



**Most Improved Swimmers**

There were 13 girls and 10 boys eligible for the Most Improved Swimmer award for June.

The winners were Lewis Wilkinson and Dominica Taylor. Lewis had made a huge 18.31% improvement and Dominica bettered that with 19.44%. What was more impressive was that Dominica had already made a 17.87% improvement back in January!



Dominica and Lewis receiving their awards from Joan Croxall

The results of the top three boys and girls are as follows:

Boys	Name	Improvement
1	Lewis Wilkinson	18.31%
2	Oliver Jackson	17.44%
3	Max Harper	13.02%
Girls		
1	Dominica Taylor	19.44%
2	Samilya Pickles	18.15%
3	Nicole Bennett	15.49%

**New Trophy Secretary Required**

The Club now has a vacancy for the position of Trophy Secretary. Due to change in work circumstances, our current Trophy Secretary Janice Smith-Shelley, can no longer fulfill her duties, and has had to resign her position.

The duties of the Trophy Secretary are as follows:

- Collect ALL trophies from the previous years winners
- Ensure the Trophies are clean
- Take the Trophies for engraving
- Take the Trophies to the Presentation
- Responsible for the ordering of the medals
- Responsible for ordering the Most Improved Swimmer awards.
- Nothing to do for at least 10 months of the year

Anyone who is interested will not be required to join the committee. They would be entitled to attend Committee Meetings throughout the year.

If you are interested in fulfilling this position, then contact the Club Secretary Joan Croxall, either at the Club or via email.

[secretary@colne-asc.co.uk](mailto:secretary@colne-asc.co.uk)

**Summer Holidays**

The Club will be having a three week break over the summer. The small pool classes will be for four weeks due to the those teachers being away on holiday.

**Small Pool Classes** (Note: This includes 6:45pm class in large pool)

**Last:** Thursday, 21st July      **Resumes:** Thursday, 25th August

**Large Pool Sessions**

**Last:** Thursday, 28th July      **Resumes:** Monday, 22nd August

The Friday night classes will also be cancelled in this period, but the Saturday and Sunday Masters sessions will be on as normal.

**June Age Group Gala**

The June Age Group Gala was held on Thursday, 30th June.

The gala was well attended as we had 43 girls and 20 boys, of which, we had a lot of 8 year old girls.

The majority of the swimmers managed to compete in all four strokes, which means that they will qualify for the next Most Improved Swimmer award in January 2017.

**Friendly League**

On Monday, 11th July the Colne ASC team travelled down the M65 to take on Darwen SC in our last fixture before the summer break.

From the first race to the last, the Colne team showed their dominance as they won 33 of the 40 races available. This meant that Colne won by 73 points to 41.

During the course of the evening there were a further 23 new personal bests, with 10 amongst the girls and 13 for the boys.

Our next fixture is after the summer break on Monday, 19th September away at Todmorden, there will be a coach provided for this one. Then our final fixture is at home to Great Harwood on Thursday, 29th September.

**Birthdays**

**June 2016**

- 4th Patrick Metcalfe
- 6th Kaysie Mulligan
- 8th William Rowlands-Whiteoak
- 9th Eleanor Fuggle
- 20th Cherry Wilkinson
- 21st Lucas Sudell and Andrew Danson
- 26th Jason Dodman
- 28th Scarlett Metcalfe

**July 2016**

- 2nd Isabelle Chew and Freddie Lomas
- 4th Inaya Rashid
- 6th Maisie Rebanks
- 15th Imogen Sethi
- 20th Grace Barker and Lily Hutchinson
- 21st Eve Hutchinson
- 22nd Evie Dawson
- 25th Millie Thompson
- 27th Max Brown
- 28th Hana Iqbal
- 30th Aidan Dibb

**August 2016**

- 7th Ben Middleton
- 9th Samilya Pickles
- 10th Luke Chew and Lucy Green
- 12th Cameron Horne and Beatrice Trowers
- 15th Hannah Wilson
- 18th Jamie Higginbottom
- 19th Charlie Rowlands-Whiteoak
- 21st Adam Burridge
- 23rd Lewis Wilkinson and Sam Raw
- 26th Daniel Fuggle
- 27th Kaiya Coterill

**Forthcoming Events:**

**21st July**

Last Small Pool classes before Summer Break.

**28th July**

Last Club Session before Summer Break.

**22nd August**

First Club Session after Summer Break.

**25th August**

First Small Pool classes after Summer Break.

**29th August**

No Swimming Club. Bank Holiday Monday.

**7th September**

Committee Meeting. 8pm. Pendle Leisure Centre.

**8th September**

Swimming Club Trials

www.colne-asc.co.uk



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www.facebook.com/ColneASC

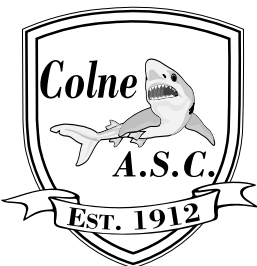


Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: [press@colne-asc.co.uk](mailto:press@colne-asc.co.uk)



www.colne-asc.co.uk



Bytes  
 Shark  
 Colne Amateur Swimming Club

@SwimAtColneASC



From left: Charlotte, Mia, Rachel and Saskia

### Manchester Summer Meet

On Saturday, 9th July, four girls from Colne ASC travelled to the Manchester Aquatics Centre to take part in the Manchester Swim Squad's Summer Meet.

**Charlotte Leigh** (12 years) finished 4th in the 100m Breaststroke, 5th in the 50m Breaststroke, 6th in the 100m Butterfly, 9th in the 50m Butterfly, 11th in the 200m Individual Medley and 21st in the 50m Freestyle.

**Saskia Daly** (11 years) finished 5th in the 50m Freestyle, 9th in the 100m Freestyle, 23rd in the 50m Butterfly, 24th in the 50m Breaststroke and 31st in the 50m Backstroke.

**Mia Dodman** (12 years) finished 10th in the 100m Freestyle, 11th in the 50m Butterfly, 13th in the 100m Backstroke, 16th in the 50m Backstroke, 20th in the 50m Freestyle and 21st in the 50m Breaststroke.

**Rachel Leigh** (14 years) finished 5th in the 100m Breaststroke, 7th in the 200m Individual Medley, 8th in the 50m Breaststroke, 9th in the 100m Backstroke and 13th in the 100m Freestyle.

### Cheshire Masters Championships

The Cheshire County Masters Championships were held at the Grand Central Pool in Stockport on the evening of Saturday, 9th July. Two members of the Colne ASC Masters Team took part.

**Philip Croxall** competing in the 45 to 49 years age group finished 1st in the 400m Freestyle, 2nd in the 50m Breaststroke, 3rd in the 50m Freestyle, 4th in the 50m Butterfly and 5th in the 50m Backstroke.

**Stephen Tyler** competing in the 50 to 54 years age group finished 2nd in the 400m Freestyle and 50m Breaststroke events.

### Olympics

It is another Olympic year, so whilst the Club is having its annual summer break, you could watch some proper athletes competing at the top of their sport.

As members of Colne ASC, I hope that you follow the exploits of the British Swimmers. You can find the profiles of all the British swimmers at the following address:

<https://www.britishswimming.org/athlete-swimming-profiles/british-swimming-profiles/>

The games start on Friday, 5th August and finish on Sunday, 21st August. The swimming events start on Saturday, 6th August with the final day on the following Saturday, the 13th August. Unfortunately due to demands of American television the finals will be in the early hours of the morning. This means that you will catch-up on the overnight events at breakfast.

### Micro League

Our last Micro League fixture of the season took place on the afternoon of Saturday, 25th June. A young Colne ASC team travelled to the West View Leisure Centre in Preston and we were up against hosts Preston B and teams from Prescott A and Carnforth B.

The gala started off with Prescott surging into a lead by winning eight of the first nine races. They never relinquished first position as they went on to win the gala with 164 points. Initially Preston tried to match the team from Liverpool, but in the end they were nearly 30 points adrift in second place on 136 points.

Colne and Carnforth kept pace with each other and there was only 5 points between the two teams at the half way stage. But the second half of the gala proved too much for Colne as they trailed in on 76 points with Carnforth in 3rd place on 102 points.

Throughout the course of the afternoon, the young Colne swimmers managed only 2 new personal bests amongst the girls and 1 for the boys.

We have now finished the campaign with 327 points over the four galas, and Kian Noon (10) finished at the 2nd best rated boy swimmer in the Division.

The Colne 10 year old boys managed to finish as the 10th best relay team.

### Division C Table

Position	Team	Played	Points
1	Prescot A	4	663.0
2	Leyland B	4	593.0
3	Preston B	4	542.0
4	Garstang A	4	461.0
5	Carnforth B	4	447.0
6	Lytham St Annes A	4	426.0
7	Kirkham A	4	425.0
8	<b>Colne A</b>	<b>4</b>	<b>327.0</b>
9	Blackpool B	4	288.0

### Coming Next Time

City of Sheffield Summer Meet  
 Announcement of Trophy Secretary  
 Swim 21 Update

