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@SwimAtColneASC

Bytes
Shark

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Younger Generation Required

In order for the Club to function smoothly it requires officials. Unfortunately, some of our current Officials have been helping to run the Club for a lot of years, and they are not getting any younger.

We, as a Club do not want to be in a position, where we lose these valuable assets too soon, without adequate replacements.

Our current Secretary has been with the Club since 1979 when she brought her three children to join the Swimming Club. She took an interest in how the Club is run, and as a result has been Secretary for over 30 years. The subsequent years have seen one of her sons become the Chief Coach and the other Chairman of the Club.

The current Treasurer has been involved with the Club since he brought his children to join back in the early 90s when he took part in the coaching. He became Chief Coach before leaving for Pioneer. He has since returned to coordinate the teaching structure and become the Club Treasurer. His son has since returned to the Club with his children, and he too, has become a teacher.

The Welfare Officer, again, joined the Club when she brought her children to join at the end of the 80s. She started teaching on the poolside, before becoming a Club Delegate to speak for the Club at various meetings, be it League meetings or Association meetings.

If these people left the Club suddenly, for whatever reason, there will be huge void that needs to be filled. The Club will struggle, and hopefully it will remain. But without your help, it could fold, and the last remaining Swimming Club in Pendle will be gone.

By volunteering sooner, a smoother transition can occur, which will keep the Club going for another 100 years.

Team Manager

At the moment, the Team Manager duties have been carried out by the Club Secretary, Joan Croxall. In order to make Joan's job easier we would like someone to volunteer and assume the role of Team Manager.

The tasks of the Team Manager are:

- Advise the team of gala arrangements
- Ensure that arrangements are made for the transport of teams to galas
- Ensure that the team is taken to the appropriate venue
- Ensure that athletes report in good time for each event
- Ensure that all appropriate athletes are registered to swim in the appropriate competition/events
- Ensure that team behaviour is controlled
- Submit results to club press officer
- Promote team spirit
- To follow and promote the ASA Wavepower

Anyone who is interested will not be required to join the committee. They would be entitled to attend Committee Meetings throughout the year.

See Joan Croxall or a committee member if you think you can do the job.

Micro League

On Saturday, 23rd April, the young team from Colne ASC travelled up the motorway to Salt Ayre Sports Centre in Lancaster for our next fixture in the Micro League of the North West. We were up against our hosts Carnforth B and teams from Blackpool B and Lytham St. Annes. Unfortunately, due to the Easter holidays, the Colne team was severely depleted as we had to forfeit 15 of the 49 races due to a lack of swimmers.

Despite this set back, the team managed to win 9 races and hold their own against the other teams, it was just the lack of swimmers that was telling. In the end they finished in 4th place with 79 points.

The gala was won jointly by Carnforth B and Lytham St. Annes, as both teams finished with 130 points. In third place was Blackpool B, who finished on 90 points.

Our next fixture is away at the Darwen Leisure Centre on Sunday, 15th May as we take on hosts Garstang and teams from Leyland B and Preston B.

The coach leaves the Pendle Leisure Centre at 1:15pm with the warm-up starting at 2:15pm.

Birthdays

April 2016

4th Caelyn Bell
5th Thomas Holgate
7th Sofia De Curtis
9th Hugh Entwistle
10th Livia Crocombe and Scarlett McIlvenny
11th Grace Root
12th Caitlin Noon
13th Jaycub Watson
25th Olivia Loxton-Cocker
27th Andrew Higginbottom

May 2016

1st Declan Higginbottom
2nd Charlotte Leigh and Danielle Baxter
4th Ben Whittaker
5th Mia Dodman
8th Isabel Redfearn
9th Matthew Brabender
11th Violet Sethi
12th Dominica Taylor
16th Kyran Denton
19th Caitlin Harper
27th Darcie Brown
28th Oliver Jackson
29th James Brabender
30th Rachel Leigh
31st Lewis Thompson and Saif Rashid

Forthcoming Events:

15th May

Micro League Fixture. Away at Darwen Leisure Centre. Warm-up starts 2:15pm

16th May

Friendly League. Away at Great Harwood. Warm-up 7:30pm

26th May

Friendly League. Home to Todmorden. Warm-up 7:30pm

30th May

No Swimming Club. Bank Holiday Monday

8th June

Committee Meeting. Pendle Leisure Centre. 8:00pm

9th June

Swimming Club Trials. Entry to small pool at 6:30pm. Large Pool 7:30pm.

16th June

Friendly League. Home to Darwen. Warm-up 7:30pm

25th June

Micro League Fixture. Away at West View Leisure Centre. Warm-up starts 3:15pm

30th June

Own Age Group Gala. Warm-up 6:50pm

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk





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Shark Bytes

@SwimAtColneASC

Colne Amateur Swimming Club



Masters Swimming

What is 'Masters' swimming? Masters swimming is essentially swimming for adults over 18 years and encompasses casual fitness swimming to highly-organised competitive swimming.

How far you go with Masters swimming is up to you. The broad objectives are better health, getting fit, and friendship between swimmers.

If you want to race competitions are held regionally, nationally and internationally. The following blog post offers good reasons to get involved in competitions, but there is no compulsion to compete.

<http://www.swimming.org/masters/enter-masters-competition/>

If you do want to race competitively you'll need to be an ASA member. Talk to a Club official if you wish to join.

The Club has two Masters sessions on Saturday and Sunday morning and these run from 8am until 9am. If you wish to find out more, then talk to the Club's Masters Secretary Philip Croxall, who can be seen swimming in lane 6 on Monday and Thursday Club nights.

Harrogate Spa Town A/B Grade Meet

The 2016 Spa Town Graded Meet was held at the Hydro in Harrogate on the weekend of 2nd and 3rd of April.

There were just two swimmers from Colne taking part, and they were Saskia Daly and Mia Dodman who were both competing in the 11 year old age group.

Saskia finished 11th in the 50m Freestyle with an A Grade time, 12th in the 100m Breaststroke with a B Grade time, 13th in 50m Butterfly with a B Grade time, 13th in the 100m Freestyle with a B Grade time, 10th in the 50m Backstroke with a B Grade time, 8th in the 200m Freestyle with a B Grade time, 14th in the 50m Breaststroke with a B Grade time, and 8th in the 100m Backstroke with a B Grade time.

Mia finished 20th in the 50m Freestyle with an A Grade time, 9th in 50m Butterfly with a B Grade time, 6th in the 100m Freestyle with a B Grade time, 7th in the 50m Backstroke with a B Grade time, 7th in the 200m Freestyle with a B Grade time, 15th in the 50m Breaststroke with a B Grade time, and 6th in the 100m Backstroke with a B Grade time.

Blackpool Rocks

The Blackpool Rocks meet took place at the Palatine Leisure Centre, Blackpool over the weekend of 29th April until 1st May.

There were three swimmers from Colne taking part, they were Eleanor Root, Mia Dodman and Saskia Daly.

Unfortunately, we have been unable to get the full results for this newsletter, so they will (hopefully) be published in the next edition of Shark Bytes.

Easy Fund Raising

Again we would like to thank all our supporters who are raising funds for the Club using Easy Fund Raising. To date we have raised **£735.29**.

Even performing internet searches using Easy Search will raise money for the Club. Set your search engine to

<http://casc.easysearch.org.uk/>

Currently we have raised **£159.92** through internet searches. No purchase is necessary!

Scottish National Masters

A sole representative from the Colne ASC Masters Team travelled up to the Aberdeen Sports Village Aquatics Centre to compete in the **Scottish Masters Short Course Championships 2016**. The meet took place on Friday, 22nd and Saturday, 23rd April.

Tony Catterall was swimming in the 70 to 74 years age group where he finished 1st in the 800m Freestyle, 400m Individual Medley, 200m Backstroke, 200m Individual Medley, 200m Freestyle, 50m Backstroke, 400m Freestyle and 100m Backstroke. He was 2nd in the 100m Freestyle, 100m Breaststroke, 100m Individual Medley, 200m Breaststroke and 50m Freestyle, and 3rd in the 50m Breaststroke.

As a result of all his swims, he won the top male award for his age group.

Age Group Swimming

Interested in taking swimming more seriously, then you need to be taking part in Age Group Galas. These galas take place most weekends all over the country. We as a Club target events that you should be able to compete at.

If you would like to do competitions, then have a word with your teacher, or Chief Coach Andrew Croxall.

In 2020 it will be an Olympic year, but if you don't enter competitions, then you will have no chance of reaching the Olympics.

This year Club member Miranda Bower, who trains at Bobcats, qualified to swim at the Olympic trials in March, and she only started down that path by competing at the low level external galas.

Details of external Age Group galas are placed on the Club website and on the Notice Board.

<http://www.colne-asc.co.uk/age-comp.php>

Stories and Reports for Shark Bytes

We would like stories of other sporting endeavours, or adventures that you have had for future editions of Shark Bytes.

If you have information that you would like share with other Club members, then please email the Press Secretary Philip Croxall.

press@colne-asc.co.uk

Coming Next Time

Blackpool Rocks - Full Report

Micro League report from Darwen.

Friendly League reports from Great Harwood and Todmorden

Yorkshire SA Masters Championships

June Age Group Gala

