers who helped the Club win the Friendly League in 2018. And as it stands we are currently on course to defend our title.

Our next fixture will now be after the summer break, as we are hosts to Burnley Bobcats on Monday, 9th September.

Birthdays

June 2019

2nd Imogen Jackson
8th Ryan Burnett
9th Jasper Turner and Eleanor Fuggle
11th Amelia Rashid
12th Glory Emiohe
15th Lucas Predolac
16th Barnaby Turner
20th Petronille Devynck
21st Eve Hutchinson
28th Lily Hutchinson and Eva Sumner

July 2019

6th Zoe Blackadder
20th Grace Barker
22nd Evie Dawson
27th Jack Middleton
29th Eesa Hussain
30th Chloe Wilkinson

Forthcoming Events:

27th June

Cherry Wilkinson Memorial Age Groups for June.

Warm-up 6:50pm

Start: 7:10pm

29th June

Club Trip to Outdoor Elements. 9:30am - 4pm

Get there at: 9:15am

3rd July

Committee Meeting
Pendle Leisure Centre. 8pm

4th July

Swimming Club Trials
Small Pool 6:15pm
Large Pool 7:30pm

29th July

Last Club Session before the Summer break.

2nd September

Club Resumes after the Summer break.

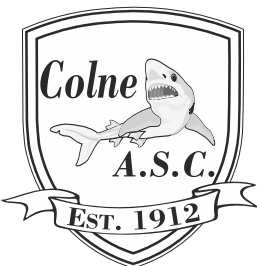
Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk





www.colne-asc.co.uk



Shark Bytes

@SwimAtColneASC



Colne Amateur Swimming Club



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June 2019

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British Masters Championships

The **British Masters Championships (50m) 2019** were held at the Welsh National Pool in Swansea from Friday, 14th June until Sunday, 16th June.

There were nearly 1000 competitors from around the UK plus visitors from Ireland and other parts of Europe. Amongst them was a single competitor from the Colne ASC Masters Team.

Club Chairman and Masters swimmer Philip Croxall was competing in the 50 to 54 years age group, and on the first day of competition he took part in the 100m Freestyle and finished 12th in a time of 1:07.19.

His next event was the 200m Breaststroke, which took place in the early evening and he managed a time of 3:12.08 for the 4 lengths and received a silver medal for his efforts.

On day 2 of the meet, Philip was competing in the 100m Breaststroke and the 200m Individual Medley. He finished 5th in the Breaststroke event with a time of 1:24.41 and was unfortunately disqualified in the Medley event, but did manage a time of 2:49.30.

On the final day of competition, Philip took part in the 400m Freestyle, in which he finished 4th in a time of 5:12.40.

What to Wear

Kit List Please dress for the forecasted weather, taking into account the suggestions below:

Do Wear

Layers of clothing that you don't mind getting dirty (it is cooler in the woodland).

Trainers / old shoes / walking boots you don't mind getting wet, dirty and scuffed.

Waterproof jacket and trousers. A long sleeved top.

Full length trousers such as tracksuit bottoms / combats / leggings.

Sun hat and sun protection cream.

Insect repellent.

Do NOT Wear Jewellery / watches, shorts, jeans, skirts, heeled shoes or your best stuff.

Contact Details

Outdoor Elements
Pump House Dean Wood
Trapp Lane
Simonstone
Lancashire
BB12 7JD

T: 01282 416396



Sponsored Swim

On Thursday, 10th October we will be holding our biennial sponsored swim in which 50% of the proceeds go to the Club and the remaining 50% to our nominated charity.

The swim will comprise of swimming as many lengths as possible in 25 minutes. There will also be an hour challenge for the older children and possibly any adult who wishes to participate.

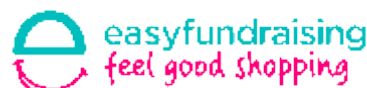
This year we will be raising funds for the **The Samaritans of Pendle, Burnley, Craven and Rossendale**.

Sponsor forms are now available to download from the Club website.

<http://www.colne-asc.co.uk/forms/sponsor.pdf>

If you wish to know about what the Samaritans do then use this link to their website.

<https://www.samaritans.org/branches/samaritans-pendle-burnley-craven-and-rossendale>



Currently there are 22 supporters of the Club on Easy Fundraising, and between them they have raised **£1,307.42**, which is an increase of **£272.20** from this time last year.

We have also raised **£212.51** just by using easysearch instead of Google.

Details about how Easy Fundraising works can be found on the Club website.

<http://www.colne-asc.co.uk/easyfundraising.php>

Just remember by shopping through Easy Fundraising's website, you are getting big business to donate to the Club, and you get what you are purchasing at no extra cost. It is a no brainer, so come on, join today and help support the Club.

Thank you.

Next Time in Shark Bytes

Most Improved Swimmer for June
Outdoor Elements Report
Is Summer Coming?

