

Most Improved Swimmers

The Most Improved Swimmers for June were determined at the Cherry Wilkinson Memorial Gala, in which, to qualify the swimmers had to do all four strokes.

Despite the low turn-out, there were 8 boys and 5 girls who qualified for the awards.

The two trophies were presented to Niall Metcalfe and Amelia Redfern by Club Coach Andrew Croxall.

Boys

1. Niall Metcalfe	15.44%
2. Eesa Hussain	8.13%
3. Daniel Warner	7.16%

Girls

1. Amelia Redfearn	10.09%
2. Dominica Taylor	9.10%
3. Isabella Taylor	7.66%

Cherry Wilkinson Memorial Gala

On Thursday, 28th June, the Cherry Wilkinson Memorial Gala for June was held. Due to England playing Belgium in the last World Cup group game, the numbers were down on previous years. So in order to allow the swimmers a break between their swims, we only used the middle four lanes.

There were 18 boys and 19 girls participating with over half doing all four strokes. This will make them eligible for the Most Improved Swimmer award in January next year.

Swim Mark

It is at this time of year that we complete our Swim Mark accreditation. This used to be known as Swim 21, but was renamed last year as part of the Swim England re-branding.

As it is in the middle of a three year cycle, we only need to submit five of the fifteen modules.

We will find out in September whether our accreditation has been renewed.

Summer Holidays

The Club will be having just over a three week break over the summer as we will be returning just after the August Bank Holiday.

Small Pool Classes (Note: This includes 6:45pm class in large pool)

Last: Thursday, 2nd August

Resumes: Thursday, 30th August

Large Pool Sessions

Last: Thursday, 2nd August

Resumes: Thursday, 30th August

The Saturday and Sunday Masters sessions will be on as normal.

If anyone wishes to have a swim during this period, then the Pendle Leisure Centre will be open.

Enjoy your summer break.



Friendly League

The Colne ASC team travelled to the Padiham Leisure Centre to take on Burnley Bobcats in their final away fixture of the North East Lancs Friendly League season.

It proved to be an even contest as each team traded wins, but gradually with 8 races to go, Burnley had eased out to a 4 point lead. Then we strung a series of wins together as we won the next 6 freestyle races, before winning the final 10 x 25m canon relay. This enable Colne to win the close contest by 67 points to 65.

During the course of the evening the young Colne swimmers managed a futher 26 new personal bests, with 15 amongst the girls and 11 for the boys.

Our next fixture starts the final sequence of 3 consecutive galas at home, with Great Harwood first up on Thursday, 13th September.

Birthdays

July 2018

4th Inaya Rashid
6th Zoe Blackadder
10th Zaviah Cotterill
20th Grace Barker
22nd Evie Dawson
27th Max Brown and Jack Middleton
29th Eesa Hussain
31st Olivia Stanworth

August 2018

2nd Luca Torriero
4th Suzanna Stepak
6th Ffion Bell
7th Ben Middleton
10th Luke Chew
18th Jamie Higginbottom
21st Adam Burrridge
22nd Niall Metcalfe
23rd Lewis Wilkinson
26th Daniel Fuggle
27th Kaiya Cotterill
29th Charlotte Philp

Forthcoming Events:

30th July

Last Monday Club Session before Summer break.

2nd August

Last Club Session before the Summer break.

27th August

No Swimming Club. Pool Closed due to Bank Holiday

30th August

First Club Session after the Summer break

5th September

Committee Meeting. Pendle Leisure Centre. 8pm

6th September

Swimming Club Trials

Small Pool 6:15pm

Large Pool 7:30pm

13th September

Friendly League Fixture at Home to Great Harwood

22nd September

Rotherham A/B Graded Meet. Ponds Forge, Sheffield

23rd September

City of Sheffield Teaspoon Gala. Ponds Forge.

23rd September

Swim England North East Masters. Harrogate

27th September

Friendly League Fixture at Home to Burnley Bobcats



www.colne-asc.co.uk



Bytes
Shark
Colne Amateur Swimming Club



Lightwater Valley

On the morning of Saturday, 30th June a group of swimmers and their families met at the Pendle Leisure Centre for the Club trip to the Lightwater Valley Adventure Park. So just after 8:30am, the coach set-off towards North Yorkshire.

With a road closure on the Harrogate road at Blubberhouses, there was detour via Otley and up the A1. When the coach finally arrived in Ripon, it was then a short distance to the park.



Once at the park, we were met by the five people who had travelled by car. The tickets were collected for the 37 people and then they were unleashed upon the park. It was a full day of adventure, with the majority meeting outside the Ultimate ride, before heading off for the next ride.

Some came back wet as they navigated the Wild River Rapids, before getting into a spin on the Twister. Whilst others took it easy on Lightwater Express to take in the

whole park.

The Eagle's Claw grabbed some over near the Farm, with others setting sail on the Flying Cutlass and weathering the storm on the Black Pearl.

Lift-off was achieved on Appollo, before returning after a Raptor Attack. The Lady Bird and the Little Dipper provided thrills for the younger ones.



Which ever ride was taken, it was done with a smile, and everyone had fun.

The day came to a close at 4:30pm as everyone headed back to the coach, before the long way back, again via Otley. The coach returned to Colne just after 6:30pm.

Photos of the adventure can be found on the Club website.

<http://www.colne-asc.co.uk/lightwater2018.php>



Cheshire Masters

On the afternoon of Saturday, 14th July, whilst England were playing for 3rd place in the World Cup, one member of the Colne ASC Masters team travelled to the Grand Central Pool in Stockport for the **Cheshire County Masters Sprint & 400m Freestyle & IM Championships 2018.**

Philip Croxall competing in the 45 to 49 years age group finished 3rd in the 50m Backstroke, the 100m Individual Medley, the 50m Butterfly and the 50m Freestyle, and was 5th in the 50m Breaststroke.

External Competitions

There are details for two external competitions at the end of September on the Club Website, both with a closing date of 30th July.

On Saturday, 22nd September there is the Rotherham A/B Graded Meet being held at the Ponds Forge International Sports Centre in Sheffield.

Then on Sunday, 23rd September, there is the City of Sheffield Teaspoon Gala, also held at Ponds Forge.

If you would like to do either of these competitions, then contact the Competition Secretary Séamus Daly.

You can find details on the Club website.

www.colne-asc.co.uk/age-comps.php

Inter-Association Gala

On Sunday, 24th June, Colne had a single representative in the North Lanes team at the Inter-Association Gala held at the Palatine Leisure Centre in Blackpool. Charlotte Leigh was swimming in 14 years age group in both the 100m and 200m Breaststroke events.

Charlotte finished 6th in the 200m Breaststroke in 2:55.76 and 6th in the 100m Breaststroke in 1:21.16.

The Results

1. Liverpool and District 1558
2. Manchester and District 1364.5
3. North Lanes 1301.5
4. Cumbria 1059

Coming Next Time

- Annual General Meeting
- Friendly League
- Easy Fundraising



The Club has been signed up with Easy Fundraising for over 10 years, and in this time we have only had a few supporters. We would like more.

Currently there are **23** supporters of the Club on Easy Fundraising, and between them they have raised **£1058.85**, which equates to about £100 per year!

If you use Easy Search rather than Google or Bing, you will donate to our cause without spending a penny. Currently we have had **£212.51** from 12,544 completed searches.

Details about how Easy Fundraising works can be found on the Club website.

<http://www.colne-asc.co.uk/easyfundraising.php>

Just remember by shopping through Easy Fundraising's website, you are getting big business to donate to the Club, and you get what you are purchasing at no extra cost. It is a no brainer, so come on, join today and help support the Club.

Thank you.