



CHRISTMAS SPRINT GALA

Thursday 7th December 2023. Warm-up 6.50p.m.

One length sprints open to everybody, yes that includes parents/guardians and **Teachers**. It will be **£1** per entry, whether you do one stroke or all four strokes.

Prizes will be given to the swimmers who gain the most points in their age group.

1st place	=	6 points.
2nd	=	5 points.
3rd	=	4 points.
4th	=	3 points.
5th	=	2 points.
6th	=	1 points.

Please tear off and return to Philip Croxall

Name: _____

Male/Female

Age Group	Butterfly	Backstroke	Breaststroke	Frontcrawl
7 years & Under				
8 years				
9 years				
10 years				
11 years				
12 years				
13 years				
14 years				
15 years				
16 years & over				
Parents & teachers				

Parent and Child - Ladies: _____

Parent and Child - Gents: _____

In line with the recommendation in the ASA Child Protection Policy, Colne ASC request that any person wishing to engage in any video, zoom or close range photography should register their details with staff at reception and also with the Clubs welfare officer, Mrs. Deryn Ashby, before carrying out any such photography.