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## ASA National Masters

The ASA National Masters and Senior Age Group Championships (25m) 2015 were held at the Ponds Forge International Sports Centre, Sheffield over the weekend from Friday, 23rd October until Sunday, 25th October. Over 1200 competitors from around the country descended upon Sheffield for three days of competition with two from Colne ASC.

**Philip Croxall** was competing in the 45 to 49 years age group in 6 events over the three days. On the Friday he took part in the 200m Individual Medley where he finished 10th in 2:36.09 which was his best time for over 4 years. He then finished 8th in the 100m Breaststroke in a time of 1:18.07 again his best for over 4 years.

On the Saturday he started with a 5th place in the 400m Freestyle in a time of 4:47.26, which was followed by a 14th place in the 50m Breaststroke in 35.32 seconds, with both swims his best for over 4 years. Finally he finished 5th in the 200m Breaststroke in a time of 2:55.76, his best over the last 2 years.

His final event of the weekend took place in the 400m Individual Medley where he finished 7th in 5:43.58, which yet again was his best in the last 3 years.

**Karen Driver** was only competing in the 160 years plus 4 x 200m Freestyle relay for the Sub 160 Masters (Colne) where she was swimming with Nicola Latty, Sarah Collins and Jessica Wooddisse. They won their event in 9:22.16, but were unable to improve their own European Record as they missed out by 10 seconds on the time they set last year.

## ASA County Team Championships

Miranda Bower, the Colne ASC swimmer who trains with the Burnley BOBCATS, was selected to swim for Lancashire in the ASA County Team Championships 2015 on Sunday, 18th October at the Ponds Forge International Sports Centre, Sheffield. The reigning county champions Lancashire won a 14th consecutive title with 493 points with Yorkshire 2nd on 447 points and Somerset 3rd on 424 points.

Miranda was swimming in the 100m Breaststroke in the girls 14/15 years age group. She finished in 8th place with highly respectable time of 1 minute 13.59 seconds, which smashed her personal best for the event. In the process she achieved a qualifying time for the British Olympic Trials in April 2016.

Over the course of the year she has lowered her personal best by over 13 seconds!

## AGM Report

There was a disappointing turn-out at this years Annual General Meeting, which resulted in plenty of food for those who turned up. This consisted of the same people.

The Committee remains unchanged from the previous year.

The Club needs new people on the Committee so if you feel like you would like to contribute to the Club, then see a Committee Member on a Club night.

The Committee meets once a month, usually on the first Wednesday of that month, and the meeting lasts for about 1 to 1.5 hours.

## Trophies Need Returning

Can those swimmers who won trophies last year return them as soon as possible. Please make sure they are in a **clean** condition.

They can be returned to Janice Smith-Shelley or Joan Croxall.

## Championship Galas

The Championship Galas are on Monday, 16th and Thursday, 19th November with the warm-up starting at 6:50pm and the first race about 7:05pm.

Entry forms are now available from Mrs. Croxall or can be downloaded from the website. Alternatively you can use the on-line entry which can be found on the website.

You will only be allowed to swim in your age groups. So if you are 12 you can only swim in the 9 to 13, 11 and over, 15 and under and open age groups.

Also any swimmer can do the Senior Championship and 200m IM events which are open to all, and anyone 15 and under can do the Junior Championship events.

The Mary Lane Trophy has been renamed the Laura Foulkes Memorial Trophy. It is still 100m Frontcrawl for girls 14 years and over.

So come on have a go it's **free** as you've already paid for entry as part of your subscription to the Club.

## Sponsored Swim

The sponsored swim was held on Monday, 12th and Thursday, 15th October in aid of Pendleside Hospice.

A big thank you to the 37 people swimming, with 6 of them taking part in the one hour challenge.

To those who swam, we now need you to collect the monies as soon as possible.

To date we have raised **£340**.

## Birthdays

### October 2015

1st Callum Bottomley  
5th Emily Massey  
11th Georgia Taylforth  
19th Dylan Snape  
27th Saffy Snape and Libby Fisher  
30th Joan Croxall

### November 2015

1st James Barker  
3rd Eleanor Root and Natalia Bashir  
4th Jacob Taylforth  
6th Lewis Fenwick  
8th Finlay Menzies  
9th Ruairi Sweeney  
11th Toby Green  
18th Thomas Bjork  
22nd Grace Hartley  
23rd Kadie Dawson

## Forthcoming Events:

### 16th November

1st Championship Gala

### 19th November

2nd Championship Gala

### 21st November

Betty Petty Style Trophy

### 2nd December

Committee Meeting. Pendle Leisure Centre

### 3rd December

Christmas Sprint Gala

### 12th December

Annual Presentation and Disco. Doors Open 7pm

### 25th December

Christmas Day

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: [press@colne-asc.co.uk](mailto:press@colne-asc.co.uk)





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Colne Amateur Swimming Club



## Betty Petty Style Trophy

The Betty Petty Style Trophy will take place on Saturday, 21st November starting at 3:00pm until 5:00pm.

This competition is open to everyone that is 15 years and under and it is not about speed but a demonstration of your technique and ability.

You will be assessed on Backstroke, Breaststroke and Frontcrawl over two lengths, with starts and turns included.

So it doesn't matter if you are fast or slow, it is the person with the best stroke and technique that wins.

You can enter on-line, fill in a form or just turn up at the Pendle Leisure Centre just before 3:00pm.

Oh and it is **free!** You just need to turn up. Plus Burnley's fixture is on Sunday so it won't interfere.

## Christmas Sprint Gala

This years Christmas Sprint Gala is on Thursday, 3rd December and is open to all members of the Club, including Teachers, Officials and Parents of the swimmers.

Entries can be done by filling in an entry form or entering on-line via the website.

The parents, teachers and officials race is only frontcrawl, but you can do the other strokes if you so wish.

**So come on Parents give it a go.**

## Parent and Child Relay

The Parent and Child Relay will conclude this years **Christmas Sprint Gala**. There will be two trophies on offer, one for mothers and the other for fathers. The child can be either a girl or a boy, it's the parent that counts.

The race will comprise of the child swimming the first length from a dive and the second length by the parent.

The race(s) will be the last event on the night, so come on children, get your parents involved.

## Annual Presentation and Disco

This years Annual Presentation and Disco will be taking place at Nelson Cricket Club on Saturday, 12th December. The doors open at 7:00pm with the presentation starting about 7:30pm.

There will be a buffet, for which, you will require a ticket. You can get your ticket from Joan Croxall or June Foulkes on a Club night.

The tickets cost **£5** for adults and **£2.50** for a child.

## Blackpool Lights Meet

On the weekend of Saturday, 31st October and Sunday, 1st November a team of 6 young swimmers from Colne ASC travelled to the Palatine Leisure Centre, Blackpool to compete in the Blackpool Lights Meet 2015. Colne's best performer was Zak Smith-Shelley who came away with a gold, 2 silvers and a bronze.

**Danielle Baxter** (13 years) finished 13th in the 50m Butterfly, 14th in the 200m Individual Medley, the 100m Freestyle, the 200m Freestyle and the 50m Freestyle, 15th in the 100m Breaststroke and the 100m Individual Medley, 16th in the 50m Breaststroke, and 17th in the 50m Backstroke.

**Jac Smith-Shelley** (11 years) finished 4th in the 200m Backstroke, 7th in the 200m Freestyle, 8th in the 50m Backstroke and the 100m Backstroke, 10th in the 50m Freestyle and the 50m Butterfly, 13th in the 100m Freestyle and the 100m Individual Medley.

**Zak Smith-Shelley** (13 years) finished 1st in the 100m Backstroke, 2nd in the 50m Butterfly and the 100m Individual Medley, 3rd in the 100m Butterfly, 4th in the 100m Freestyle, 5th in the 100m Backstroke and the 50m Freestyle, 8th in the 200m Freestyle, and 9th in the 50m Breaststroke.

**Mia Dodman** (11 years) finished 11th in the 100m Backstroke, 20th in the 200m Freestyle and the 50m Freestyle, 23rd in the 100m Freestyle, and 25th in the 50m Backstroke.

**Saskia Daly** (11 years) finished 17th in the 50m Freestyle, 29th in the 50m Backstroke, and 31st in the 100m Freestyle.

**Eleanor Root** (13 years) finished 11th in the 200m Freestyle and 17th in the 50m Freestyle.

# SPOT-ON Competition

The Spot-On competition will take place on Thursday, 19th November and will be event 13 on the programme.

This competition will cost **£1** to enter as there are cash prizes of **£20**, **£10** and **£5** for the winners.

The aim of competition is to swim two lengths in the stroke you have nominated and try to match your submitted time. The winner will be the swimmer that gets closest to their submitted time.

This competition is open to **ALL** including parents and teachers.

There is a closing date of 5:00pm on Thursday, 19th November and no late entries will be accepted.

## Helpers Required

We require some volunteers to help run the Championship Galas and the Christmas Sprint Gala.

We require the following:

- 6 Time Keepers - stop watches provided.
- 2/3 Judges - check turns and finishing order.
- 2 Marshals - make sure children swim in correct events.

Without help we will not be able to run these galas.

## Easy Fund Raising

As Christmas is approaching (only 6 weeks to go), some of you will be shopping on the Internet. If you are, then do it using the **easy fund raising** website. This will raise funds for the Club, it won't cost you anymore and there even could be some offers.

To date we have raised over **£688** from only 20 supporters, with **£123** over last 12 months.

Going to the Easy Fund Raising page on the website will explain how it works. So go on, visit Easy Fund Raising today, and get Amazon to donate to the Club.

<http://www.colne-asc.co.uk/easyfundraising.php>



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