



**British Masters Championships**

From Friday 16th June until Sunday 18th June there were hundreds of swimmers who travelled north to the sunny city of Aberdeen to take part in three days of competition at the British Masters and Senior Age Group Championships (50m) 2017.

Amongst them were two swimmers from the Colne ASC Masters. **Tony Catterall** in the 70 to 74 years age group and **Philip Croxall** in the 45 to 49 years age group.



Philip and Tony with their medals

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**Birthdays**

**June 2017**

- 2nd Imogen Jackson
- 8th Ryan Burnett
- 9th Eleanor Fuggle
- 16th Barnaby Turner
- 21st Lucas Suddell and Eve Hutchinson
- 28th Lily Hutchinson

**July 2017**

- 18th Aaron Croxall
- 20th Grace Barker
- 22nd Evie Dawson
- 25th Millie Thompson
- 27th Max Brown and Jack Middleton
- 28th Hana Iqbal
- 30th Aidan Dibb

**August 2017**

- 6th Ffion Bell
- 7th Ben Middleton
- 10th Luke Chew
- 18th Jamie Higginbottom
- 21st Adam Burrige
- Sophie Blackledge
- 22nd Niall Metcalfe
- 23rd Lewis Wilkinson
- 26th Daniel Fuggle
- 27th Kaiya Cotterill
- 28th Imogen Taylor

**Forthcoming Events:**

**15th/16th July**

North Lincs Development Meet 2017. Palatine Leisure Centre.

**17th July**

Friendly League Fixture. Away at Great Harwood

**22nd/23rd July**

City of Sheffield Summer Meet 2017. Day One. Ponds Forge ISC, Sheffield

**3rd August**

Last swimming Club session before summer break

**7th-20th August**

FINA World Masters Championships 2017. Budapest, Hungary

**31st August**

First Swimming Club session after summer break

**6th September**

Committee Meeting. Pendle Leisure Centre. 8:00pm

**7th September**

Swimming Club Trials. Entry to small pool at 6:15pm. Large Pool 7:30pm.

**11th September**

Friendly League Fixture. Away at Darwen

**Most Improved Swimmers for June**

The winners of the Most Improved Swimmer Award for June are **Ethan Meggison** and **Dominica Taylor**, who had 15.20% and 9.83 improvements respectfully.

Ethan and Dominica received their trophies from Club Coach Andrew Croxall.



The top three boys and girls are:

Boys	Name	Improvement
1st	Ethan Meggison	15.20%
2nd	Hugh Entwistle	3.67%
3rd	Jacob Taylforth	3.41%
Girls		
1st	Dominica Taylor	9.83%
Joint 2nd	Inaya Rashid	7.96%
Joint 2nd	Amelia Redfearn	7.96%

**Cherry Wilkinson Memorial Gala for June**

There were a total of 27 boys and 25 girls taking part in the June Age Gala with the majority doing all four strokes, which makes them eligible for the next Most Improved Swimmer in January.

The Most Improved Swimmer for June was contested by 11 boys and 14 girls. The winner for the boys was Ethan Meggison, with Hugh Entwistle second and Jacob Taylforth third. The girls winner was Dominica Taylor, with Inaya Rashid and Amelia Redfearn in a tie for second place.

**Summer Holidays**

The Club will be having just over a three week break over the summer as we will be returning just after the August Bank Holiday.

**Small Pool Classes** (Note: This includes 6:45pm class in large pool)

**Last:** Thursday, 3rd August    **Resumes:** Thursday, 31st August

**Large Pool Sessions**

**Last:** Thursday, 3rd August    **Resumes:** Thursday, 31st August

The Friday night classes will also be cancelled in this period, but the Saturday and Sunday Masters sessions will be on as normal.

If anyone wishes to have a swim during this period, then the Pendle Leisure Centre will be open.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: [press@colne-asc.co.uk](mailto:press@colne-asc.co.uk)

[www.colne-asc.co.uk](http://www.colne-asc.co.uk)



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[www.facebook.com/ColneASC](http://www.facebook.com/ColneASC)





## British Masters Championships...

On day one Tony competed in the 1500m Freestyle in which he finished 1st in 25:39.22. In the afternoon Philip took part in the 200m Freestyle in which he finished 3rd in 2:27.12. For the evening session both Tony and Philip took part in the 200m Individual Medley. Tony was 3rd in 3:38.51 and Philip also 3rd in 2:46.02.

Saturday morning brought day two of the competition where both Tony and Philip took part in the 400m Freestyle, in which, Tony was 1st in 6:30.14 and Philip 3rd in 5:12.98. In the afternoon Philip finished 4th in 200m breaststroke in a time of 3:03.27. In the evening session Tony was 2nd in the 400m Individual Medley in a time of 7:43.99.

On the final day of competition Philip finished 5th in the 100m breaststroke in 1:22.98, whilst Tony was 1st in the 200m backstroke in 3:45.26. Then in the final event of the meet both Tony and Philip took part in the 800m freestyle. Tony won his event in 13:26.24, whilst Philip was 3rd in his in 10:59.09.

## Sponsored Swim

On the week beginning the 16th October we will be holding our biennial sponsored swim, with funds raised going to the Club and a nominated charity. This year we will be supporting the **Young Carers Contact** which covers Burnley, Pendle and Rossendale.

Young Carers Contact was established in 2000 as a project within Burnley, Pendle and Rossendale Council for Voluntary Services, and was initially funded by Lancashire County Council. The project has developed and is now funded by BBC Children in Need, The Henry Smith Charity and also receives financial support from local businesses.

A Young Carer is a person under the age of 18 years of age who is significantly affected by caring for a person with long-term illness or disability including mental health problems and/or substance misuse issues.

You can find out more by going to the Young Carers Contact website.

<http://www.youngcarerscontact.org.uk/>

The swim will comprise of doing as many lengths as possible in 25 minutes. There will be four of these sessions over the course of the evening. There will also be a one hour challenge for the older swimmers.

The main Club session for the swim will be on Thursday, 19th October. There will also be a lane available on Monday, 16th October, for those swimmers who cannot make Monday.

This swim is not exclusive for children as parents and teachers can also have a go if they want.

Sponsor forms are now available to download from the Club website.

<http://www.colne-asc.co.uk/forms/sponsor.pdf>

## Coming Next Time

- Friendly League fixture at Great Harwood
- FINA World Masters in Budapest, Hungary
- Poolside Etiquette
- Annual General Meeting

## Trophy Secretary Required

Our current Trophy Secretary Davina Barraclough has been unable to perform her duties, therefore we need a new Trophy Secretary.

The tasks of the Trophy Secretary are

- Collect ALL trophies from the previous years winners
- Ensure the Trophies are clean
- Take the Trophies for engraving
- Take the Trophies to the Presentation
- Responsible for the ordering of the medals
- Responsible for ordering the Most Improved Swimmer awards
- Nothing to do for at least 10 months of the year

Anyone who is interested will not be required to join the committee. They would be entitled to attend Committee Meetings throughout the year.

See Joan Croxall or a committee member if you think you can do the job.

## World Masters - Budapest

During the Club's Summer break, our Chairman and Masters swimmer Philip Croxall, will be taking on the best masters swimmers in the world as he competes in the **FINA World Masters Championships in Budapest, Hungary**.

He travels out to Budapest on Sunday, 13th August and returns a week later after taking part in four events in the 45 to 49 years age group.

- Tuesday, 15th August: 100m Breaststroke
- Thursday, 17th August: 200m Individual Medley
- Saturday, 19th August: 200m Breaststroke
- Sunday, 20th August: 400m Freestyle

If you wish to follow his progress then direct your browser to:

<http://masters.fina-budapest2017.com/en>

## Friendly League

Our next fixture in this season's North East Lancs Friendly League is away at Great Harwood on Monday, 17th July. The warm-up starts at 7:30pm for a 7:45pm start.

The team sheet is available on the website, and all selected swimmers should have been contacted by email.

If you have been selected, then let Team Manager Cara Taylor or Club Coach Andrew Croxall know whether you will be swimming or more importantly, whether you cannot make it. This needs to be done as soon as possible.

There is no coach provided for this gala, so you will have to make your own way there, if this is difficult, then let someone know so that transport can be arranged.

The postcode for Mercer Hall Leisure Centre in Great Harwood is BB6 7AL. Directions can be found on the Club website.

Good luck to all swimmers who are going. Swim hard and support your fellow swimmers to try and get that victory.

One last thing, the pool at Mercer Hall Leisure Centre is very small, it is only 22 yards long, so make sure you get your turns right as the wall will be there sooner than you expect.

www.colne-asc.co.uk



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