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Bytes
 Shark
 Colne Amateur Swimming Club

@SwimAtColneASC

15th FINA World Masters Championships

The 15th FINA World Masters Championships took place in **Montréal, Canada** at the **Parc Jean-Drapeau Aquatic Complex**. The event ran from Saturday, 26th July until



Sunday, 10th August. The first week comprised of the Synchronized Swimming and Water Polo competitions, then from Sunday, 3rd August there were the Swimming and Diving competitions, with the Open Water 3km swim closing the Championships on Sunday, 10th August. There were over 8000 competitors from 71 countries with just over 6000 taking part in the swimming discipline alone, and there was a solitary competitor from Colne ASC, **Philip Croxall** who was competing in the 45 to 49 years age group in the 100m and 200m Breaststroke, 200m Individual Medley and 400m Freestyle events.

The opening ceremony took place on Saturday, 2nd August at the site of the 1976 Olympics, which comprised of half an hour of music from a Quebec folkloric group, La Bottine Souriante, this was followed by an exceptional light and sound show presented by Laser Quantum. Following the light and sound show, the presentation of the flags as well as a few speeches took place. Finally, the internationally renowned Canadian impersonator, André-Philippe Gagnon took to the stage for 90 minutes.

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Annual General Meeting

This years Annual General Meeting will be held on Wednesday, 8th October at the Crown Hotel. The meeting will start at 7:30pm and food refreshments will be provided.

All fully paid up members of the Club may attend this meeting but only members who have reached their 18th birthday shall be entitled to be heard and vote on all matters (members who have not reached their 18th birthday shall be entitled to be heard and vote only on matters concerning juniors, such as election of club captains).

Any matters for the meeting must be submitted in writing to the Secretary no later than Thursday, 18th September 2014.

We need more parents to join the Committee to help with the running of the Club. All that we ask of you is to be available at 8pm for the first Wednesday of a month up to 8 or 9 times a year. The Committee meetings are held at the Crown Hotel and last for about an hour. Also Committee members are eligible for reduced membership fees.

Land Training

Starting in September we are introducing land training sessions run by Philip Walker.

The cost will be £5 per person and will be held on a Saturday between 2pm and 3pm at the Pendle Leisure Centre.

If you are interested then see Philip on a Club night or email him.

philwalkerpt@outlook.com

Sponsor Website

If anyone is interested in sponsoring the website then contact Mrs Croxall.

It will cost £20 per annum, which will include a link to your website and your logo added to the home page of the Club Website.

Sailing on Lake Burwain

On the morning of Wednesday, 6th August, 14 children from Colne ASC took part in a sailing event on Lake Burwain by the Lake Burwain Sailing Club. The children ranged from 5 to 15 years of age.

Despite the wet and miserable conditions, everyone enjoyed their time on the water, even if some of them got a bit wet.

The 14 who had fun were Caitlin Harper, Max Harper, Jamie Higginbottom, Aidan Dibb, Kieve Martin, Olivia Taylor, Mia Dodman, Caitlin Noon, George Connolly, Erin Connolly, Jacob Taylforth, Georgia Taylforth and Daniel Ennis, and they were joined by teacher Mark Ennis. Thanks goes to the parents and club officials who helped out.

Photos from the event are on the Club website.



Birthdays

August 2014

- 4th Ben Purvis
- 8th Emma Wilkinson
- 10th Lucy Green and Mark Ennis
- 12th Cameron Horne
- 15th Hannah Wilson
- 18th Jamie Higginbottom and Alicia Higginbottom
- 19th Charlie Rowlands-Whiteoak and Harry Lord
- 23rd Lewis Wilkinson and Sam Raw
- 26th Daniel Fuggle
- 29th Thomas Daniels

September 2014

- 2nd Henry Manning
- 4th Ashleigh Dibb
- 13th Chloe Daniels
- 19th Anna Waring
- 25th Saskia Daly
- 27th Sergej Voronkov
- 30th Jack Nevison and Nicole Baxter

Forthcoming Events:

3rd September

Committee Meeting. Crown Hotel. 8pm

4th September

Swimming Club Trials

8th September

Friendly League. Away at Ramsbottom

25th September

Friendly League. Home to Clitheroe

27th/28th September

Blackpool Lights Open Meet. Palatine Leisure Centre

2nd October

Swimming Club Trials

8th October

Annual General Meeting. Crown Hotel. 7:30pm.

24th-26th October

ASA National Masters. Ponds Forge, Sheffield.

6th November

Swimming Club Trials. Last ones in 2014.

17th November

1st Championship Gala.

20th November

2nd Championship Gala.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk





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Colne Amateur Swimming Club



World Masters

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The main swimming competition started on Sunday, 3rd August with the 800m Freestyle. The following day, Philip Croxall, was taking part in his first event the 100m Breaststroke, which followed the 200m Backstroke and 100m Freestyle events.

Philip finished the 100m Breaststroke in 42nd place out of 93 in a time of 1:22.37 which was a seasons best.

On the Tuesday the 400m Individual Medley, 200m Freestyle and 50m Butterfly events took place. Then on Wednesday, Philip took part in his second event the 200m Individual Medley. He finished 34th out of 80 in a time of 2:39.69 which was his best time in the event for over three years. The other events on Wednesday were the 50m Freestyle, 100m Butterfly and 50m Breaststroke.

Thursday was a day for the teams as various combinations of mens, womens and mixed freestyle and medley relays.

Then on Friday, 8th August, it was individual events of 200m Breaststroke, 100m Backstroke and 200m Butterfly. Philip took part in the 200m Breaststroke where he finished 25th out of 58 in a time of 3:00.07, which again was another seasons best.

The final day of swimming competition took place on the Saturday, with the 50m Backstroke and 400m Freestyle events. Philip competed in his final event the 400m Freestyle where he finished 20th out of 49 in a time of 4:55.79, which almost equalled his personal best set over 4 years ago.

Following the meet Philip said, "It was a fantastic experience to swim against such tough competitors, and to swim in an outdoor pool with the temperature in the high 20s was definitely unique for me. Coming from the north of England it was a little too warm, but I enjoyed it."

Philip was sponsored by a local firm, Engineering & Foundry Supplies (Colne) Ltd, who provided the t-shirt and hoodie. Their website is www.ef-supplies.co.uk.

Championship Gala Restructure

There have been a few changes to this years Championship Galas. The age groups have been simplified, thus removing the need for the rule to allow a swimmer to swim up one age group. Also three new events have been added; a 100m Backstroke for boys and a 100m Backstroke for girls, plus the introduction of a 100m Breaststroke for Girls, which addresses an imbalance that we have had with the programme for a lot of years. These new events will be for swimmers 11 years and over, along with the 16 plus 100m Breaststroke for Boys which is now also for 11 years and over.

The new age groups are as follows:

- 8 years and under
- 10 years and under
- 9 to 13 years
- 11 years and over
- 14 years and over
- 15 years and under
- Open

These changes meant that we needed three new trophies. The Boys 100m Backstroke will be swimming for the Stanley Hendley Memorial Shield, which is in memory of Stanley who passed away earlier this year. The Girls 100m Backstroke will be swimming for the J.D. Training International Shield and the Girls 100m Breaststroke will be competing for the S.C. Taylor Shield

Full details of what event is where can be found on the website.

Rotherham Metro Graded Meet

On the weekend of Saturday, 19th July and Sunday, 20th July, there were 6 swimmers from Colne ASC taking part in the Rotherham Metro A/B Graded Meet held at the Ponds Forge International Sports Centre.

The results were split into A grade times and B grade times. The only swimmers to achieve A grade times were **Miranda Bower** (14 years) and **Gaby O'Toole** (11 years).

Miranda finished 1st in the 50m Backstroke and the 50m Freestyle, 4th in the 100m Freestyle and the 50m Breaststroke, and 6th in the 100m Individual Medley and the 100m Breaststroke. She also achieved B grade times for two more swims where she finished 2nd in both 200m Breaststroke and 50m Butterfly.

Gaby finished 7th in the 100m Individual Medley and the 100m Freestyle. All her remaining swims had B grade times where she finished 3rd in the 50m Butterfly and 6th in the 100m Backstroke.

All the other swimmers achieved only B grade times

Danielle Baxter (12 years) finished 1st in the 50m Breaststroke, 2nd in the 50m Freestyle, 4th in the 50m Butterfly and the 100m Individual Medley, and 6th in the 100m Freestyle and the 200m Breaststroke.

Molly O'Toole (14 years) finished 4th in the 50m Butterfly and the 100m Individual Medley, 5th in the 100m Backstroke, and 6th in the 50m Backstroke.

Nicole Baxter (14 years) finished 1st in the 50m Freestyle, 3rd in the 50m Butterfly and the 100m Butterfly, 4th in the 100m Breaststroke, 5th in the 50m Backstroke, 6th in the 100m Individual Medley and the 100m Backstroke, and 9th in the 100m Freestyle.

Saskia Daly (9 years) finished 25th in the 50m Breaststroke.

Preston Spectacular

On Saturday, 12th and Sunday, 13th July two swimmers from Colne ASC took part in the Preston Summer Spectacular held at the Darwen Leisure Centre.

Mia Dodman (9 years) finished 23rd in 50m Butterfly, 25th in 100m Individual Medley in a personal best time and 24th in 50m Backstroke.

Hannah McDonagh-Bond (11 years) finished 21st in 50m Butterfly, 21st in 100m Individual Medley in a personal best time, 20th in 50m Backstroke, 22nd in 50m Breaststroke and 19th in 50m

Open Water

On Saturday, 19th July, two of our older swimmers took part in the **Great Manchester Open Water Swim** which was held in the Salford Quays.

Masters swimmer **Karen Driver** completed the 1 mile course in 23 minutes and 12 seconds to finish 41st overall, and teacher **Philip Walker** who competed the course in 23 minutes and 24 seconds to finish 45th overall.

On Saturday, 23rd August, one person from Colne ASC travelled to Loch Lomond in Scotland to take part in the **Great Scottish Swim 2014**.

Karen Driver who was swimming in the 40 to 44 years age group competed in the 1 mile event where she finished 1st in her age group in a time of 24 minutes beating both men and women. She was the third fastest woman across all the age groups and overall was the 13th fastest swimmer out of 1306 who completed the distance.

Friendly League

The final two fixtures of the season take place this month, first up is an away fixture at Ramsbottom on Monday, 8th September. The final fixture takes place on Thursday, 25th September against Clitheroe.

Currently we have lost all our fixtures, with three of them by 6 points or less, so one last big effort we can at least get one victory if not two.

Unfortunately we will be involved in this years swim-off, as even two victories would not be enough, but by winning it would give us a boost to avoid relegation to Division Two.

Shark Bytes

