



Colne ASC Restart Rules

In order to restart the Club safely we have to adhere to the following rules. The sessions start later to allow the Pendle Leisure staff to perform a deep clean.

- **NOT Allowed in Building With COVID Symptoms**
- **Maximum 10 Swimmers Per Lane**
- **Come Swim Ready 5 Minutes Before Lesson**
- **Adhere to all Social Distancing Measures**
- **Follow Arrow Directions on the Floor**
- **Use the Available Hand Sanitiser**
- **Must Fill in Forms on First Visit**
 - Health Survey
 - Return to Training
 - Emergency Contact Details
- **Forms Are Available on Club Website**
- **Sign the Register Upon Entry to the Pool**
- **Lockers are Available but Limited Numbers**
- **Bring Own Kits Bags and Water Bottles**
- **Take Own Kit and Water Bottles from Poolside**
- **Showers are Available BUT a 5 Minute Limit**
- **Leave Building Once Dressed**
- **Parents Available for ALL Under 16s**
- **Very Limited Space For Parents**
- **Masks can be Worn but NOT Mandatory**
- **Swimmers Allocated Session and Lane**
- **Check Lanes on Club Website**
- **DO NOT CHANGE SESSION OR LANE**
- **ABOVE ALL HAVE FUN**