



## Most Improved Swimmers

The most improved swimmers from June 2013 to January 2014 are **Jack Nevison** and **Georgia Taylforth**.

### Boys

	Name	Improvement
1	Jack Nevison	19.26%
2	Jac Smith Shelley	15.90%
3	Toby Green	11.31%

### Girls

	Name	Improvement
1	Georgia Taylforth	17.25%
2	Alice Hodgson	16.84%
3	Hannah Wilson	13.74%

The swimmers times are compared to what they did on Thursday, 30th January with what they did on Thursday, 27th June 2013. This is done for all four strokes using a simple mathematical formula.

## Friendly League

The first friendly league of the fixture is on Friday, 28th February at the Accrington Academy. The warm-up starts at 7:30pm for a 7:45pm start.

There will be no coach provided for this meet. Directions to the pool from the Pendle Leisure Centre can be found on the Website.

The postcode for the Accrington Academy pool is: **BB5 4FF**.

## Harrogate Meet

Details of the Harrogate Level 3 Meet are on the website. The competition takes place on Saturday, 26th and Sunday, 27th April at the Hydro Pool in Harrogate.

Swimmers who are aged between 9 and 12 must see Club Coach Andrew Croxall before entering this competition, as the Micro League fixture on Sunday, 27th April takes priority.

The closing date for entries will be on Monday, 3rd March.

Please return your entries to John Higginbottom as soon as possible.

Email: [competition@colne-asc.co.uk](mailto:competition@colne-asc.co.uk)

## Financial AGM

This years Financial AGM will take place on **Wednesday, 5th March** at the **Crown Hotel, Colne**. The meeting starts at 8pm.

All members are allowed to attend but it is only fully paid up members over the age of 18 who are allowed to vote.

The monthly committee meeting will start once the Financial AGM has been concluded.

## January Age Group Gala

The January age group gala took place on Thursday, 30th January.

In total there were 49 girls and 23 boys taking part. So well done to the girls, but where were all the boys!

The swimmers that did all four strokes are automatically included for the Most Improved Swimmer awards in June, but you still have to do all four strokes.

At the moment there are 33 girls and 15 boys who qualify for the June award.

## Starts and Turns Sessions

This year we will be having starts and turns sessions on a Friday evening. These sessions will be primarily aimed at the Micro League swimmers. Older swimmers in the Friendly League can also turn up to assist the younger swimmers.

Details of when these sessions take place will be displayed on the Notice Board, Web Site and on the social media sites of Facebook and Twitter.

These sessions will also be free.

## Age Group Competitions

This year, details of age group competitions, like A/B Graded meets or Level 2/3 meets, will be displayed on the Club website.

Notices will be put on the Notice Board, Club Website and the social media sites of Facebook and Twitter, as to when details of the next competition are available for download.

A list of possible galas is on page 2.

Anyone who wishes to take part in one of these competitions needs to contact John Higginbottom

## Birthdays

### February 2014

- 2nd Jac Smith-Shelley
- 5th Ella Rogers
- 10th Molly Rebanks
- 13th Jessica Walsh
- 18th Olivia Taylor and Alice Hodgson
- 20th Alex Horne and Maria Massey
- 23rd Abbie Hampshire
- 25th Molly Stevens

### March 2014

- 1st Harry McCourt
- 3rd Andrew Croxall
- 5th Isabelle Taylor
- 10th Eleanor Holgate
- 13th Jasmin Lahey
- 19th Amelia Redfearn
- 22nd India Kay
- 24th Erika Mayo
- 25th Olivia Taylor
- 26th Alex Walton
- 27th Colette Partridge
- 30th Matilda Kenyon
- 31st Lydia Kibble-Terry

## Forthcoming Events:

### 28th February

Friendly League. Away at Pioneer 79.

### 5th March

Financial AGM. Crown Hotel

### 6th March

Swimming Club Trials

### 10th March

Friendly League. Away at Clitheroe.

### 20th March

Friendly League. Home to Ramsbottom.

### 24th March

Friendly League. Away at Burnley.

### 29th March

Micro League. Home at Pendle Leisure Centre.

### 2nd April

Committee Meeting. Crown Hotel.

### 3rd April

Swimming Club Trials.

### 12th April

Lancashire County Masters

### 20th April

Easter Sunday

### 26th/27th April

Harrogate Level 3 Meet

### 27th April

Micro League. Away at West View Leisure Centre, Preston.



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Colne Amateur Swimming Club



Shark Bytes



### Rotherham Metro A/B Grade

On the weekend of 18th/19th January a team of 10 youngsters from Colne ASC travelled to Ponds Forge International Sports Centre, Sheffield to compete in the Rotherham A/B Grade Meet. Some of the swimmers were competing in a 50m pool for the first time.

Congratulations to James Barker and Miranda Bower for attaining 'A' Grade times in the 50m Freestyle and 50m Backstroke respectively.

Winning gold in the 'B' Grade were Miranda Bower (50m Breaststroke) and Nicole Baxter (50m Freestyle and 50m Butterfly). There were bronzes for James Barker (50m Butterfly and 50m Breaststroke) and Miranda Bower (100m Breaststroke).

(All places are in the B Grade unless stated.)

**Zak Smith-Shelley** (11 years) finished 6th in 50m Butterfly, 8th in 100m Backstroke, 10th in 200m Freestyle and 13th in 100m Freestyle.

**James Barker** (14 years) finished 10th in 50m Freestyle (A Grade), 3rd in 50m Butterfly, 3rd in 50m Breaststroke and 5th in 50m Backstroke.

**Joe Pickles** (13 years) finished 7th in 50m Freestyle, 11th in 50m Backstroke, 11th in 100m Backstroke and 13th in 100m Freestyle.

**Miranda Bower** (14 years) finished 7th in 50m Backstroke (A Grade), 1st in 50m Breaststroke, 3rd in 100m Breaststroke, 4th in 200m Breaststroke and 6th in 50m Butterfly.

### External Competitions

The following list of galas are the ones that have been targeted by Club Coach Andrew Croxall and John Higginbottom. If you feel you would like to take part in one of these galas, then contact John Higginbottom on a Club night, or email [competition@colne-asc.co.uk](mailto:competition@colne-asc.co.uk).

Date	Event	Venue	Notes
Sat, 26th April - Sun, 27th April	Harrogate District SC A and B Graded Meet	Hydro, Harrogate	Closing Date: Mon, 3rd March
Sun, 18th May	Wigan level 3	Wigan Life centre	Maybe subject to qualifying times
Fri, 23rd May - Sun, 25th May	Blackpool rocks	Palatine Pool, Blackpool	Maybe subject to qualifying times
Sat, 21st June - Sun, 22nd June	Harrogate level 3		'A' Grade Meet
June - TBC	City of Leeds level 3		Maybe subject to qualifying times
Sat, 12th July - Sun, 13th July	Preston level 3		Yes
September - TBC	Blackpool lights		Maybe subject to qualifying times
Sat, 25th October - Sun, 26th October	North Lancs level 3		Maybe subject to qualifying times
TBC	Preston Christmas meet		Yes

**Nicole Baxter** (14 years) finished 1st in 50m Freestyle, 1st in 50m Butterfly, 4th in 50m Backstroke, 6th in 100m Butterfly, 7th in 50m Breaststroke, 7th in 100m Backstroke, 8th in 100m Breaststroke, 8th in 200m Freestyle and 10th in 200m Backstroke.

**Danielle Baxter** (11 years) finished 4th in 50m Butterfly, 6th in 50m Breaststroke, 6th in 100m Breaststroke, 6th in 50m Freestyle, 9th in 50m Backstroke, 11th in 100m Butterfly, 12th in 100m Backstroke and 13th in 200m Freestyle.

**Eleanor Root** (12 years) finished 4th in 50m Breaststroke, 8th in 50m Backstroke, 11th in 50m Freestyle and 16th in 100m Breaststroke.

**Molly O'Toole** (13 years) finished 6th in 100m Backstroke, 8th in 50m Butterfly and 10th in 50m Breaststroke.

**Mia Dodman** (9 years) finished 19th in 200m Freestyle, 20th in 50m Freestyle and 21st in 50m Backstroke.

**Isabel Redfern** (9 years) finished 22nd in 50m Backstroke.

Well done to all those that took part. A list of further galas are listed below.