

## Sponsored Swim Presentation

On the last Club session of the year on Thursday, 21st December 2017, a cheque for **£800** was presented by Mark Turner to Jenny Cocker from Young Carers Contact for Burnley, Pendle and Rosendale. Mark was aided by Saskia Daly, Mia Dodman and Rachel Leigh accompanied by the few swimmers attending the last session.



The money was raised from our sponsored swim event in October 2017, in which, we raised a total of **£1596.70**.



## Poolside Presentations

The special awards for 2017 could not be presented at the Annual Presentation, so they were done on a Club night when the recipients were in attendance.

First up was the **Two Alberts Trophy** for services to the Club, and this was presented to Steve Craig on Monday, 18th December.

On Thursday, 4th January the presentation of the **John Dobbin Memorial Trophy** was



presented to Luke Chew by teachers Deryn Ashby

and Andrew Higginbottom,

The final special trophy was the **Bramhill Memorial Trophy** and this was presented to Jaycub Watson by teachers Deryn Ashby and Andrew Higginbottom on Thursday, 18th January.

On the 18th December the **Boys Junior Championship Trophy** was presented to Rauri Sweeney and the **Boys Dowling Shield** was presented to Kyran Denton.



## January Age Group Gala

The **Cherry Wilkinson Memorial Age Group Gala for January** will take place on Thursday, 25th January.

The warm-up will be from 6:50pm with the gala starting about 7:10pm.

This gala is important as we need times from the swimmers to work out the teams for the forthcoming Friendly League competitions.

Also if you did all four strokes last June you will qualify for the Most Improved Swimmer award, but you also need to do all four strokes this time.

## Helpers Required

We would like volunteers to offer their services to the desk before the start of the Age Group Gala on Thursday, 25th January. You may not be required but your offer will be appreciated.

We require the following:

- 6 Time Keepers
- At least 2 team organisers/chaperones
- At least 1 marshal
- At least 2 turn judges

No experience is necessary, but must be patient with the kids all wanting to know if they are swimming.

Clipboards, pens, stopwatches and drinks will be provided.

NOTE: If we don't have enough people helping, then we will have to cancel this gala.

## Birthdays

### January 2018

3rd Ruby Whitehead  
12th Philip Croxall  
13th Daniel Warner  
21st Kian Noon  
25th Max Harper

### February 2018

8th Mollie Wright  
18th Olivia Taylor  
20th Maria Massey  
21st Charlotte Lomax  
25th Molly Stevens

## Forthcoming Events:

### 25th January

Cherry Wilkinson Memorial Age Groups  
Warm-up 6:50pm

### 1st February

Swimming Club Trials  
Small Pool 6:15pm  
Large Pool 7:30pm

### 7th February

Committee Meeting.  
Pendle Leisure Centre. 8pm

### 24th February

Swim England North West Masters Championships 2018  
Palatine Leisure Centre, Blackpool

### 4th March

City of Sheffield March Madness Meet 2018  
Ponds Forge ISC, Sheffield

### 1st April

Easter Sunday

### 14th/15th April

Harrogate Spa Town A/B Grade Meet 2018  
The Hydro, Harrogate



www.colne-asc.co.uk



Shark Bytes  
Colne Amateur Swimming Club  
@SwimAtColneASC

## Harrogate Janus Meet 2018

On the first weekend of the year, three swimmers from Colne ASC travelled to Harrogate for the **Harrogate District Swimming Clubs' Janus A/B Graded Meet 2018**.

**Amelia Redfern** swimming in the 9 years age group in her first age group competition finished 4th in the B Graded 50m Freestyle and 3rd in the B Graded 50m Butterfly.

**Saskia Daly** swimming in the 13 years age group finished 6th in the B Graded 50m Breaststroke, 2nd in the B Graded 200m Freestyle, 3rd in the B Graded 50m Butterfly, 4th in the A Graded 100m Freestyle, 3rd in the A Graded 50m Freestyle and 9th in the B Graded 50m Backstroke.

**Mia Dodman** also swimming in the 13 years age group finished 8th in the A Graded 200m Freestyle, 5th in the A Graded 50m Butterfly, 1st in the B Graded 100m Freestyle, 2nd in the B Graded 50m Backstroke and 3rd in the B Graded 100m Backstroke.

## Friendly League

The Annual General Meeting for the Friendly League should have taken place on Tuesday, 16th January, but was postponed due to adverse weather conditions.

The Club has put through two proposals for rule changes;

1. That Category Two swimmers be eligible to swim, but only if they have not achieved a Lancashire Qualifying Time for that stroke.
2. The age groups revert to the pre 2017 rule changes, namely, 9/10, 11/12, 13/14 and 15 and over.

Hopefully both proposals will be accepted.

The fixture list for 2018 season will be finalised after the re-arranged meeting takes place.

We will be holding a special session prior to new season starting, where we will name the new Club Captains and present team kit. More details at a later date.



holiday – you could be raising a free donation for **Colne ASC**? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's, who will donate a percentage of the amount you spend to **Colne ASC** to say thank you for shopping with them.

It's really simple, and doesn't cost you anything.

All you have to do is:

1. Go to <http://www.easyfundraising.org.uk/causes/casc/>
2. Sign up for free
3. Get shopping – your donations will be collected by easyfundraising and automatically sent to Colne ASC. It couldn't be easier!

There are no catches or hidden charges and the Club will be really grateful for your donations.

Over the years we have managed to have **23** people sign up, and between them, they have raised **£1003.69**, with **£174.11** in the last 12 months. We would like to increase this, so if more of you join up and support the Club it would be hugely appreciated.

Thank you to all those who have supported the Club using Easy Fundraising.

## External Age Group Galas

The Club place on the Notice Board and Website suitable external competitions that swimmers within the Club should be having a go at.

The Club subsidises entries to these galas by reducing the price per individual entry by £1 per event.

The next competitions include the **City of Sheffield's March Madness Meet** on Sunday, 4th March and the **Harrogate Spa Town A/B Grade Meet** on the weekend of 14th and 15th April. There are also the **Prescot SC & Everton SA March Spring Gala 2018** on 17th/18th March and **City of Salford Level 3 Spring Meet 2018** on 24th/25th March. The closing dates for these meets start from next week. If you want to swim then talk to your teacher, Club Coach Andrew Croxall, Treasurer John Higginbottom, or Competition Secretary Séamus Daly.

Details for all competitions can be found on the Age Group Competitions page on the Club website.

<http://www.colne-asc.co.uk/age-comps.php>

## Poolside Tidy Up

It would be appreciated that equipment is returned to the baskets once their lesson has completed.

If fins/flippers have been used, then they need to be rinsed under the showers and returned to the large basket.

Floats and pull-buoys need to be stacked neatly in the smaller basket, do not throw them into the basket. The floats should be stacked neatly at the side of the basket if a lot of floats have been used.

Teachers need to remind the children to return any equipment used to the baskets.

## Water Bottles

Swimmers are encouraged to bring water bottles with them onto the poolside.

During exercise you will lose body fluids through sweating, so it is important that you replace these fluids and remain properly hydrated.

Water is one of the best fluids that you can use for training, and it can be flavoured with cordial. Do not use fizzy drinks as this will make you feel bloated.

Once your lesson has finished please remember to collect your water bottle and not leave it on the poolside.

## Donate Unwanted Gifts

If you have received any unwanted gifts that you think would be suitable for a raffle prize, then donate them to the Club.

We are always seeking raffle prizes for the Club Galas and League Fixtures.

## Next Time in Shark Bytes

- Friendly League Fixtures
- Naming of Team Captains
- Rotherham A/B Results
- Financial AGM Date

