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Issue 112 February 2015

Friendly League Fixtures

The Friendly League fixtures are now out and we are still in Division One courtesy of our victory in last seasons Swim-Off. Due to Haslingden and Todmorden withdrawing from the league, the league was been restructured slightly so that there are four teams in each division. This meant the Clitheroe will be relegated to Division Two and join Accrington, Darwen and Great Harwood.

In Division One we are joined by Burnley Aquatics, Pioneer 79 and Ramsbottom, and with only the top two guaranteed their place in Division One next season, it is going to be a tough season. So good luck to all those that get selected to represent the Club this year.

Out first fixture this season will be against Pioneer 79 on Thursday, 19th March and this will be at the Pendle Leisure Centre. As it is a home fixture, then lessons will end at 7:30pm so that the warm-up can commence for a 7:45pm start. All home fixtures are on a Thursday.

All warm-ups for both the home and away fixtures commence at 7:30pm with a 7:45pm start.

2015 Fixtures

Thursday, 14th March	Home	Pioneer 79
Tuesday, 12th May	Away	Ramsbottom
Thursday, 18th June	Home	Burnley Aquatics
Thursday, 10th September	Home	Ramsbottom
Monday, 21st September	Away	Burnley Aquatics
Friday, 2nd October	Away	Pioneer 79

Details of team sheets will be displayed on the Notice Board and Club website nearer the events. If you are selected to swim and you cannot attend the fixture, then let Andrew know as soon as possible.

Remember there is no I in team. Good luck to all those who are swimming.

January Age Group Gala

This years January Age Group gala had to be There will be a Micro League Practice postponed due to adverse weather on Session on Friday, 6th March ahead of Thursday, 29th January. The gala was our first fixture in this seasons Micro subsequently re-arranged for Thursday, 12th League, which is on Saturday, 14th February.

New for this year was the invite to Nelson This session is primarily open to all 9 to Swimming Club to allow their swimmers to be 12 years that will be swimming in the timed. The pool at Wavelengths is not suitable Micro League. It would be appreciated if for competition. We hope to extend this some of the older children attend so that invitation to our other internal galas in the they can assist the younger swimmers and future.

On the night we had good attendance from a lot This session is **free** as we have hired the of young swimmers, especially the girls, that lanes, so there is no excuse not to turn up. we ended up running late and as a result some The session starts at 7pm and goes on of the girls were unable to swim the 100m until 9pm. Individual Medley. They will be offered a chance to get a timed swim at Club sessions.

The results from the gala are now on the fixture on Saturday, 14th March. website.

http://www.colne-asc.co.uk/age-times.php

Financial AGM

This years Financial AGM will take place on Wednesday, 11th March at the Crown Hotel, Colne. The meeting starts at 8pm.

All members are allowed to attend but it is only The car parking situation could be very fully paid up members over the age of 18 who chaotic, as a lot of people will be are allowed to vote.

The monthly committee meeting will start It may be worth while to consider using once the Financial AGM has been concluded.

Micro League Practice

March at the St. Peters Centre, Burnley.

offer demonstrations.

The purpose of this session will be to select the best possible team for the

Notice

The Micro League Fixture on Saturday, 14th March has the warm-up starting at 5:15pm. Unfortunately Burnley Football Club have televised home match which kicks off at 5:30pm. This match is against last seasons champions, Manchester City.

descending on Burnley for this match.

the local buses.

Birthdays

February 2015 2nd Jac Smith-Shelley 5th Elliott Waddington 10th Leon Hebel 18th Olivia Taylor and Alice Hodgson 20th Maria Massey and Alex Horne 23rd Abbie Hampshire 25th Molly Stevens

March 2015

1st Harry McCourt **3rd Andrew Croxall** 5th Isabelle Taylor 9th Madeline Sutcliffe 10th Eleanor Holgate 12th Amelia Blackey 15th Neve Cooney 19th Amelia Redfearn 22nd India Kay 25th Olivia Taylor 26th Alex Walton 31st Lydia Kibble-Terry

Forthcoming Events:

1st March

March Madness Meet 2015. Ponds Forge ISC, Sheffield

5th March Swimming Club Trials

11th March Financial A.G.M. Crown Hotel, Colne. 8:00pm

14th March Micro League Fixture. Away at St Peters. Warm-up starts

5:15pm 19th March Friendly League. Home to

Pioneer 79. Warm-up 7:30pm

28th March Micro League Fixture. Away at Salt Ayre Sports Centre. Warm-up starts 4:15pm

3rd April Good Friday

5th April Easter Sunday

6th April Easter Monday. No Club

11th April

Lancashire Masters Sprint Meet 2015. Palentine Leisure Centre, Blackpool

18th April

Micro League Fixture. Away at Stretford Sports Village, Chester Centre. Warm-up starts 4:15pm

club **clubmark** longer responsible for their welfare.

Would parents please note that once Would all Members please note that Colne your child's swimming lesson has Swimming Club will not be held responsible finished and they are off the pool for any injury caused to a swimmer failing to side. Colne Swimming Club is no turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk



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Age Group Competitions

There are several age group competitions that have been selected for you to compete in. Currently there are two with the entries still open.

The **Bolton Metro Spring Sprint Meet 2015** is on Saturday, 25th April at the Jason Kenny Centre, Bolton One, Bolton. The entries for this close on Thursday, 19th March.

The **Blackpool Rocks Level 3 Meet 2015** is on Friday, 1st May until Sunday, 3rd May at the Palatine Leisure Centre in Blackpool. The entries for this close on Thursday, 26th March.

Anyone interested in these competitions needs to get in contact with our Competition Secretary Séamus Daly. Details can be found on the competition page on our website.

http://www.colne-asc.co.uk/age-comps.php

The next competition is the **March Madness Meet 2015** at the Ponds Forge ISC in Sheffield on Sunday, 1st March. Good luck if you've entered.

North Lancs Level 3 Meet

On the weekend of the 10th and 11th January, two swimmers from Colne ASC took part in galas 1 and 2 of the **North Lancs Level 3 Meet 2015** at the Palatine Leisure Centre in Blackpool.

Miranda Bower (15 years) finished 6th in the 100m Backstroke, 7th in the 50m Freestyle, 9th in the 100m Breaststroke, 12th in the 400m Freestyle, 18th in the 200m Freestyle and 21st in the 50m Butterfly.

Abbie Hampshire (14 years) finished 13th in the 100m Backstroke and 17th in the 50m Freestyle.

On the weekend of 24th and 25th January, there was just a single representative of Colne ASC at Galas 3 and 4 of the **North Lancs Level 3 Meet 2015** held at the Palatine Leisure Centre in Blackpool.

Miranda Bower (15 years) finished 2nd in 50m Breaststroke, 4th in the 200m Backstroke, 5th in the 200m Breaststroke and 15th in the 100m Freestyle.

Most Improved Swimmer

Unfortunately due to the re-arranging of the January Age Group Gala we were unable to make a presentation of the trophies in time for this newsletter. The photos of the winners will be in the next issue of Shark Bytes.

There were some impressive improvements since last June with five children making an improvement of more than 10%, with two making more than 20%.

Boys

Colne Amateur Swimming

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	Thomas Holgate	16.70%
	Daniel Fuggle	13.97%
	Alex Walton	6.90%
Girls		
	Francesca Bracewell	22.93%
	Emily Massey	20.52%
	Lola Dugdale	11.43%

Rotherham A/B Meet

Six Colne ASC swimmers participated in the Rotherham Metro gala at Ponds Forge in Sheffield on the weekend of 17th/18th January.

Saskia Daly (10), Mia Dodman (10), Maria Massey (10), Toby Green (11), Elliot Barker (12) and James Barker (15).

It was an impressive performance from all our swimmers so early in the year. Of the 32 event participations, 25 resulted in personal bests and the other 7 were near misses. Maria and Mia came agonisingly close to the grade B medals in the 100m and 200m freestyle missing by 0.12 secs and 0.06 secs, but James Barker was the highlight of the weekend with 2 grade B golds in the 50m freestyle and the 50m breaststroke.

Toby Green finished 4th in the 50m Freestyle, 6th in the 200m Breaststroke, 7th in the 50m Breaststroke, 9th in the 100m Breaststroke, 10th in the 100m Backstroke, 11th in the 50m Butterfly, 12th in the 200m Freestyle, 14th in the 50m Backstroke and 16th in the 100m Freestyle.

Maria Massey finished 4th in the 50m Freestyle and 7th in the 100m Backstroke.

Mia Dodman finished 5th in the 100m Freestyle, 9th in the 50m Backstroke, 12th in the 50m Freestyle, 13th in the 50m Butterfly, 17th in the 200m Freestyle and 38th in the 50m Breaststroke.

Saskia Daly finished 14th in the 50m Freestyle, 16th in the 50m Backstroke, 23rd in the 100m Freestyle, 27th in the 200m Freestyle and 36th in the 50m Breaststroke.

Elliott Barker finished 6th in the 50m Freestyle, 8th in the 50m Backstroke, 12th in the 50m Breaststroke and 14th in the 100m Freestyle.

James Barker finished 1st in the 50m Breaststroke and the 50m Freestyle, 3rd in the 50m Butterfly, 4th in the 50m Backstroke and 6th in the 100m Freestyle.

Easy Fund Raising

Some of you will have noticed the Easy Fund Raising card attached to the front of this years Club Card. Please do not ignore it, as it is a great way for the Club to raise money from big business without costing you any extra.

At the moment we have **19** supporters registered with Easy Fund Raising and between them they have raised **£611,84** with **£44.38** just from this quarter.

Do you buy things from the internet? Do you use Amazon, Boots, Marks & Spencers, Speedo, etc, then shop through the Easy Fund Raising website and raise funds for the Club. It will not cost you any extra. Did you know you can book holidays and buy train tickets? So if you are not signed up, why not?

To register just follow instructions from the Club website.

http://www.colne-asc.co.uk/easyfundraising.php

Please don't ignore this message, because if more people register, it can help keep your annual subscriptions down.

For example, if you want a new pair of racing goggles from the Speedo website, the Speedsocket Mirror Goggle costs $\pounds 27$. Then shopping through Easy Fund Raising will raise 4% of that sale for the club, which would be $\pounds 1.08$. Speedo pay this not you.