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As Christmas is approaching (only 11 weeks to go), some of you will be shopping on the Internet. If you are, then do it using the **easy fund raising** website. This will raise funds for the Club, it won't cost you anymore and there even could be some offers.

To date we have raised over **£1,074** from only 22 supporters, with **£126** over last 12 months.

Going to the Easy Fund Raising page on the website will explain how it works. So go on, visit Easy Fund Raising today, and get Amazon to donate to the Club.

<http://www.colne-asc.co.uk/easyfundraising.php>

Please support the Club by using Easy Fund Raising, every internet sale helps.

### AGM Report

On Wednesday, 3rd October, we held our Annual General Meeting at the Pendle Leisure Centre.

There were a total of nine people attending, with only one new person, the rest were serving members of the committee.

The position of Trophy Secretary was filled before the summer by Mrs Soo Warner, with her position ratified on the night. Her first task will be to collect the trophies handed out after last years Championship Galas.

The position of Membership Secretary was taken from Mrs Joan Croxall and handed over to Mrs Nadia Khan, who also has joined the committee. She will also assist Joan with the Registrations.

Committee member Jason Dodman has now stepped down from the committee after several years of service.

The rest of the Committee remains unchanged, as does the Officials of the Club. The choosing of the Captains for 2018 has been deferred until the November Committee Meeting.

The Club fees have been frozen for another twelve months.

The Club always needs new people on the Committee so if you feel like you would like to contribute to the Club, then see a Committee Member on a Club night.

The Committee meets once a month, usually on the first Wednesday of that month, the meetings start at 8pm and last for about an hour.

The next Committee Meeting is on Wednesday, 7th November at the Pendle Leisure Centre.

### Swim Mark Accreditation

In order to keep the SwimMark Accreditation we have to do a health-check in the middle of the two year accreditation period. This involves updating 5 of the 16 modules.

As of the beginning of October we passed this health check, meaning that the Club is a safe place in which to instruct children.

Thanks go to all who helped with the accreditation, especially to Joan and Philip Croxall, who got the information collated and uploaded.

On Sunday, 7th October, we had nine people on a Safeguarding Course held at the Pendle Leisure Centre.

Anyone working directly with the children need to attend one of these courses every three years. It also forms part of our SwimMark commitment.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

### Championship Galas

The Championship Galas are on Monday, 19th and Thursday, 22nd November with the warm-up starting at 6:50pm and the first race about 7:05pm.

Entry forms are now available from Mrs. Croxall or can be downloaded from the website. Alternatively you can use the on-line entry which can be found on the website.

You will only be allowed to swim in your age groups. So if you are 12 you can only swim in the 9 to 13, 11 and over, 15 and under and open age groups.

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### Birthdays

#### September 2018

2nd Henry Manning  
3rd Eden Hughes  
17th Marcus Lilley  
25th Saskia Daly and George Henderson  
26th Chloe Ashworth  
30th Jack Nevison

#### October 2018

1st Yasmin Reddy and Alicia Higginbottom  
5th Emily Massey  
8th Tom Hepworth-Harvey  
17th Evie Connolly  
20th Bryony Wimbles  
25th Poppy Nutter  
30th Joan Croxall

#### November 2018

1st Bethany Robinson  
3rd Eleanor Root  
4th Jacob Taylforth  
5th Ruby Cryer  
6th Lewis Fenwick  
8th Lottie Hesketh  
9th Ruairi Sweeney  
17th George Collins  
29th India Reddy

### Forthcoming Events:

#### 26th-28th October

Swim England Masters National Championships (25m) 2018. Ponds Forge ISC, Sheffield

#### 1st November

Swimming Club Trials  
Cancelled due to half-term

#### 7th November

Committee Meeting  
Pendle Leisure Centre. 8pm

#### 12th & 15th November

Betty Petty Style Trophy

#### 19th November

1st Championships Gala  
Warm-up 6:50pm

#### 22nd November

2nd Championships Gala  
Warm-up

#### 1st/2nd December

City of Sheffield 'Snow Frills' Meet 2018.

Ponds Forge. Sheffield

#### 6th December

Christmas Sprint Gala  
Warm-up 6:50pm

#### 15th December

Presentation and Disco.  
Nelson Cricket Club. 7:00pm

### Helpers Required

We require helpers for the forthcoming Championship Galas in November.

The galas will be taking place on Monday, 19th November and Thursday, 22nd November.

More details can be found on page 3.

### Trophies Need Returning

Can those swimmers who won trophies last year return them as soon as possible. Please make sure they are in a **clean** condition.

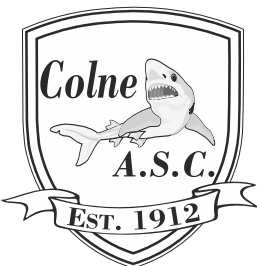
If the trophy is damaged, then we need it back sooner, so that it can be repaired.

They can be returned to the Trophy Secretary Soo Warner or Joan Croxall.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: [press@colne-asc.co.uk](mailto:press@colne-asc.co.uk)





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Colne Amateur Swimming Club



## Championship Galas

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Also any swimmer can do the Senior Championship and 200m IM events which are open to all, and anyone 15 and under can do the Junior Championship events.

There is also the "Spot-On" Competition which is open to all members of the Club. Yes that does mean Parents and Teachers!

So come on have a go it's **free** as you've already paid for entry as part of your subscription to the Club.

If you are thinking that there is no point entering because you think that you cannot win, then you will never win.

Last year one trophy was not competed for in the boys 14 years and over. There were also several races with one person competing, including the boys 200m Individual Medley, which was won by an 11 year old!

So come, enter this year, you might win.

It would be a shame if there are any trophies not competed for this year.

## Betty Petty Week

The Betty Petty Style Trophy is on week beginning Monday, 12th November, starting at 7:00pm.

This competition is open to everyone that is 15 years and under and it is not about speed but a demonstration of your technique and ability.

You will be assessed on Backstroke, Breaststroke and Frontcrawl over two lengths, with starts and turns included.

So it doesn't matter if you are fast or slow, it is the person with the best stroke and technique that wins.

You can enter on-line, fill in a form or just turn up just before 7:00pm at the Pendle Leisure Centre.

The assessment will be taking place on a Club night, with the session split between Monday and Thursday in Lane 1. You are advised to bring a spare towel or t-shirt for the pool side as there is only one swimmer in the water at any one time. The rest will be on the pool side.

The competition is expected to last about an hour and a quarter on each of the two nights. The order of the swimmers will be determined by drawing lots, and girls and boys will be done at the same time, as there is only one child in the water at any one time.

**NOTE:** The lanes 2 to 6 will still be holding lessons.

## Friendly League

The period of September into October coincided with a run of three consecutive home galas, which would then finish our campaign in this seasons North East Lancs Friendly League.

On Thursday, 13th September the Colne ASC team returned to action as we hosted Great Harwood Otters.

The gala started well for Colne as we won the first four races, before Great Harwood responded with eight wins in a row as they dominated the backstroke events. It was honours even during the butterfly events and the two medley relays that followed. At that stage Great Harwood led the contest by 38 points to 34.

Then Colne started to turn the contest round as they won 8 of the 10 breaststroke races to go into the lead by 52 points to 50 going into the freestyle events, which they promptly won by 7 races to 3. Colne completed their turn around victory when they won the 10 x 25m Freestyle relay to win the contest by 71 points to 64.

Over the course of the evening the Colne swimmers managed 51 new personal best between them, with 30 amongst the boys and 21 for the girls.

On Thursday, 27th September, Colne ASC hosted Burnley Bobcats at the Pendle Leisure Centre, Colne in what was our penultimate fixture of the season.

The gala started off with Colne winning the ladies medley, and Burnley the gents medley. After that it was an even contest as both teams traded wins through the backstroke and butterfly races. Then it was the mixed medley races with Colne winning the 13 and under race and Burnley the open race. This tied the scores at 36 points apiece.

The second half then saw dominance by the Colne swimmers, as they won 8 of the 10 breaststroke races and then 7 of the 10 freestyle races, to take them into the lead, with just the 10 x 25m mixed cannon freestyle relay. This race was won by Colne, as we won the contest by 73 points to 62.

Over the course of the evening there were a total of 27 new personal bests for the Colne swimmers with 18 amongst the girls and 9 for the boys.

The third and final gala should have taken place on Monday, 8th October, but on Saturday afternoon, a representative from Darwen contacted the Secretary to inform that Darwen would not be field a team for the Monday evening. As this was within 7 days of the gala, Darwen had to forfeit. This meant Colne are awarded the two points for a win.

Having only lost one gala all season, it is looking good for Colne to become champions. It all depends upon how well Great Harwood Otters get on in their final fixtures.

## SPOT-ON Competition

The Spot-On competition will take place on Thursday, 22nd November and will be event **13** on the programme.

This competition will cost **£1** to enter as there are cash prizes of **£20**, **£10** and **£5** for the winners.

The aim of competition is to swim two lengths in the stroke you have nominated and try to match your submitted time. The winner will be the swimmer that gets closest to their submitted time.

This competition is open to **ALL** including parents and teachers. Remember this is a *fun* event.

There is a closing date of 7:00pm on Thursday, 22nd November and **no** late entries will be accepted.



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## SE North East Region Masters

On Sunday, 23rd September, two members of the Colne ASC Masters team travelled to the Hydro pool in Harrogate for the Swim England North East Region Masters Championships 2018. Medals were awarded using an age adjusted formula per event rather than for each age group in the event.

**Tony Catterall** swimming in the 70 to 74 years age group finished 2nd in the 200m Freestyle (9th overall), 1st in the 50m Breaststroke (13th overall), 1st in the 200m Individual Medley (4th overall), 1st in the 200m Breaststroke (8th overall), 2nd in the 100m Backstroke (10th overall), 1st in the 400m Freestyle (6th overall), 1st in the 100m Breaststroke (10th overall), 1st in the 100m Individual Medley (8th overall), 1st in the 100m Freestyle (11th overall) and 2nd in the 50m Backstroke (11th overall).

**Philip Croxall** swimming in the 45 to 49 years age group finished 2nd in the 200m Freestyle (10th Overall), 1st in the 200m Breaststroke (7th overall), 2nd in the 400m Freestyle (7th overall) and 1st in the 100m Individual Medley (5th overall).

## Helpers Required

We require helpers to assist with the running of the Championship Galas, which are taking place on Monday, 19th and Thursday, 22nd November.

If you would like to volunteer your services then go to the desk before the start of the Gala.

You may not be required but your offer will be appreciated.

We require the following:

- 6 Time Keepers
- At least 2 team organisers/chaperones
- At least 1 marshall
- At least 2 turn judges

No experience is necessary, but must be patient with the kids all wanting to know if they are swimming.

Clipboards, pens, stopwatches and drinks will be provided.

**NOTE:** If we don't have enough people helping, then we will struggle to hold this gala.

## Mobile Phones

During Club sessions we would like to remind everyone that the use of mobile phones and other devices capable of recording photos and movies is restricted.

Anyone wishing to record their child during Club galas **must** register their interest with Club officials and sign the register.

Photographic use at any other time is restricted to Club Officials only.

At no time must images be recorded in the changing and shower areas.

## Lancashire Masters

On Sunday, 16th September, two members of the Colne ASC Masters team travelled to the Palatine Leisure Centre in Blackpool to take part in the Lancashire County Masters Championships.

**Philip Croxall** swimming the 45 to 49 years age group won all his events as he competed in the 200m Freestyle, 200m Backstroke, 200m Breaststroke and 200m Individual Medley.

**Tony Catterall** swimming in the 70 to 74 years age group also won all of his events as completed in the 100m Individual Medley, 50m Backstroke, 100m Breaststroke, 800m Freestyle, 200m Breaststroke, 100m Freestyle and 200m Individual Medley.

## Rotherham September Meet

On Saturday, 22nd September, two girls from Colne ASC travelled to the Ponds Forge International Sports Centre in Sheffield for the Rotherham Metro A/B Graded September Meet 2018.

Swimming in the 14 year old age group was **Mia Dodman** who finished with four B Graded times with 2nd in the 200m Freestyle, 8th in the 50m Butterfly, 6th in the 50m Freestyle and 6th in the 50m Backstroke.

Swimming in the 13 year age group was **Saskia Daly**, who finished with two A Grade times with 8th in the 50m Freestyle and 9th in the 100m Freestyle. She had a further three B Graded times with 1st in the 50m Butterfly, 7th in the 50m Backstroke and 4th in the 50m Breaststroke.

## Poolside Helpers/Teachers Required

If you are one of those that brings your child to the Club and then watches them, and are wanting to do more, then have a word with a Club Official.

Just remember that the majority of poolside teachers were once parents just coming to the Club and watching their child.

The first stage of helping out is just being on the poolside. The teacher will explain to you what they want you to do.

If you like this and want to become a teacher, then the Club can put you on a course to becoming a swimming teacher. This is a national qualification and can be used anywhere.

Don't fancy being a swimming teacher, then the Club also want volunteers to help out with galas. This can range from just being a chaperone/marshall on the poolside, telling the children what they are swimming and where to go. To timekeeping and judging.

The basic level of judging that we need is to just watch the touch on the wall to determine the finishing order. This is very important for the forthcoming Championship Galas.

If you fancy having a go at timekeeping, but are not sure what is involved, then just have a word with one of the Club officials on a Club night, and they will explain the basics to timekeeping.

If any of this interests you, then come and talk to a Club Official. We don't bite!